

The Charlotte JEWISH news

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Tishrei-Cheshvan 5780

October 2019

JCRC Fall Lecture: Shadi Abu Awwad and Rabbi Hanan Schlesinger Transforming Enemies into Partners: How Dialogue Is Creating Peace Between Israelis and Palestinians in the West Bank

November 14, 7 PM, Sam Lerner Center for the Cultural Arts

Palestinians and Israelis in the West Bank/Palestinian Territories/Judea and Samaria often live in geographical proximity but have no real human contact and view each other with suspicion and fear. However, in 2014, a group of Orthodox Jewish Israelis from the Gush Etzion settlements met with a Palestinian refugee family in a nearby village. Over the course of several conversations, both peoples shared their fears, anxieties, pain, and desire for a better future. In time, they began to see each other as partners in peace by mutually recognizing each other's connection to the Land, and found a path towards solidarity despite ideological differences.

These same Palestinians and Jewish settlers founded Roots, "a grassroots movement of understanding, nonviolence and transformation among Israelis and Palestinians." Since its creation,

Roots has brought hundreds of West Bank area Israelis and Palestinians together for language and nonviolence workshops, summer camps, young adult programs, mediation, and so much more.

Join us as we hear from two leaders who are at the forefront of this inspiring work:

Rabbi Hanan Schlesinger, Co-Founder and Director of International Relations

Hanan moved to Israel at the age of 20 and has lived the majority of his life over the Green Line. Professionally, he teaches Jewish studies in colleges and seminaries in Jerusalem, Florida, and Texas. While teaching in Texas he became passionately involved in interfaith work. After co-founding Faiths in Conversation, a framework for Jewish – Christian – Muslim theological dialogue, he was inspired to build personal relationships with his Palestinian neighbors, something he had not attempted to do in over 33 years.

Shadi Abu Awwad, Youth Director

Born into a family that took a major leadership role in the First Palestinian Intifada/uprising, Shadi was taught to hate all Israelis at a young age. He had a moment of profound transformation when his brother was nearly killed by an Israeli soldier - only to be healed by an Israeli doctor that same day. Confounded by the contradiction, Shadi began a journey that ultimately brought him to see a human being and a partner on the other side. He eventually created Roots' youth program, which empowers Palestinian and Israeli teenagers to acknowledge each other's humanity – molding them into leaders who can work together to create a better future for their peoples.

We invite you to join Hanan and Shadi as they share their personal, interconnected stories and present the groundbreaking and challenging grassroots work of Roots. In these divided times



Shadi Abu Awwad and Rabbi Hanan Schlesinger

such as these, there may be strategies from Roots that could be applicable in our own communities and beyond.

This event is free and open to the public. RSVP is requested at www.jewishcharlotte.org. For more information, please contact Laurel Grauer, Director of

Community Relations and Israel Affairs, 704-944-6751 or laurel.grauer@jewishcharlotte.org.



Charlotte Jewish Film Festival Fall Flicks

An Evening with Peter Riegert, Sunday, October 27, 7:15 PM

Also Includes Surviving Birkenau: The Susan Spatz Story, Saturday, October 26, 7:15 PM

Charlotte Jewish Film Festival Fall Flicks will present two films and a special guest. First, on Sat-

urday, October 26, at 7:15 PM, there will be a screening of *Surviving Birkenau: The Susan Spatz*



Peter Riegert

Story, in Gorelick Hall. Tickets are \$8 and are available at charlottejewishfilm.com.

On Sunday evening, along with a showing of *Crossing Delancey*, the Charlotte Jewish Film Festival will have as its special guest, Peter Riegert, star of *Crossing Delancey*, *Animal House*, *Local Hero*, and many other films and television shows.

As a lead up to his arrival in Charlotte, Riegert spoke with *The Charlotte Jewish News* about his

life and career. The interview has been edited for length and clarity.

CJN: The majority of your roles have been playing obviously Jewish characters, yet each some seems so different from the others. How do you feel about portraying Jews and where do you get the inspiration to make them so distinctive?

PR: Of all the stuff that I've done, I don't know what percentage is Jewish characters, but to me ... I just look at the material.

In other words, it raises an interesting question: what's a Jew? So, we all have our biases of what we think people are, and what they are for me as an actor first is human. Now they could respond to being Jewish, because that's the fact of their life, I wouldn't say I go out of my way to act Jewish. ... The material dictates the Jewishness. But each character is different because each movie or play or TV show is different. ...

(Continued on page 18)

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See page 11 for the Jewish Federation's Annual Listing of Donors



Partnership 2Gether: Charlotte Country Day School Teachers Visit Israel

By Jessica Demeter

“Mama, the hospitality these people have shown me puts ‘Southern Hospitality’ to shame.” Just two days into our sixteen day exploration of Israel, these are the observations I hear my colleague share with her family back in South Carolina. This is her first time visiting the Holy Land.

Rewind to five months earlier when my colleague and I were awarded a grant by to explore ideas surrounding culture, education, and coexistence in Israel. Having identified schools and organizations of interest during the application process, the reality of working with a seven hour time difference, a language barrier, and no solid relationships was going to be a challenge. Reconnecting with my Jewish community, specifically the Jewish Federation,

was a must from a logistical perspective. However, what resulted from this partnership was something far beyond the goals of the grant. The Federation provided an opportunity far beyond those that could be found in a Foder or Lonely Planet guide book. They provided people to people connections. Each connection became a narrative representative of the passion and vulnerability that makes Israeli culture and society unique.

The objectives my colleague and I had were rooted in our work as middle school teachers. As such we sought to explore ideas around STEM work- drip irrigation, desalination, and digital literacy. Israel is the Start-Up Nation, after all. Another aspect of the grant was focused on humanities and what we could

learn about coexistence in a land of such diversity and to lay the foundation for a classroom “twinning” that would allow a class in Charlotte to better understand the realities of life in Israel by communicating with a class in Israel. With the assistance of the Jewish Federation, my colleague and I were able

to tackle the grant in a couple days. What came from the experience we were so privileged to receive was not only an expansion of our goals, but a shift in our focus.

Teachers teach the student in three different aspects: academic, physical, and social-emotional - typically in that order. While my colleague and I were focused on academic gain, what we learned from our counterparts and other interactions was the importance of the physical and social-emotional awareness. For a country to thrive in the conditions that Israel has, only demonstrates an evolution of humanity. During its infancy the state of Israel passed laws requiring all residences to have a bomb shelter and military service mandatory at the age of 18. This is Israeli normality ... not for us to judge, but to understand and acknowledge the impact on society. The result of this “normal” forces the focus of the educator on the social emotional student before all else.

Whether at a school, a kibbutz, on the border of Israel and Syria, or the wall along the West Bank the focus on was centered on a better understanding on ones’ neighbor. This was the connection that the Jewish Federation provided my colleague and me during our experience in Israel. An experience that was educational



With Tel Aviv in the background.

yes, but unexpected, grounding, and humbling just the same. I continue to explore my journals and maintain correspondences that include educators, soldiers, military/government officials, museum curators, and family I had never met. All of this came from seeking guidance from one person at the Federation. From that one person grew a network. After this experience, I can attest to and appreciate the power of “people to people” connections. All who have been to Israel know that every greeting in Israel is a two cheek kiss, and every “‘til we meet again” a hug. There are no strangers in Israel just friendships yet to be forged. ☆

For more information about our P2G programs and ways to get involved, contact Tair Giudice, Director of Education and Engagement, tair.giudice@jewishcharlotte.org or 704-944-6759.

This summer, two teachers from Charlotte Country Day School traveled to Israel and visited our Partnership 2Gether city, Hadera. P2G is the flagship program of the Jewish Agency (JAFI) partnering with local Federations to directly connect people in Jewish communities across the world and in Israel, one relationship at a time.



At the beach.

Shabbat and Holiday Candle Lighting for October 2019

Friday, October 4, 6:45 PM

Tuesday, October 8, Erev Yom Kippur, 6:40 PM

Friday, October 11, 6:36 PM

Sunday October 13, Erev Sukkot, 6:33 PM

Monday, October 14, 2nd night of Sukkot, after 7:27 PM

Friday, October 18, 6:26 PM

Sunday, October 20, Erev Shemini Atzeret, 6:24 PM

Monday, October 21, Erev Simchat Torah, after 7:19 PM

Friday, October 25, 6:18 PM



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Women's News

Let the Good Times Roll at Hadassah's Casino Night

The good times will be rolling at Temple Beth El Saturday night, November 16 and you won't want to miss any of it. Hadassah Charlotte is hosting our first Roaring 20s Casino Night to benefit the much needed renovation of Hadassah Hospital Ein Kerem. Put on your finest rags and join us at Temple Beth El. It's going to be the bee's knees.

Our "Let The Good Times Roll" event is going to be the hottest ticket in town. Come on into our gin mill where you will can spend your time and funny money at the tables, including blackjack, roulette, Texas Hold-Em, craps, and a Big 6 Money Wheel. Our professional dealers will take care of everyone, from the novice player to the seasoned gambler. Win as many tickets as you can for chances to win incredible prizes throughout the evening. The more games you win, the better your odds. Get dolled up and check out our silent auction with many glitzy prizes such as a week at Hilton Head, a pearl necklace, a diamond necklace, and more. And don't forget about Hadassah Charlotte's famous wine pull. For

\$18, you can purchase a wrapped bottle of wine that could be worth anywhere from \$18 to \$100. Refuel with tapas style hors d'oeuvres and a lavish dessert bar. Stop by the cash bar for a Slow Gin Fizz or Mint Julep. Or choose from our selection of wine, beer and liquor. It is going to be an evening of games, food, drink and fun for everyone... a real lollapalooza.

There will be many winners by the end of the night, but the biggest winner is going to be Hadassah Hospital and the patients it serves. With your help we will reach our goal, which will enable Hadassah Charlotte to sponsor the construction of a Nurses' Station in the newly renovated Dermatology Department at Hadassah Hospital Ein Kerem in Jerusalem. Around the clock, Hadassah's highly skilled nurses utilize their specialized training to work alongside physicians and other staff in the departments of the Round Building and it is imperative that they are given the proper equipment and location to deliver the best care available. This state of the art nurses' station will

serve as the hub for nursing care and will be equipped with all necessary communication equipment including computers, printers, loudspeaker, and telephones as well as the notification system for patients requesting attention. Hadassah Medical Organization is a world leader in melanoma research and treatment. In addition, The Marie and Aaron Blackman Department of Dermatology and Venereology has recently established several new clinics, each one specializing in the treatment of specific diseases or populations: Pediatric Dermatology, Contact Dermatitis, Mole Tracking, and a MOHS Surgery Unit. The department is also a leading center for treating patients suffering from various hair and scalp disorders, such as alopecia areata. This is in addition to their Oncodermatology Clinic, Center for Genetic Diseases of the Skin and Hair, and their Clinic for Ulcers and Difficult Wound Healing, among many others.

Be hep to the jive and buy your tickets now. Gala tickets include gaming chips, small bites, drink tickets, and access to great auc-

tion items, wine, and prizes. Tickets and sponsorship opportunities are available on HadassahCLTEvents.org or by contacting Sharon Goretsky, President, Hadassah Charlotte, at sharon.goretsky@gmail.com for more information. ☆

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Is It Time for Your Annual Mammogram? Are You Overdue?

Novant Health Breast Center mobile unit will be onsite at Shalom Park on October 28, 8:30 AM-3:45 PM. Hadassah Charlotte is proud to once again partner with Novant Health to bring state-of-the-art 3D digital mammography by an expert team of female technologists. Join us for

on-site convenience with the luxury and privacy of a traditional imaging center. Don't forget to stop in the lobby at Shalom Park for snack and drinks, and to learn about Hadassah's fight against breast cancer.

Appointments are not required but recommended. To reserve

a time slot, call 704-384-7226. Walk-ins are welcomed.

Screening mammograms are covered as preventive care under most insurance plans. For your convenience, we will file a claim with your provider on your behalf. ☆



Love Our Local Jewish Authors

The Center for Jewish Education is proud to support local Jewish authors. We are excited to announce our first ever "LOLA" (Love Our Local Authors). This is a great opportunity for authors to share new books with Charlotteans as well as a wonderful opportunity for readers to find out about the fascinating process of writing and publishing.

This inaugural LOLA evening will be Thursday, December 5 (7 PM) at Shalom Park in Charlotte and will feature a panel of three to six authors. Each author will

have approximately five minutes to talk about his/her book. Following the panel, each author will sell and autograph their books.

This event will be free to participating authors and free to all audience attendees.

Author and book criteria:

- * Jewish author or Jewish topic/subject
- * Author must live in North Carolina
- * Book must be published (small-press or larger publisher)
- * Years of publication: 2018-2019

* Adult books only. Fiction and non-fiction

* Book must be written in English

For more information, please contact Debby Block 704-944-6780 or Debby.Block@Jewish-charlotte.org. ☆





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Sue's Book Shelf

By Sue Littauer

If you haven't read *Gateway to the Moon* – start today. If you have read it, you'll be excited to know that the author Mary Morris will be joining us on Sunday, November 17 at 11 AM as the guest speaker for the Center for Jewish Education's signature event "On the Same Page: Chapter I."

What is "On the Same Page"? It is a community read initiative for Charlotte's Jewish community. The big idea is that everyone in the community will share the experience of reading and discussing the same Jewish book. The culmination of the community read is an event featuring the author of the selected book. There are two programs each year – "On the Same Page: Chapter I" in the Fall and "On the Same Page: Chapter II" in the Spring.

If you attended these special events in the past, you will remember hearing the very personable Mary Glickman discuss *Home in the Morning*, the charming Jenna Blum talk about *The Lost Family*, and the very engaging Martin Fletcher discuss his experiences living in Israel and writing *Promised Land, A Novel of Israel*.

How does the Center for Jewish Education select the books and authors for its community read? Under the able leadership of Debby Block, Program Director at CJE, a group of community leaders read several books, conduct research, and submit the

group's top choices to the Jewish Book Council, which manages requests for the authors. Our committee enthusiastically requested Mary Morris, author of *Gateway to the Moon*, and Ron Balson, author of *The Girl from Berlin*, as our top choices for 2019-2020. To our great delight, both authors accepted and have been engaged. Mary Morris, American author and professor at Sarah Lawrence College, will be the guest speaker for "On the Same Page: Chapter I" on Sunday, November 17, and prolific author and Chicago attorney Ron Balson will join us for "On the Same Page: Chapter II" on Thursday, April 2.

We hope you'll join us on November 17 and will have a chance to read *Gateway to the Moon*. The novel is historical fiction and the story weaves back and forth between the lives of converso Luis de Torres, a translator looking for work, who reluctantly leaves his wife and son in 1492 to sail on the Santa Maria with Christopher Columbus; and Miguel Torres, a teenager living 500 years later in Entrada de la Luna, New Mexico. When Miguel is engaged by Rachel Rothstein to babysit her sons, he is fascinated by the many Jewish practices Rachel and her family observe which are similar to those practiced by the residents of his small Catholic community. Every Friday night, Miguel's mother, who lives in a trailer park, makes a nice dinner

and lights candles (after turning the picture of the Virgin Mary away from the wall); no one in their community eats pork, and no one mixes meat and dairy. These traditions are accepted and unquestioned by the residents of

their inbred community whose bloodlines stretch back to Spain. The well-drawn characters and a variety of sub-plots are interwoven throughout the book and add to its appeal.☆



Check out what's happening this month at the CJE ?

CJE CALENDAR: OCTOBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
The Center for Jewish Education (CJE) enhances community engagement, promotes lifelong Jewish learning, and creates pathways to Jewish identity. LIBRARY HOURS: Monday - Thursday, 9:00 am - 4:00 pm; Friday, 9:00 am - 3:00 pm; and Sunday, 9:00 am - 2:00 pm					
		1 Library Closed Today!	2	3	4 PJ Library Baby Storytime 11:00 AM Levine-Sklut Judaic Library
6	7	8 Library Closes at 1:00 pm today!	9 Library Closed Today!	10	11 PJ Library Baby Storytime 11:00 AM Levine-Sklut Judaic Library
13 PJ Library & TBE A Harvest Celebration 10:30 AM AwShucks Farm	14 Library Closed Today!	15 Library Closed Today!	16 No Book Club Today!	17	18 PJ Library Baby Storytime 11:00 AM Levine-Sklut Judaic Library
20	21 Library Closed Today!	22 Library Closed Today!	23	24	25 PJ Library Baby Storytime 11:00 AM Levine-Sklut Judaic Library



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SAVE THE DATE

Adult Learning

ON THE SAME PAGE: CHAPTER 1

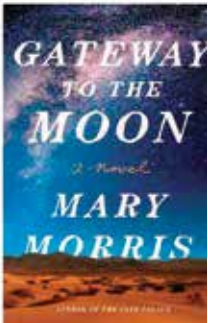
November 17, 2019 | 11:00 am - 1:00 pm

Featuring Mary Morris

Author of GATEWAY TO THE MOON

Sam Lerner Center for Cultural Arts

www.jewishcharlotte.org/CJE



For more information, contact, Debby Block, CJE Program Coordinator 704.944.6780/debby.block@jewishcharlotte.org

SYNAGOGUES & CONGREGATIONS

Jewish Council of Lake Norman Sponsors a Holiday Community Event at the Lake

Sukkot Celebration: Pizza-in-the-Hut with the Ruach Band

On Sunday, October 13, the entire community is invited to an evening of camaraderie and celebration of the Sukkot holiday.

The program, which is free and open to the entire public, is as follows:

- * 5:30 PM – Dinner in the Sukkah**
- * 6 PM - Sukkot Holiday ser-

vice – led by Rabbi David Lipper
* 7 PM – A performance by the Ruach Band

** The entire event is free but there is a \$3 charge for pizza and drink.

Join our community and get inspired by the joy of Judaism through music and spiritual experience.

For more information, go to JewishCouncilofLakeNorman.org. ☆



Subs in the Sukkah

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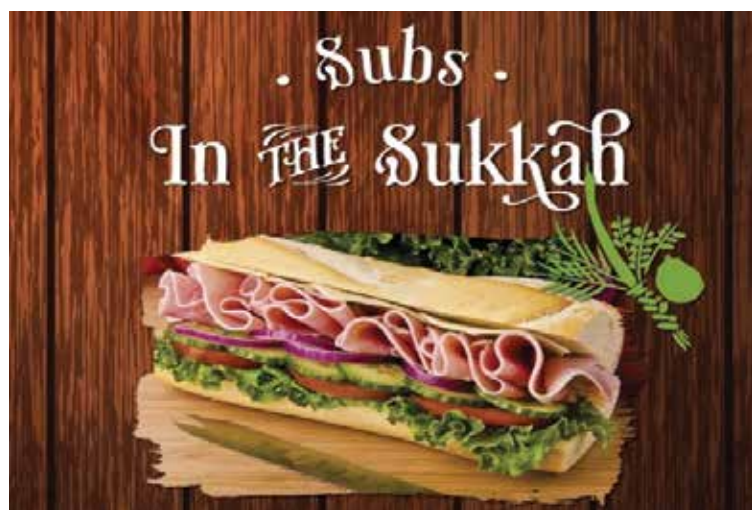
Thursday, October 17, 5:30 PM

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even the joy of Sukkot. The joy reaches its climax on Simchat Torah, when we celebrate the conclusion – and restart – of the annual Torah-reading cycle.
Monday, October 21, 6:15 PM
At the Ballantyne Jewish Cen-

ter, 8632 Bryant Farms Rd.
Open to the Community Free of Charge
RSVP Appreciated - Leah@JewishBallantyne.com or 704-408-1116.★

Lunch in the Sukkah at Sun City Carolina Lakes

Bring your friends and join us for a delicious lunch in the Sukkah right in the middle of Sun City. Choose the date that works for you, either Wednesday, Octo-

ber 16 or Thursday, October 17. Our Sukkah will be located at the home of Jacob and Betty Cohen, 23119 King Fisher and will begin at 11:30 AM. Suggested donation

\$15 per person.
To RSVP, email Rabbi@JewishBallantyne.com or call 704-246-8881.★

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Patients must pay in full Oct. 14-Oct. 18. Procedures must be scheduled by Oct. 31, 2019 and performed by Julie Davis at our Charlotte/Cotswold office. Patients may not buy additional product for future office visits.

Join Temple Kol Ami for Yom Kippur and Break Fast

The Days of Awe have begun. If you want to worship for Yom Kippur, it is not too late to join Temple Kol Ami in Fort Mill, SC. You may attend our meaningful and spiritually uplifting services for the prorated amount of \$75 which includes Kol Nidre, Yom Kippur morning service, Yizkor and Neilah. A delicious break the fast is also included in the ticket. We are led by the beautiful voice of our cantorial soloist, Sara Sherman, as well as amazing and experienced lay leaders. Sara's rendition of Kol Nidre, accompanied by cellist Jennifer Frisina, is hauntingly beautiful

org or by mailing a check made out to Temple Kol Ami to 2764 Pleasant Road #11423, Fort Mill, SC 29708. The schedule for Yom Kippur services is as follows: October 8, Kol Nidre, 7 PM; October 9, Junior Congregation service, 9 AM; October 9, Yom Kippur morning service, 10 AM; October 9, Yizkor service, 12:30 PM; October 9, Neilah service, 4 PM; October 9, Break Fast, 6 PM. All services take place in the lovely sanctuary of Philadelphia United Methodist Church, 1691 SC-160, Fort Mill. Please join us.
Temple Kol Ami is also excited to welcome our rabbi, Ana



TKA members enjoy a lovely break fast.

and deeply touching. Yizkor service, which is at approximately 12:30 PM on October 9, is free and open to the public. As always, attendance at Temple Kol Ami's High Holiday services is free for college students and active duty military. For more information, please contact us at yorksynagogue@gmail.com or 803-701-0149. Tickets may be purchased online at www.templekolamisc.com.



Bonnheim, back to the bimah on October 18, 7 PM at Philadelphia United. We thoroughly enjoy Rabbi Bonnheim's creative Kabbalat Shabbat services and insightful sermons. Friday night service is always open to the public, so join us for some spiritual nourishment and fellowship with your Jewish community (there is also gastronomic nourishment at the oneg after service). Services are generally the first and third Friday of each month, but there may be some alterations occasionally, so please check our calendar on the Temple Kol Ami website.

If you live in York County or the Ballantyne area, Temple Kol Ami might be the place for you. We are a warm and inclusive Reform congregation comprised of Jews from diverse backgrounds. We hope you will join us soon and find your Jewish home in our welcoming community.★

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Temple Solel Discusses Belonging and Mindsets

Years of scientific research underscores the importance of belonging. Whether it is our community, people group, socially or even young students; feeling respected within that context is something comforting and supportive we feel as a result. Not belonging can result in troubles we experience at a personal level. Even our children feel it as extreme examples are playing out in the forms of bullying, mass shootings, and other atrocities taking place all over the world. Very early in our text we see the inclusivity of God, when it reads in *Bereshit* (Genesis) JPS 1:26, "Let us make man in our image, after our likeness." We may not know who was there, but the importance of belonging is also expressed in a different way in 2:18, "It is not good that the man should be alone."

Carol S. Dweck, Ph.D., is one of the world's leading researchers in the field of motivation and is the Lewis and Virginia Eaton Pro-



High Holiday services.

From the youngest teenager to the eldest in the room, Edie asked us, "What do you lose track of time doing? What activates your sense of adventure to keep an open mind and not accept status quo?" She spoke about having a spontaneous conversation in line at a store in Israel, or asking for help from a stranger, and even what her experience was like try-

ing to blend in with the culture by dressing a certain way "to feel like she belonged." She went on to explain what it was like to live in Jerusalem, "In Israel you have little choice but to live a Jewish life." In hearing those words, we couldn't help but think about our own lives in the US. Are we choosing to live a Jewish life every day?

Edie went on to tell us about meeting the tenacious 96 year old, Fania Brantosovsky in Lithuania. She is the survivor who lost her entire family in the Holocaust and escaped the Vilna Ghetto several moments before it was encircled by police preparing for its final liquidation on September 23, 1943. Fania "belonged" to a group of another 100 escapees from the Vilna Ghetto who fought valiantly against the Nazis. It seems as Jewish people, our High Holy Days are a way we come together in our sense of "belonging," but it is difficult to envision that lasting a full year. That's why during her Rosh Ha-Shanah speech, President Shelley Pawlyk emphasized the importance of being a part of the community and to seek relationships. "It doesn't mean we have to be at services every time the door opens, but it is living out an 'intentional' commitment towards building relationships and belonging to the community in a deeper way throughout the year," she said. Shelley challenged us to attend one service or event per quarter and to be an initiator in a conversation like Edie, where we are the first to speak to a person instead of waiting for them to speak to us. She said, "By doing so, we just helped someone else feel like they belong and now we do too at the same time."

For more information how to belong, write us at info@temple-solel.org or call 803-610-1707. Temple Solel holds regular Shabbat services at 7 PM on the second and fourth Fridays of each month at Belair UMC Family Life Center, 8095 Shelley Mullis Rd., Fort Mill, SC 29707. ✪



Left to right: Ron and Vicki Weller, Phyllis Grossman, Nate, Oscar and Lizzie Rodriquez, Edie Yakutis, Shelley Pawlyk, Russ Cobe, Helaine Yancy, and Al Rogat

fessor of Psychology at Stanford University. She writes, "As life gets more complex and change impacts our lives at an ever-accelerating pace, the belief that we can learn new skills, think in new ways and relate to the world differently than we have in the past becomes increasingly essential."

This mindset came to life when Edie Yakutis recently shared her experiences as a seasoned business professional formerly with Microsoft, turned-second-year-student at Hebrew Union College-Jewish Institute of Religion, class of 2023. She was one of Temple Solel's lay leaders before retiring from a corporate career to answer the Rabbinic call.

Temple Emanuel, Gastonia

The Congregation of Temple Emanuel, located at 320 S. South Street in Gastonia, is having its annual Potluck Night Under The Sukkah Stars on Friday, October 18 at 6:30 PM. Charles Brown will lead the Shabbat festivities at our congregational Sukkah located at 212 N. Highland Street in Gastonia. Just bring your favorite potluck dish, already prepared and a chair. Holiday blessings are shared as we experience the warmth of friends, tradition, the lulav, Etrog, and storytelling.

Our Sisterhood will hold its next meeting on October 23, where we'll have a special guided

tour through the Mint Museum. If you'd like additional information on becoming part of our very active group, contact suzinash27@gmail.com.

For those, a bit younger, Hebrew School is underway again and it's not too late to start. For more information on our enthusiastic, high-energy group of new learners, contact marimacg@yahoo.com.

We welcome members of the greater Gastonia community to join us. As our city has been growing, the impact has

been felt by our Temple. Our membership is an enriching and diverse mix of ages, cultures, and insights. For inquiries on joining Temple Emanuel, please contact katineedell@bellsouth.net. ✪



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Fall is When We Gather

By Cantor Mary Rebecca Thomas

I love fall. I love fall more than any other season. While winter, spring, and summer have their moments, it is fall that is filled day after day, week after week with joy and comfort. It stands out to me as a time of incredible warmth and possibility, even as nature turns toward the sleepy, frozen months of winter.

For me, fall is inherently linked with the primary moments of communal gathering and new beginnings, both Jewish and secular. Each year at this time, I am reminded of many fall seasons past. Fall is building relationships at the start of the school year, accessorized with crisp new notebooks and textbooks, wearing fuzzy sweaters and corduroy. Fall is Halloween with friends and Thanksgiving with family. Fall is sitting next to my grandmother and holding the red Gates of Repentance at my childhood synagogue on Rosh HaShanah, knowing that she would slip me a tic-tac – either green or white or orange – soon. Fall is the sun streaming through the turning leaves, softer and more kind than the sun in summer.

And fall is Sukkot. Torah gives Sukkot two names: Chag HaAsif, the Festival of the Ingathering – the harvest, and Chag HaSukkot, the Festival of Booths, the temporary huts harkening to the insecurity of wilderness.

Consider the relationship of these twin names for Sukkot. On

Chag HaAsif, we praise God, giving gratitude for food that has come forth from the earth, pleading that the rain will pour down in winter to ensure the harvest for the year to come. On Chag HaSukkot, we remember that the structures that we build during are lives are fragile and temporary. They remind us that our status is always subject to change: from slavery to freedom, from shelter to exposure, from security to insecurity and back again. In these two names, Torah links our precarious human existence. Will the harvest be successful? Will we know abundance? Will we taste freedom for another year? Will we permit ourselves to feel the sheltering presence of the divine creator?

Inherent in both names for Sukkot is the reminder that we are dependent on community. On Chag HaAsif, we do not harvest alone, the labor is greater than any individual. On Chag HaSukkot, we did not remember dwelling as individuals in desert booths. Rather, we remember, the children of Israel as an encampment of sukkot in the desert; a community whose fate was bound inextricably one to the next. *Mah tov ohalecha Ya'akov, mishk'notecha Yisra'el* – How lovely are your tents, o Jacob; your dwelling places, o Israel.

Sukkot reminds us that our fortunes are bound up with that of our neighbor. Our food supply depends on each of our choices.

The health of our planet depends on each of our choices. The stability of our community depends on each of our choices. Our ability to weather any storm depends on each of our choices. We might dwell in our sukkah alone, or with our immediate family, but just beyond my sukkah is yours, and beyond yours, is theirs.

In the fall, and at Sukkot in particular, we gather. Registration is open for several opportunities to gather at or in support of Temple Beth El. Here are just a few opportunities to consider. In the morning on October 13, join The Porch and PJ Library for some fun on the farm at Aw Shucks Farm in Monroe. That evening at Temple Beth El, there is the “The Great Sukkot Bake-off with Jazz in the Sukkah,” where you can either submit an entry or cast a vote for the best fall-themed desert containing either pumpkin or pomegranate while relaxing to jazz by the fabulous Bill Ward. The following Sunday, October 20, celebrate the consecration of our Kindergarten students in the morning and in the evening mark Simchat Torah with “You Spin Me Right Round, A Very 80s Simchat Torah.” We will sing, dance, and celebrate all the way back to Genesis. Finally, consider joining us on November 2 at the McGlohon Theater for the “Temple Beth El Fundraiser – Paul Reiser: Chai on Laughter – honoring Larry and Dale Polsky.” Visit TempleBethEl.org to explore so many more opportunities to gather and to register for events or purchase tickets to Chai

on Laughter.

Fall is my absolute favorite because fall is when we gather. I will look forward to seeing you throughout this beautiful season. ✨



Havurat Tikvah Continues High Holiday Services

Havurat Tikvah invites the Charlotte Jewish community to attend its High Holidays Yom Kippur services at Avondale Presbyterian Church, MacLean Fellowship Hall, 2821 Park Rd.

Kol Nidre services will be held on October 8 at 6:45 PM. Attendees must be seated by 6:30 PM.

On October 9, Yom Kippur services will continue at 10 AM, with Yizkor/Healing services at approximately 1 PM. Services will continue at 5:30 PM after an afternoon break for Minchah. Services conclude with Ne'ilah beginning at 6:45 PM followed by a break-the-fast potluck supper at 7:45 PM.

Members and guests are encouraged to bring tallit and kippah if available, however there is a limited quantity of both on hand. Attendees can bring their own shofar to participate in the blowing of the shofar at the concluding service on Yom Kippur.

Childcare is available if requested in advance.

As in past years, first-time attendees, including students and active military members, are welcome at no cost to attend services

and stay for Break-Fast after the end of Yom Kippur worship. All others are asked to pay a nominal fee (\$54 for individuals, \$90 for families). Mail checks to Havurat



Tikvah, P.O. Box 12684, Charlotte, NC 28220. Email admin@havurattikvah.org for more details.

Havurat Tikvah is a warm, supportive and nurturing Jewish Reconstructionist congregation with Shabbat services and a full (Continued on page 10)

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JLI Introduces “Worrier to Warrior” Explore How You Can Tap into Your Positive Energy

Who wouldn't love to feel consistently happy, self-assured, and enthusiastic? Yet, often we're consumed by feelings of failure, regret, and self-doubt. Do our delicate, positive emotions have a fighting chance at being in control?

At the Charlotte Jewish Learning Institute, we will be exploring deep into the nature of our opposing emotions. “Worrier to Warrior” is an empowering journey. Mined from the teachings of the Torah and contemporary psychology, this six-week course takes a fresh approach to the battle against bad feelings, providing realistic spiritual mechanisms for remaining upbeat, no matter what life brings.

Contentment, happiness, satisfaction, confidence, good moods - enter any bookstore and encounter a colossal army of self-help guides that promise to point the way to these highly prized emotional goals. Why do so many humans find the pursuit of optimism such an endless battle?

We yearn to experience the benefits of positive emotions: to feel enthusiastic, happy, optimistic, serene, self-assured, and hopeful. But so many of us are bogged down by negative emotions such as anger, shame, fear, guilt, worry, and disappointment. Life has much beauty and brilliance to offer, but we can neither sense nor sample it if we are mired in negativity. Often, our in-

ternal oceans of adverse emotions leave us bereft of vigor and verve. Can we turn our inner tides?

The Rohr Jewish Learning Institute's team of scholars researched this topic exhaustively, and we are proud to present “Worrier to Warrior: Jewish Secrets to Feeling Good However You Feel,” a realistically optimistic six-week course on personal transformation. Worrier to Warrior recognizes that the issue of negative emotions has plagued humanity since the dawn of time. The lessons draw on ancient Torah and kabalistic concepts to deliver refreshingly new and doable solutions. The result is a groundbreaking paradigm shift that opens the door to a new view of oneself and one's purpose, cures negative emotions in their myriad forms, and gently guides participants through the process of converting undesirable emotions to healthy, empowering, and optimistic thoughts and feelings.

1 – Achieving Authenticity: In our opening session, discover a place of objective authenticity within yourself that can weather any self-doubt and help you build confidence in your genuine goodness.

2 – Embracing Flaws: Session 2 explores the seemingly senseless feelings of inadequacy and charts a course to transform them from adversary to ally.

3 – Rethinking Regret: In Lesson 3, we will challenge the

negativity associated with regret, finding a catalyst for remarkable growth where it's least expected.

4 – Peering Through Pain: Lesson 4, embraces the validity of pain while sensitively enhancing our internal perspectives to let the sun peek through despite the reality of our suffering.

5 – Living Joyfully: By looking at common patterns in chasing inner contentment, Lesson 5 helps us pave a new path to more dependably enthusiastic living.

6 – Refreshing Relationships: This session explores the triumphs and dysfunctions of human relationships, formulating a steady approach to allowing yours to flourish, despite inherent strains.

This new and exciting six-week course begins on Tuesday, November 12, at 7:30 PM with the evening session and Wednesday, November 13, at 11 AM for the morning sessions. Fee for the JLI course is \$99 per person and \$180 per couple. To register, visit myjli.com or call 704-366-3984.

All sessions will be held in the new Epstein Family Chabad Center, 6619 Sardis Rd., Charlotte.

We are pleased to announce that JLI is partnering with the continuing education office at Albert Einstein Medical College to provide continuing education credit for Worrier to Warrior. Einstein is accredited by the APA, The American Psychological Association and the AMA's

Accreditation Council for Continuing Medical Education.

Doctors, psychologists, social workers, and other mental health counselors in most states will be able to earn up to 15 CE credits. Nine credits for attendance at the live course plus additional credits for studying the additional reading. ☆



Simchat Torah Celebration at Chabad

Simchat Torah at Ohr HaTorah is always a community favorite. The authentic joy experienced at Chabad as the holiday starts and the dancing with the Torahs begins. As always, children are at the center of the celebration as they read many of the Torah passages in leading the joyous crowd. Chabad gives us the opportunity to celebrate our Jewish heritage with joy and dance. To get in the proper festive mood, the celebration will begin with Kiddush and delightful holiday food. Adults will be able to toast a L'Chaim

and join the festivities with enthusiasm. The program will begin at 7:20 PM on Monday, October 21. The celebration will be held in the Levine Sanctuary in the Epstein Family Chabad Center on Sardis Road. For more information, visit www.chabadnc.org or call 704-366-3984.

The celebration continues on Friday morning, October 22, as the final portion of the Torah is concluded and the cycle begins again with Genesis, together with food, song, and dance. ☆



Leigh Altman For County Commission At Large - 2020

- **Attorney for 17 Years - Served as a Staff Attorney with Charlotte's Council for Children's Rights and Georgia's Office of the Attorney General**
- **Strong Advocate for Children and Seniors**
- **Attorney Representative on Mecklenburg's Juvenile Crime Prevention Council**
- **Mother to Three Boys Attending CMS Schools**

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The Election is March 3, 2020.

To join the campaign, please visit LeighAltman.com!

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Havurat Tikvah Holiday Observances

(Continued from page 8)

spectrum of holiday observances, as well as religious educational options for both adults and children. We are a diverse group of families, singles, and Jewish and interfaith couples who participate in projects that promote social justice.

We value and depend upon member participation and leadership for our religious services, spiritual growth and governance.

Havurat Tikvah is an affiliate of Reconstructing Judaism.

For more information on upcoming services, programs, membership or other queries, call 980-225-5330, write to Havurat Tikvah, P.O. Box 12684, Charlotte, NC 28220, email membership@havurattikvah.org or visit havurattikvah.org. Havurat Tikvah is also on Facebook at facebook.com/groups/havurattikvah/☆



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Schwebel, Keith
Shearer, James
Sherman, Allen
Silverstein, Marc
Spevak, Ernest
Stolar, Richard
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Sweet, Richard
Tannenbaum, Marc
Warshauer, Tom
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Wicentowski, Robert
Wise, Stephen
Yaffe, Steven

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\$1 - \$99

Allweil, Jack
Anonymous
Bagdan, William
Bockenek, Joshua
Braverman, Josh
Brown, Evan
Chase, Ira
Copulsky, Stephen
Cormack, Ryan
Dinerman, Michael
Eggert, Jeffrey
Endy, Greg
Fishman, Greg
Flitton, Adam
Frank, Darren
Freiberg, Joe
Friedman, Robert

Levine, Phil
Goldstein, Aaron
Goodman, Josh
Gordon, Barry
Katowitz, Harvey
Kraus, Benjamin
Labovitz, Mel
Larick, Robert
Lubin, Nathan
Mandell, Adam
Mandell, Ross
Meerovich, Michael
Moskowitz, Will
Newman, Calvin
Ormand, Mitch
Ostrow, Steven
Parton, Jay
Pearlman, Joseph
Peitzman, Chuck
Perlman, David
Polizzi, Chris
Popper, George
Richman, Matthew
Rogat, Al
Rotchild, Hagay
Rousso, Michael
Rubin, Ari
Schneider, Gary
Schrader, Joseph
Schrader, Robert
Seidler, Caleb
Sherbal, Barry
Simmons, Richard
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Wernikoff, Alex

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If you find an error in your listing, please contact our office at 704.944.6757.

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\$250,000 and above
The Leon Levine Foundation
Sandra Levine.....400,000

Prime Minister’s Council
\$100,000 - \$249,999
Sklut, Lori L.....180,000

Emerald Lion of Judah
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Lerner Levine, Julie.....35,100
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Gorelick, Stacy.....21,000
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Bershad, Bleema
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Ditesheim, Dana
Edelstein, Lynn
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Zimmern, Emily

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Dinerman, Jill
Dumas, Marcella

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Gale, Caren
Goldsmith, Blair
Goldsmith, Linda
Gross, Annette
Grubb, Deidre
Halperin, Lauren
Haynes, Stephanie
Hirschmann, Harriet
Hollander, Andrea
Horwitz, Christy
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Lachow-Blumberg, Sharon
Lavitt, Julie
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Levine, Alyssa
Levine, Jayme
Levine, Madison
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Milgrim, Laura
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Nevid, Elyse
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Schorr, Jane
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Sheffer, Lynne
Sherman, Lauren
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Vogel, Lisa
Zakow, Patti

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Anonymous
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Chanland, Danielle
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Cooper, Barbara
Coplton, Dorothy

Doty, Michele
Emery, Diane
Feldman, Sandra
Frank, Mimi
Freeston, Leigh Anne
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Gleiberman, Rhoda *
Goldberg, Resa
Goldman, Judy
Goldsmith, Dedee
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Gordon, Nadine
Grifenhagen, Gloria
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Handkammer, Marceil
Hooven, Brandi
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Moore, Nancy
Neale, Marcy
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Rosenthal, Pearl
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Sidoti, Lana
Solomon, Marcia
Spatz, Renee
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Weinstein, Sandra
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Zimmerman, Melissa

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Cassell, Julie
Chatham, Emily
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Cohen, Lesley
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Darienzo, Beverly
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Diamond, Rachel
Doliner, Lila
Drucker, Yarrisa
Dunn, Arlene
Felner, Amy
Fine, Robin
Fischer, Sandy
Flax, Katherine
Fox, Marlo
Furst, Margo
Gallant, Madeline
Garner, Stephanie
Gersh, Laurie
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Glass, Nancy
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Liner, Jamie
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Marsh, Karen
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Miller, Elinor
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Moskowitz, Stacy
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Richman, Sarah
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Rose, Nina
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Shapiro-Rieke, Daisy
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Snitz, Ginger
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Spivock, Robin
Stanton, Ruth
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Stinemetz, Sara
Stone, Carolyn
Susi, Beth
Sussman, Lauren
Tanenbaum, Kara
Torbis, Nancy
Trapani, Lori
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Tyndall, Amy
Valadez, Darlene
Van Glish, Melissa
Vigodskiy, Irena
Wallsh, Bonnie
Weiner, Jordana
Weiner, Rebecca
White, Jo Ann
Williams, Virginia
Wilson, Sharon
Wise, Andrea
Wolf, Nora
Yudell, Nancy
Zachary, Sally

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Anonymous.....30,200
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Berkman, Milton and Arlene.....10,000
Cohen, Steven and Olivia.....10,000
Goldstein, Stuart and Shari.....10,000
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Lerner, Gary and Donna10,000
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Michel, Gary and Jodi.....10,000
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Family Foundation.....10,000

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Levin, Ross and Jennifer
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Menaker, Steven and Polly
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Slomka, Ira and Stacey
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Fligel, Stuart and Ellen
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Isser, Robert and Linda
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Kahn, Ronald and Kutchei, Dalya
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Levine, Joshua and Elissa
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Rosen, Andrew and Jennifer
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Schwartz, Zachary and Rose, Sarah
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Althofer, Eric and Lauren
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Capps, Earl and Greta
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Greene, Frederick and Donna
Greenspon, Burt and Donna
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Levine, Miles and Debbie
Levinson, Dan and Stacy
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Cohen, Michael and Mollie
Cohen, Stuart and Jodi
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Groner, Yossef and Mariashi
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Hirschmann, Paul and June
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Hoagland, Steven and Sandy
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Horner, Adam and Rebecca
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Hudson, Jeremy and Andrea
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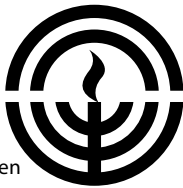
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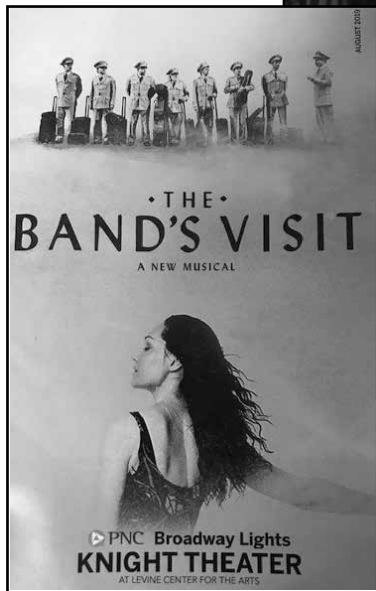
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Holocaust Survivors Enjoy an Afternoon at the Theatre

When the cast of the Broadway show, *The Band's Visit*, heard there were Holocaust survivors in the audience they made it a point to come out after the show to mingle with them. Everyone was delighted. JFS transported and wel-

comed approximately 17 survivors and their family members to a private luncheon and show at the Knight Theater at the Levine Center of the Arts. Many thanks to The Blumenthal Performing Arts Center for the lovely room and

The Jewish Federations of North America (JFNA) Center for Advancing Holocaust Survivor Care, the granting body who has funded programs such as this one in order to connect, engage and enrich the lives of our community's Holocaust survivors. ☆



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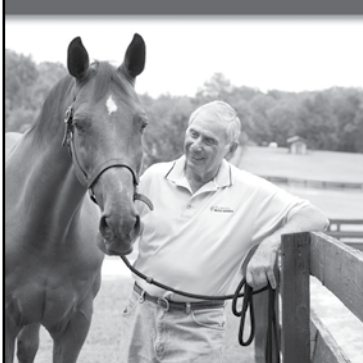
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Community News

Stan Greenspon Center Building Bridges on Campus and Overseas

Rabbi Nachman of Breslov taught “*Kol ha’olam kulo gesher tsar m’od v’ha-ikar lo l’fached klal* - The whole world is a narrow bridge, but the essence is not to be afraid.”

At the Stan Greenspon Center for Peace and Social Justice at Queens University we not only build bridges with others in our community, we also help folks to fearlessly walk those bridges to reach a better understanding of and create a sense of fellowship with one another. We work to nurture close bonds of connection across lines of difference through education, events, local excursions, and international trips.

This year, the Greenspon Center will continue to build bridges of cultural connection. On our Queens University campus, we will once again be hosting our Mimi’s Matzah Ball soup program. Through the simple act of sharing matzah ball soup, sponsored by the Gorelick family, we teach our non-Jewish peers and colleagues about Jewish customs and the importance of food as comfort.

This year, the Greenspon Center will build bridges through an array of educational opportunities. If learning Hebrew is on your list of goals, you can get started on the path with our new course, Introductory Hebrew Reading for Jewish Literacy. Open to all, this class aims to help adults acquire or reclaim the basic building blocks of Jewish literacy and to enable a fuller, deeper and more meaningful engagement with Jewish texts.

The Greenspon Center will be building bridges of interfaith connections locally. In collaboration with the Jewish community of Shalom Park and the Muslim community of Charlotte, we are thrilled to be hosting at the Queens University Belk Chapel a new program entitled, Abraham’s Tent: A Muslim Community-Jewish Community Room in the Inn. For six nights this winter, Jews and Muslims are invited to come together to provide food, shelter and care to approximately ten neighbors in need. (This new program is part of the Ur-

ban Ministries Room in the Inn of which Temple Beth El and the Shalom Park has proudly been a part for two decades.) Just as Abraham’s tent was open on all sides to welcome friends and strangers passing by his desert dwelling, the Muslim and Jewish communities want our neighbors in Charlotte to feel that spirit of welcome. We invite all community members to join us in providing this place of hospitality on the Queens campus.

In conjunction with this program, we will be offering an Abraham’s Tent: Bridge Building Initiative. Both prior to the start of the program and at the end of the year, we will extend an open invitation for a potluck dinner to any members of the Jewish and Muslim communities who want to expand their circles of friendship, connection, and community. We will also be having Abraham’s Tent: Bridge Building programs at Shalom Park and at local mosques, for Room in the Inn volunteers and others to connect, socialize, and learn.

Our bridges of connection this year will also extend to Israel. Join Rabbi Judy Schindler and Reverend Nancy Ellett-Allison on the Greenspon Center Interfaith Trip to Israel. During this trip, Jews and Christians will learn about the spiritual and historical significance Israel holds for both faiths. Through visiting the many historical and sacred sites in Israel, participants will have the opportunity to walk the narrow bridge of faith and history together, learning from one another, and growing together.

Lastly, we will learn how to safely build bridges of connection online. In observance of International Holocaust Remembrance Day and the 75th anniversary of the liberation of Auschwitz, the



Rabbi Judy Schindler and Susan Jacobs during a 2013 Interfaith Trip to Israel.

Greenspon Center invites the community to a timely program on Cyber Hate: The Reality and the Response. At this event, Tanya Gersh, Montana victim of a neo-Nazi troll storm, will share her harrowing story and a leading expert on cyber security will educate us on the most effective practices in responding to cyber hate. At that event, we will celebrate our third anniversary as a Stan Greenspon Center by doing what we do best – educating the community about responding to hate, and enlightening participants about the path to achieving justice and working for human rights.

This academic year please join the Stan Greenspon Center in building bridges locally, nationally, and even on the world wide web.

Be sure to visit our Greenspon Center website (www.stangreensponcenter.org) to view details on this course capture in our 20 pages booklet of programmatic offerings.✡

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“There is the Truth, the truth of the Truth, and there is Peace. The Truth is ‘the boy stole the apple,’ the truth of the Truth is ‘the boy was hungry,’ and Peace is ‘nobody stole anything; now give the boy an apple!’”

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Highlights of My Recent Israel Trip - Part Four

By Elias Roochvarg

One of our evening educational programs was about Entebbe. There was a certain irony about our 24 year old madricha, the only person in the room who did not live through it, teaching us about Entebbe, but we found that she was very well-prepared. I thought I knew everything worth knowing about Entebbe, but I learned one new shocking fact: When Idi Amin found out that Kenya had allowed Israel to use its airbase, he ordered his forces to kill on sight any Kenyan in Uganda, and about 300 Kenyans were murdered, while thousands made a mad dash back to Kenya. So over 100 Jewish lives were saved, but 300 Kenyan lives were lost.

I occasionally attended afternoon services at the base. They usually made the necessary 10 or 11, but one day, their luck faltered: At 1:15, there were just 6. So some of the guys scattered to bring more, others used their phones. I asked one of the regulars: "So if we fail to make ten, do you still do the parts of the service that are permissible without a minyan, or do you just

leave?" I loved his answer: "We pray for a minyan, then we pray with a minyan, so ultimately, you get the benefit of having prayed twice." Then he added confidently, "We'll make a minyan." And by about 1:25, they did.

By the end of three weeks of volunteering, we were all feeling kind of sleep deprived: even though my roommates and I usually turn out the light between 9 and 9:30, and don't wake up till 6:30. Between their frequent trips to answer nature's call and the thin mattress, we did not get anywhere near nine hours of sleep.

And then one night, something happened that deprived me further of some sleep: I did not know this, but sometimes Israeli soldiers after completing an operation, instead of returning to their own camp for the night, will go to the nearest camp, find an available bed, and go to sleep. So I was more than a little alarmed when at 12:30 one night, while my two roomies were sound asleep, our door (which, on a military base, we saw no need to lock) opened, and a total stranger with a flashlight came in and shone his flash-



Cantor Roochvarg with Ellen Wismuller in Jerusalem.

light from one side to the other, apparently looking for something. As he approached my bed, I sat up and asked who he was. If it had been an American base, I would have asked, "who the hell are you?" but I didn't know how to put it that way in Hebrew. He explained that he was with the Military Police and would be spending the night with us. Still

(Continued on page 19)

Residents and Hosts from Charlotte Attend Moishe House's "Natty Con" in Wisconsin

The residents of Moishe House Charlotte – NoDa attended the annual North American Training Conference (Natty Con) at URJ Olin-Sang-Ruby Union Institute in Oconomowoc, Wisconsin from September 6-8. The conference brought together over 240 Moishe House residents, staff members, educators, and other Jewish community leaders from across the United States and Canada.

They enjoyed meeting hundreds of other young Jews from places like Maine, Ohio, Oregon, and dozens of other cities. They especially appreciated the opportunity to expand their networks in the South Region and connecting with residents from the Moishe House locations in Durham, Raleigh, and Atlanta.

Natty Con also included many opportunities for the residents to improve their skills and bring exciting new ideas back to Charlotte. They attended sessions on creative program ideas, budgeting, building inclusivity within their community, and Jewish learning. They also met members of the Moishe House program staff from across the country, which provided them with a better appreciation for their responsibilities, which include ensuring that every Moishe House across the global eco-

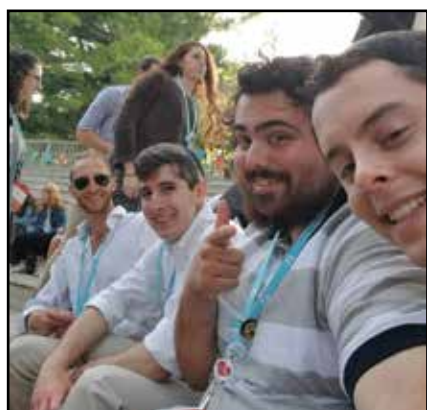


Charlotte-NoDa Moishe House residents show off their cheeseheads.

system is strong, safe, and successful.

Of course, the conference had plenty of fun moments, and the residents made memories over breakfasts and dinners, song sessions, going to the lake, and of course, the memorable "Sat-ty-Natty" Saturday night dance party and social which all the attendees and staff enjoyed.

The Moishe House residents



Charlotte NoDa Moishe House residents at "Natty" Con.

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An Evening with Peter Riegert

(Continued from page 1)

[M]y job is to help bring to life the character that was created by the writer. I'm the conduit. ... It's not my creation, I'm part of the creation. But the character is really created by the writer and it's my job to fool the audience into thinking I'm actually saying those words that were written for me.

CJN: When you come here, we will be showing *Crossing Delancey*. Can you talk about how relationships between Jewish couples were perceived in the late 1980s and how you might see it differently today? Would this movie be made differently today?

PR: Yes, any time you change the place or time of a project, then just by nature it would change. In other words, I can't imagine re-making *Crossing Delancey* just because it's 30 years later. It is what it is. ... I think people are affected by their circumstances and by the times they live in. Some times are more complicated than others, you know that from history. I wouldn't have a clue what the difference is except that people go through the same problems in their time, all the time. ... I wouldn't act differently today, I would apply whatever my skills are, what my technique is to the job at hand.

CJN: What was your favorite role (or roles) and why?

PR: I don't necessarily have favorite roles. I have favorite experiences. It's hard to say cause it's almost 50 years of doing this. It's a lot of different parts. One of my favorite parts was the character of Mac in *Local Hero*. ... The screenwriting was so terrific. (Editor's note: screenwriter and director was Bill Forsyth.) And the degree of difficulty to make

it work was high cause it was so understated. ... I was in almost every scene in that movie and it was the first time I was given that kind of responsibility. And I was happy with the results. I also got to work in Scotland and got to work with Burt Lancaster. It had all the appeal for me that I find interesting as an actor, starting with the screenplay. ... It had all of the elements of wonder to it. The hardest thing about any acting job is its success once it's released because it's important to the actor for it to succeed then we'll get more work. *Animal House* made a fortune and I was able to draft off that and have an identity and my name and my face sort of became one. That's a very rare thing to accomplish as an actor. ... I want everything I'm in to do well, but I am first most interested in doing well in the work so that if it succeeds financially I want to be proud of it.

CJN: You once played Richard Nixon. How is it different to become a real person as opposed to a fictional character that you can imbue with your own ideas?

PR: I treat them both the same. If I'm doing a movie, and it's a real person, it's still fiction to me.

Burt Lancaster arguing with Kirk Douglas. I didn't know who they were but everybody in the audience was laughing. And the actor who was doing the impressions was Sammy Davis, Jr. Implanted in my head was my father and my mother telling me why this was funny. ... That was my introduction to his name. Then I saw some of his movies. We had up here what was called "Million Dollar Movie." And there'd be things like *The Crimson Pirate* that would be playing on television. Then I would see him in the movies, like *The Train*. And then,



Because I'm not the person. It's not a documentary. ... The hard part about playing someone like Richard Nixon is that he's so well known. When I did that project in 1984, he was probably the most well known politician in the world. And he was easily imitated. And I didn't want to do that.

CJN: You will be in Charlotte, NC, at the end of October. Were you surprised to find out that we had such a vibrant Jewish community and cultural life?

PR: No, I wasn't. I took a movie I directed called *King of the Corner* around the country. I went to 27 cities. And there were community centers everywhere. And I also know my own history, and there are Jews everywhere! ... Of the Jewish diaspora, America is one of the more fascinating places where Jews have cultivated their lives.

CJN: People will want to know what it's like to work with other stars. I know you get asked about John Belushi a lot, but I'm interested in hearing about Burt Lancaster.

PR: He was somebody I was familiar with since I was maybe four or five. ... My memory is that there was a variety show on television. There was an actor who was doing an impression of

in 1963, I went to the March on Washington for the Martin Luther King, Jr. speech and I was one of those 250,000 people there. When I got home, my folks, who normally would have gone to something like that with me, had stayed home and watched it on TV. And they described what they saw. And one of the things they saw was a number of celebrities who were at the March on Washington: Marlon Brando, Charlton Heston, and Burt Lancaster. So when I did *Local Hero*, I met Burt Lancaster and I asked him, "Were you there?" And he was. He was actually in France making *The Train* with Paul Scofield. And he had collected 2,000 signatures of Americans living in France and brought it to the March of Washington to give it to Martin Luther King, Jr., who he knew because he was involved in the Civil Rights Movement and whenever Martin Luther King, Jr., would come to California, he would very often stay with Burt Lancaster. It's always fun to work with people you admire. I'm a fan first, obviously cause I go to the movies, I turn on the television but you only have a couple of hours to be in awe. And then you've got to go to work. ☆



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Photo courtesy of ArtShots Photography

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Mourning a Loss Can Look Very Different For Each Person Involved

By Rachel Green, MSW, LCSW
- Director of Programs and Services, JFS

"May their memory be a blessing." Many of us have said these words to friends who have lost loved ones, and many of us may have heard these words while experiencing our own grief as well. We may have also heard statements that felt less helpful such as "your loved one wouldn't want you to be sad," "he or she would want to be remembered with joy," or perhaps most painfully, "you will feel better if you just move on." While death of friends and family and even our own death are inevitable parts of life, death is often a taboo subject that can leave even the most well intentioned among us struggling to find the "right" words to say.

Mourning the death of a loved one can bring overwhelming grief that can immobilize you, zap your energy, and lead to feelings of isolation and abandonment. Many of us who have experienced a loss probably have a support system in place. We assume that others notice our sadness or our absence from social events. However, to friends and family, our silence and lack of participation may be misconstrued as our wanting space or our ability to handle the situation without help. It is important to reach out to loved ones and share our experiences and needs. While our friends and family can be a wonderful source of support, sometimes seeking support from others and/or sharing our experience can be an important part of our comfort and support system.

To offer this level of support, Jewish Family Services will be facilitating a grief support group beginning in October. By attending a grief support group, individuals can learn about new ways of understanding the grief process, dispel old myths that may be causing added pain and tension between loved ones, and gain strength and support from

other people going through their own grief. There are many common misconceptions about grief and by learning more about the grief process through a grief support group, we can be a better support to friends, family, and to ourselves during this difficult process.

One common misunderstanding about grief is that it happens in "stages" or a certain order. You may have heard about models of grief that imply that the grief process moves through an orderly "stage" progression. If someone thinks their experience does not "fit" into these stages, they may suffer both the grief experience itself, and feelings of frustration and pain that their grief is somehow "wrong." There are many common misconceptions about grief, and the concept that there is a "correct" way to experience this very personal process is perhaps the most common.

Grief is a unique experience for each person. There is no "correct" length of time, no "right way" and no "wrong way" to grieve. This becomes crucial in families. Each family member is entitled to process loss how they see fit. It is not uncommon for each member of a family to deal with grief differently. Each person should be respected and allowed to heal in their own way. It may also be helpful to look to additional social supports during this difficult time. Leaning on close friends, joining a support group and seeking professional grief counseling are all helpful ways of gaining support.

Although each grief experience is unique, there are commonalities. The "Tasks of Mourning," as described by Psychologist J. William Worden, are universal across many people's experience. A grief support group can provide an opportunity to share these experiences with others who are experiencing their own grief journey. JFS is offering a free, six-week Grief Support Group on Wednesday evenings, from Oc-

tober 30-December 11, 2019 (no group Thanksgiving week). Grief and loss can be a deeply painful experience. If you or a loved one feels they need extra support or guidance during this process, or to inquire about signing up for the group, please call JFS at 704-364-6594. ☆

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Cantor Roachvarg's Trip to Israel

(Continued from page 17)

somewhat anxious, but unable to think of a response, I turned over, but could not get back to sleep for quite a while. He climbed into the upper bunk bed across from mine.

I can't think of any place I have ever slept with the door unlocked before (other than summer camp), and for a few moments I thought that may have been a fatal mistake. When I told our madrichot the story the next morning, they explained about soldiers sometimes going to a nearby base instead of their own. I suggested it would be a good idea in the future to tell volunteers of that possibility in advance, so they wouldn't be quite as alarmed as I was by the intruder: You wouldn't want to give an elderly volunteer a heart attack.

Ours is the second door from the barracks entrance, the first door is the other (guy) volunteers'. I asked one of them why he

supposed the soldier didn't enter their door.

"Because we keep ours locked, silly."

On our last night, the evening activity included pizza and drinks. A Russian volunteer asked if there was a special Israeli way to eat pizza. I couldn't resist: "Right to left."

After saying farewell to the base, I went to Jerusalem. After checking in and dropping my suitcase off at the hotel, I walked back up to the bustling center called Mamila, and whom should I meet but Ellen and Andy Wismuller. She is a teacher at the Charlotte Jewish Preschool. They were in Israel for the bar mitzvah of a grandchild. Running into fellow Charlotteans my first hour in Jerusalem was pretty amazing. ☆

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Questions: Debby Block, CJE Program Coordinator | 704.944.6780 or debby.block@jewishcharlotte.org



Jewish Federation
OF GREATER CHARLOTTE



PJ Library

The Porch
at Temple Beth El
Young Adults &
Families with
Young Children

The Ruach: Part of the Fabric of the Charlotte Jewish Community

"My life has been a tapestry of rich and royal hue, an everlasting vision of the ever-changing view."

These lyrics are from the song "Tapestry" by Carole King. Her Jewish upbringing may have influenced this line. After all, like a tapestry, Judaism is complex with a rich history while at the same it is evolving in a world of constant change.

Today many Jews are seeking to maintain their Jewish identity, spirituality, and community in variety of ways and receive these from multiple sources, both inside and out of the synagogue. Through The Shabbat and High Holy Day Experiences, The Ruach has given Jews in Charlotte another way to engage and connect that is meaningful, authentic and non-judgmental.

Those who haven't attended one of The Ruach Experiences may hold a mistaken belief that The Experiences are simply concerts because the music is modern and they are held in alternative locations. In reality, The Experiences contain all of the essential prayers and elements of traditional Jewish services. They are held in casual settings and delivered in a creative way that is very approachable, meaningful, and relatable. More than one person has said, "I've never felt more connected to Judaism and other Jews," and, "I had no idea how spiritual The Experiences are." This is a result of not only The Ruach's music but also from

the incredibly powerful and inspirational sermons delivered by Rabbi Rachel Smookler.

Those who choose to attend find the atmosphere at The Experiences to be warm and inviting with a room filled with other Jews who are open and welcoming. Everyone is accepted for who they are and embraced as a part of the Jewish Experience, whether or not they are affiliated with any particular movement. (The Ruach is not affiliated with any congregation or denomination. Rabbi Smookler says, "The Ruach Community is 'Post-Denominational' meaning that The Ruach is committed to Judaism and the Jewish people but not to a movement.")

Since the first Ruach Shabbat Experience about two years ago, growth has been remarkable. There were probably about 60 people at the first one. Recent Shabbat Experiences have attracted well over 200 people with more than 450 folks attending the inaugural Rosh Hashanah Experience last year. More than 750 can be accommodated at The Fillmore, the venue for this year's Rosh Hashanah Experience.

The Ruach's innovation and impact has been recognized by the Jewish Federation of Greater Charlotte which has provided partial support in the form of a grant to The Ruach so that it may continue The Shabbat Experi-



ences on a monthly basis. This is very helpful because The Ruach Experiences are free and open to all who want to attend. There is no membership fee or any cost to attend.

With the growing number of options like The Ruach available to those in the Charlotte Jewish community, everyone has the opportunity to weave an individual tapestry of Judaism that works best for them.

If you'd like to receive up-to-date information about The Ruach Community and stay informed about upcoming Expe-

riences, email the.ruach.band@gmail.com. Also, to learn more about The Ruach like the band on Facebook, and follow them on Instagram @the.ruach.new.jewish.music and Twitter @TheRuachSpirit.

The Ruach is a 501(c)(3) non-profit organization whose mission is to spread the joy of Judaism through new Jewish musical experiences that are meant to create and maintain personal connections and, inspire and engage people to embrace the religion and all that it has to offer.✳

Matt Olin of "Charlotte Is Creative" to Headline Pajama Walk

This year's Pajama Walk, Pajama Catwalk, and DreamLand will be headlined by Matt Olin and Tim Miner, co-founders of Charlotte Is Creative and hosts of CreativeMornings Charlotte and The Biscuit Show.

These guys spend their time developing out of the box programs and initiatives while bringing Charlotteans together.

The Pajama Walk raises money for two nonprofit organizations – Friendship Circle and ZABS Place – aimed at providing friendship and social opportunities for individuals with special needs. Friendship Circle provides peer mentoring for children and teens while ZABS Place is a thrift

boutique offering on-the-job training that can lead to a fulfilling career.

Opening ceremonies begin at 1 PM at the Freedom Park Amphitheater, followed at 1:30 by a walk of just under a mile and a DreamLand Festival from 2-3 PM.

To learn more and sign up, visit www.PajamaWalk.com

Friendship Circle and ZABS Place are beneficiary agencies of the Jewish Federation of Greater Charlotte.✳



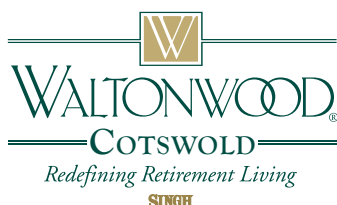
Matt Olin and Tim Miner

PAJAMA WALK
by: Friendship Circle & ZABS Place



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October 2019

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5007 Providence Road | Charlotte, NC 28226
704-366-5007 | charlottejcc.org | facebook.com/levinejcc



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Mon-Fri AM..... 8am-1pm

Mon-Thu PM.....4pm-7:30pm

Saturday..... 12pm-3pm

Sunday.....8:30am-2pm

Per Hour: M/\$4.50 NM/ \$5.50

Grades K-5th

A great, supervised space for your elementary age child to have fun and hang out with friends, while you workout!

Sundays, 8:30am-1pm

Location: Check with LJCC Customer Service

M/\$2/hour

NM/\$5.50 per hour

Reservations Required! 704-366-5007, or visit LJCC Customer Service.

LJCC Department Directory

Please contact us if you have questions!

Membership

Susan Lerner 704-944-6741
susan.lerner@charlottejcc.org

Early Childhood

Patty Torcellini 704-944-6891
patty.torcellini@charlottejcc.org

K-5th Grade Programs

Mitch Ormand 704-944-6733
mitch.ormand@charlottejcc.org

Adults & Seniors/Oasis

Jill Lipson 704-944-6792
jill.lipson@charlottejcc.org

Wellness & Fitness

Jenny Crow 704-944-6870
jenny.crow@charlottejcc.org

Sports

Stephanie Garner 704-944-6743
stephanie.garner@charlottejcc.org

Aquatics / Swim Team

Joshua Steinberger 704-944-6746
joshua.steinberger@charlottejcc.org

LJCC Tennis / CRUSH

Greg O'Connor 704-944-6748
gregory.oconnor@charlottejcc.org

Visual/Performing Arts

Susan Gundersheim 704-944-6778
susan.gundersheim@charlottejcc.org

J-Childcare

Amie Gray 704-944-6726
amie.gray@charlottejcc.org

Social Action

Julie Rizzo 704-944-6730
julie.rizzo@charlottejcc.org

HOLIDAY HOURS CLOSINGS:

Tuesday, October 1 – Rosh Hashanah	CLOSED
Tuesday, October 8 – Kol Nidre - Erev Yom Kippur	5:30 AM – 3:00 PM
Wednesday, October 9 – Yom Kippur	CLOSED
Sunday, October 13 – Erev Sukkot	7:00 AM – 6:00 PM
Monday, October 14 – Sukkot	1:00 PM – 9:30 PM
Tuesday, October 15 – Sukkot	1:00 PM – 9:30 PM
Sunday, October 20 – Erev Shemini Atzeret	7:00 AM – 6:00 PM
Monday, October 21 – Shemini Atzeret/Erev Simchat Torah	1:00 PM – 6:00 PM
Tuesday, October 22 – Simchat Torah	1:00 PM – 9:30 PM

SAVE THE DATE

Ceramic Pottery Sale

Take a stroll down Main Street, and find unique holiday gifts for everyone on your list, while supporting our LJCC ceramic students!

Sunday, December 8 • 10am-2pm
Levine JCC Main Street (cash or checks only)



JHOOPS* YOUTH LEAGUES

Don't Drop the Ball - Register EARLY!

Micro-Basketball (4-5 years)
Jan 5 – Feb 23

Under 8 Hoopsters (6-7 years)

Under 10 Hoopsters (8-9 years)
Dec 8 – Feb 23

Girls Interfaith (Grades 4-10)

Boys Interfaith (Grades 4-12)
Mid-Nov – mid-Feb

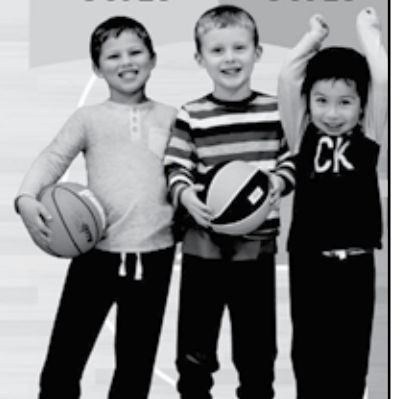
Ages (all leagues) determined by August 1, 2019

Q? 704-944-6743
stephanie.garner@charlottejcc.org

winter 2019-20 registration

LJCC Members:
Sept 16–
Oct 18

Non-Members:
Oct 2–
Oct 18



JSWIM*

Don't Miss the Latest Wave

■ **Early Childhood Swim Instruction**
3-5 year olds • Lessons offered Sundays-Fridays

■ **Youth Swim Instruction**
5-10 year olds • Lessons offered Sundays-Fridays

■ **JCC JAWS Multi Season Swim Team**
5-18 year olds • LJCC Membership Required
Sign up for Fall/Winter/Spring/Summer or Multi Season

■ **JAWS for Private & Homeschool Students**
For high schoolers with early dismissal • TUE/THU, 3:15-4pm



JSOCCER*JPILATES*JCLAY*JHOOPS* JTEAM*JBABY*JMOM*JMASSAGE*

Adults

The Mills and the Music

Presented by Charlotte Historian Tom Hanchett

Back in the '30s, more music was recorded in Charlotte than in Nashville? Yes! Learn about the Queen City's heyday as a country and gospel recording center—sparked by our emergence as the hub of the nation's major textile manufacturing region.

Friday, October 18 • 1pm

Weinberg Senior Center

Free; just show up!

704-944-6753 or sharri.benjamin@charlottejcc.org

"Nosh & Know"

about Parkinson's Disease (PD)

Join us monthly for a series of topics. We'll provide refreshments and snacks. October topic: "Non-Motor Symptoms of PD, Including Sleep Disturbance, Anxiety, and Depression." Presented by Dr. Craig Chepke, MD, FAPA, Psychiatrist, Excel Psychiatric Associates.

Tuesday, October 29

11:30am-12:15pm

Weinberg Senior Center

Free

Must RSVP each month, by the Friday before to 704-944-6792 or jill.lipson@charlottejcc.org

This program is offered in collaboration with



Ladies' Night Out:

Fitness Night: Pickleball & More!

Ages 21+

Come to a "fitness party" with coach Stephanie! We will play pickleball (lesson provided) and other fun, competitive indoor sports followed by a light dinner & wine tasting.

Register at LJCC

Customer Service or call

704-366-5007.

Wednesday, October 16 • 6:30pm

Howard R. Levine Gym

M/\$18 NM/\$28

704-944-6737 or robin.stier@charlottejcc.org



Hip and Knee Advancements

Novant Health's Dr. James Fraser will discuss modern total hip and knee replacements, with an emphasis on new technologies and protocols that increase patient safety and satisfaction with the procedure. He will cover the recent introduction of robotic surgery, rapid recovery after surgery, and minimally invasive techniques designed to enhance patient outcomes.

Friday, November 1 at 1pm

Location: TBD • Free; just show up!

704-944-6753 or sharri.benjamin@charlottejcc.org

JMemory Café

Caring for a family member with mild to moderate dementia? Come with them to the JMemory Café. Socialize, meet new friends, engage in activities together and just have fun. A light breakfast will be served. The purpose of the program:

- social engagement & discussion
- a safe, relaxed and non-judgmental environment
- enjoy music, art, and more

Meets twice every month:

2nd & 4th Thursdays • 10am-12pm

Weinberg Senior Center

JCC Member: Free • Non-member: \$25/month

(non-refundable) paid in advance

704-944-6792 or jill.lipson@charlottejcc.org



Oasis Book Club

October's Book: *Pachinko*, by Min Jin Lee

Friday, October 25, 1-2pm

FSP Boardroom • Free; just show up!

704-944-6753 or sharri.benjamin@charlottejcc.org

Tai Chi/Qigong

Adults 50+

Improve your strength, balance and flexibility through this gentle form of fitness.

Tuesdays, 11:45am-12:45pm (all levels)

Swimmer Family Aerobics Studio

Oasis/M/\$30 B/\$20 NM/\$42 per month

Drop-in fee: M/B/\$12 p/class NM/\$14 p/class

Flu Shot Clinic AT THE LJCC

Friday, October 4

14 yrs + older • No Appointment Necessary!

No co-pay for Aetna, BlueCross/BlueShield of NC, Cigna, Medicare Part B & United Health Care.

All others will be charged \$39.99 (Quadrivalent Influenza) or \$66.99 (High Dose - recommended for 65+)

Weinberg Senior Center

9am-3pm

Also available at the LJCC



MEDICARE PART D COUNSELING

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Open Enrollment**

Oct 15 through Dec 7

To make an appointment with
a Volunteer SHIP Counselor:

Jill Lipson: 704-944-6792 or
jill.lipson@charlottejcc.org

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SENIOR ENRICHMENT**
newsletter at charlottejcc.org

SHIP

Seniors' Health Insurance Information Program

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round! Please call Senior & Adult Director
Jill Lipson at 704-944-6792 for information



**Book Club
in the Sukkah**

Thursday, October 17 • 11am

The Sukkah on the Patio

Across from Family Place

Join us to discuss *Let There Be Water*, by Seth M. Siegel.
Feel free to bring a vegetarian lunch to eat with fellow readers
following the staff-led discussion.

FREE EVENT - Register at LJCC Customer Service - 704-366-5007
QUESTIONS? 704-944-6730 or julie.rizzo@charlottejcc.org

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7 weeks to 7 years

PLUS

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FALL Carnival

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Sat, October 12

5:30-8:30pm

Parents Night Out

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Call 704-366-5007, or visit the LJCC Customer Service Desk

Questions? Contact Amie Gray • 704-944-6726 • amie.gray@charlottejcc.org

Located in
LJCC Family Place

The World That We Knew

Alice Hoffman Discusses Her New Book, the Holocaust, and Where the Real Magic Exists

By Amy Krakovitz

Maybe you know her as the creator of the Owens family from *Practical Magic*. Perhaps you were introduced to her work through the biblical novel, *The Dovekeepers*. Or maybe you aren't familiar with her work at all.

But her new book, *The World That We Knew*, might be a good reason to get to know Alice Hoffman.

Even with books that deal with "real world" subjects, Hoffman often injects the mystical or supernatural into her storylines.



Alice Hoffman

And so it is with *The World That We Knew*, a novel that takes place during the Holocaust where a rabbi's daughter creates a female golem to protect a young girl who must be sent away from Berlin to save her life.

One wonders at all the paranormal events and people and objects in her books: has Hoffman herself ever experienced anything supernatural? "No," she laughs, "but I think it's part of life and it's part of storytelling. Just writing is a magical act. You're making marks on a piece of paper and someone else reads it and imagines a whole other incredible world. So much of it is the work of the reader. For me that's a magical experience." She pauses. "So, yeah, I guess I have experienced it then."

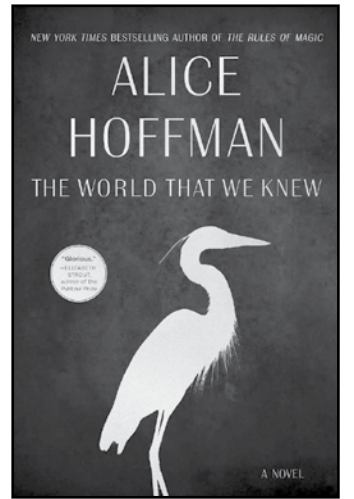
It was her Jewish Russian grandmother who brought her to the world of fantasy. "I grew up reading fairy tales and my grand-

mother told me stories about growing up in Russia, which seemed like fairy tales to me," she explains. "There's a long tradition of magic in Jewish folktales. ... I think it's a way of remembering the past, and talking about the past in a way that is emotionally true and also in a way that's larger than itself."

Remembering the past was vital to the spark that led her to write *The World That We Knew*. More than 20 years ago, after a reading in Florida, a woman confronted her in the parking lot. The woman had been a hidden child during World War II in France and she credited those who hid her with her survival. The woman asked Hoffman to tell her story because she feared the stories would be forgotten. Perhaps she had survived, but would the truth?

"At the time, I felt like it wasn't my place to tell it," Hoffman says. "When time went on, I really understood what she was talking about. For example, I wrote a book called *Incantation* about the Spanish Inquisition. One of the reasons I wrote it is that I knew nothing about it. I wasn't taught anything about it in school. Sometimes I go to subject because I don't know anything and I have questions and I want to learn."

"So when I really started on



[*The World That We Knew*] in 2016, I realized that she was right," Hoffman continues. "If you don't write it down, people won't remember it. ... It's really getting farther and farther away from [young people]. I wanted to write this in a way that would resonate emotionally for people who didn't know much about what happened in the war."

She concludes, "I wrote this book for myself because I wanted to have hope. And I hope that's what happens when someone reads it. That at a very dark time, it leaves you with hope about the human condition."

Hoffman will be in Charlotte on November 7 as part of the Charlotte Mecklenburg Public Library's Verse and Vino event. The website is cmlibrary.org. ✨

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Thanks to a generous Anonymous Donation, our teams were able to cook on new Weber Grills Smokey Mountain Cookers!



Congratulations to The Kosher Kowboys for taking home the Grand Champion Trophy for the 3rd year in a row!



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OVER 1000 PEOPLE ATTENDED IN 2019!

For the 6th year the Levine JCC was proud to host Charlotte's only community-wide Kosher BBQ Championship and Festival. Over 1,000 community members of all faiths came together to enjoy a fun-filled day with activities for all ages.

Thanks to your support, the Levine JCC is able to address child hunger needs through the Shalom Park Freedom School, which serves over 80 children from surrounding Title 1 schools in a six-week literacy and character building program. Additionally, we partner with the UNCC Reading Camp, a similar summer reading program serving children from Title 1 schools. Additional funds are utilized to support children at our nearest Title I schools, Rama Road Elementary and Greenway Park Elementary.

A Very Special Thank You to Our Generous Sponsors:



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We are excited to announce that Publix Super Markets Charities will again be the Presenting Sponsor for the 2020 Charlotte Kosher BBQ.

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Bal Tashchit and Beyond: Pledge to Become More Environmentally Conscious

As we welcome in the new year, we look back at what we wish we could have done better and look ahead to make changes. Yom Kippur is a day for “cheshebon nefesh,” or soul-searching, on which we not only apologize and ask forgiveness from family

and friends, but also resolve to change our behavior in the future. Why not extend those resolutions and make choices to moderate our impact on the environment? Here are some ideas we’ve talked about in past articles, along with some new ones. We recommend

making small changes and then adding more over time. Children will model whatever behaviors we present, so talk to them about why the water in the bathtub will be lower in the future, for instance.

Cut back on water usage by resolving to take three minute showers and be mindful of rain forecasts when turning on your sprinklers. Everyone should feel uncomfortable when they witness sprinklers running when it’s raining.

Resolve to reduce electricity usage. In the summer, add a degree or two to the thermostat while running the air conditioning. Lower your thermostat in the winter. When you are not home, raise or lower the thermostat accordingly. Duke Energy breaks down sources of power usage on statements it mails to our homes. Notice what causes your larger consumptions of energy. It is likely heating and cooling. Change lightbulbs to LED. Prices have come down quite a bit since they first came on the market. The easiest change to make is to become mindful about turning off lights when leaving a room.

Reduce plastic use, although this is no easy task. Sit down with your family and friends and watch *A Plastic Ocean*. The film makes a powerful case about how prevalent plastic is in everyday use and the damage it is causing to the earth, especially to wildlife. It is incredibly difficult to avoid usage, but there are some creative thinkers working on the problem. The easiest changes to make are to use reusable shopping bags and to invest in some reusable, safe aluminum or BPA free plastic water bottles for you and your family. Avoid the temptation to buy a case of water in plastic bottles, but if you do, please recycle. There are also products available to replace plastic sandwich bags. Ever wonder about all that plastic that is not recyclable? There are services popping up that will recycle hard to recycle items for a cost.

Resolve to reduce food waste. In the U.S., we throw away about



40% of our food every year and 90% of food waste winds up in landfills. There are multiple environmental impacts stemming from food production and subsequent food waste, such as methane gas production and excessive water usage. Shop smart and realistically. Plan your meals carefully and eat those leftovers. Treat expiration and sell-by dates as guidelines. Keep track of what you throw away. Give composting a try.

Plant a tree or two in your yard. Many of us live in neighborhoods where most or all trees were removed prior to building. Trees reduce the need for heating and cooling, thus decreasing the need for more power plants in the future. Through photosynthesis, trees absorb carbon dioxide and emit oxygen. The average tree can clean up to 48 pounds of carbon dioxide annually.

Use environmentally friendly cleaning products to improve your overall indoor air quality. Making your own green cleaning supplies is easy and inexpensive. There are formulas on the internet that use common items we tend to have handy such as vinegar and lemon.

It’s easy and satisfying to make some changes that will have an impact on the future and you’ll be aligning with Judaism’s commandment to care for the natural environment at the same time.

If you have an idea for an article, please email info@shalomgreenCLT.org

If you are interested in learning more about Shalom Green, visit our website at www.shalomgreenCLT.org

Like us on Facebook. Follow us on Twitter and Instagram. ✨



Photo credit: revealnews.org/children

The Jewish Community Refugee Initiative invites you to hear local and national speakers address the global refugee crisis and to learn how you can help refugees and asylum seekers here in Charlotte.

How Do We Help Those Seeking a Safe Haven?

DESSERT RECEPTION AND PROGRAM

Sunday, November 3 • 6:30–8:30pm • Temple Beth El

FEATURED SPEAKERS

Sil Ganzó – Executive Director, ourBRIDGE for Kids
Naomi Steinberg – VP Policy and Advocacy, HIAS
with a screening of *The Office of Missing Children*



Tickets are \$18 and will go on sale in October at LJCC Customer Service, 704.366.5007.
Net proceeds will go to help ourBRIDGE.

LEARN ABOUT THE MAGIC OF CAMP BARNEY

MJCCA's Jewish Summer Overnight Camp in the North Georgia Mountains for Campers Completing 2nd-10th Grade, Offering 2-Week and 4-Week Sessions.

New Session Start Dates!

CHARLOTTE INFO SESSION

Thursday, November 7 • 7:00 pm

Sam Lerner Center at Shalom Park • 5007 Providence Rd, Bldg. A

Prospective and returning families are invited to enjoy a musical media presentation, meet the directors, and learn all about Camp Barney for 2020.

RSVP Requested: campbarney.org/infosessions

Summer Registration Starts Oct. 13

Marcus Jewish Community Center of Atlanta | 5342 Tilly Mill Road, Dunwoody, GA 30338 | 678.812.3844 | [f/CampBarneyMedintz](https://www.facebook.com/CampBarneyMedintz) | campbarney.org

“The best remedy for those who are afraid, lonely, or unhappy is to go outside, somewhere where they can be quite alone with the heavens, nature, and God. Because only then does one feel that all is as it should be and that God wishes to see people happy, amidst the beauty of nature. As long as this exists, and it certainly always will, I know that then there will always be comfort for every sorrow... And I firmly believe that nature brings solace to all troubles.”

- The Diary of Anne Frank



TORAH TOTS



FOR DETAILS ABOUT ALL OUR SPECIAL HOLIDAY PROGRAMS FOR PRESCHOOL FAMILIES, PLEASE VISIT TEMPLEISRAELNC.ORG.

SIMCHAT TORAH PROGRAM

Monday, October 21

5 p.m. (Mindy Ellen Levine Chapel)

Join us for a special Torah Tots program, and stay for a temple-wide celebration of Simchat Torah, including a spaghetti dinner! Visit templeisraelnc.org for details.

YOUTH

KADIMA LASER QUEST EVENT

(6th & 7th Grade)

Sunday, October 13, 12:15-3:30 p.m.

Join your Kadima friends at Laser Quest for two action packed, heart pumping games of laser tag! Pizza lunch will be provided. Drop-off & Pick-up at TIRS. Cost: \$18/TI-Y Members; \$22/Non-Members. RSVP by 9 p.m. on Thursday, October 10.

YOUNG PROFESSIONALS

GAME NIGHT IN THE SUKKAH

Saturday, October 19, 7:30 p.m.

Location: Temple Israel

Join Torah on Tap as we take advantage of Temple Israel's beautiful sukkah with a fun-filled game night! We'll have board games at the ready but feel free to bring your favorites, as well. Snacks will be provided.

EMPTY NESTERS

EMPTY NESTERS WINE & CHEESE IN THE SUKKAH

Wednesday, October 16, 5:30-7 p.m.

Join the Empty Nesters in celebrating Sukkot with wine, cheese and good company in the Temple Israel sukkah! Cost is \$5 per person. To RSVP, visit templeisraelnc.org.

SOCIAL CLUB

STARS UNDER THE SUKKAH

Tuesday, October 15, 6 p.m.

Location: Temple Israel Sukkah

Please join us for our annual Sukkot Celebration. We will enjoy a holiday meal in the Sukkah (weather permitting). Our guest speaker will be Lawrence Toppman, Arts Correspondent for The Charlotte Observer. Cost: members/\$16 and guests/\$20.

LIFELONG LEARNING

LUNCH N' LEARN WITH RABBI HOWARD SIEGEL

Thursday, October 17

When Bad Things Happen to Good People, 11 a.m.

Power up your lunch hour with an appetizing array of food for thought, and join Rabbi Howard Siegel once a month at Temple Israel for an engaging discussion on one of Harold Kushner's thought-provoking books, followed by a delicious catered lunch (menu: A Jewish Deli – vegetarian option available). Registration required. Cost: \$10/TI Congregants; \$18/Guests. To register, visit templeisraelnc.org.

WOMEN OF TEMPLE ISRAEL (WOTI)

NOSH, CONVERSATION & KIBBITZ UNDER THE SUKKAH

Thursday, October 17, 7 p.m.

Join us for a delicious three-course dinner, and meaningful conversation with Cantor Lissek. Cost: \$36/WoTI member, \$45/non-members. Space is limited. Register at templeisraelnc.org by October 13.



THE ROSE ROOM – WOMEN OF TEMPLE ISRAEL GIFT SHOP

GIFT SHOP HOURS

Sunday: 9:30 a.m. - 12:30 p.m.
Tuesday – Thursday: 10 a.m. - 1 p.m.
Friday - 11 a.m. - 1 p.m.

Special appointments outside of normal business hours are available. Please contact Tess Berger (704) 488-3842 or Cindy Jennes (203) 450-2261.

LET US HELP YOU FIND THAT PERFECT GIFT FOR SIMCHAS, HOLIDAYS & MORE. WE ALSO DO WEDDING, SHOWER & B'NAI MIZVAH REGISTRIES!

Proceeds support Temple Israel, Women of Temple Israel, Temple Israel Youth Programs, and Social Action Initiatives.

HIGH HOLY DAYS SERVICE SCHEDULE 5780/2019

EREV ROSH HASHANAH - SUNDAY, SEP. 29

Erev Rosh HaShanah Service, 6:15 p.m.

ROSH HASHANAH DAY 1 - MONDAY, SEP. 30*

Main Service, 9 a.m.

Family Service, 9 a.m. (LJCC)

Evening Service, 6:15 p.m.

ROSH HASHANAH DAY 2 - TUESDAY, OCT. 1

Morning Service, 9 a.m.

Program For Preschool Families, 9:30 a.m. (LJCC)

KOL NIDRE - TUESDAY, OCT. 8*

Kol Nidre Service, 7 p.m.**

**Please Be Seated By 6:45 p.m.

YOM KIPPUR - WEDNESDAY, OCT. 9*

Program For Preschool Families, 9 a.m. (LJCC)

Morning Service, 10 a.m.

Family Service, 10 a.m. (LJCC)

Yizkor Service, 1 p.m. (Approximately)

Mincha/Ne'ilah Service, 5 p.m.

Break Fast, 7:45 p.m.

*Parking Pass Required On Shalom Park

For details about our services and holiday programs, please visit templeisraelnc.org or call 704-362-2796.

UPCOMING EVENTS



SOUTHERN FRIED SUKкот

Friday, October 18

7:15 p.m. - immediately following services

Join us for a Southern Fried Sukkot meal in the Sukkah, prepared by Izzy's Catering. RSVP at templeisraelnc.org by Friday, October 11.



SUKKOT FOOD TRUCK FESTIVAL

Sunday, October 20

11 a.m.-2 p.m.

Temple Israel will host a special Sukkot celebration when Papi Queso, Momo Truck, and King of Pops come to Shalom Park! An Olde Mecklenburg Brewery truck will also be onsite! *Don't forget to bring a picnic blanket or chairs (if desired).

Simchat Torah Celebration

Monday, October 21

5-5:30 p.m. - Torah Tots Simchat Torah

5:30-6:15 p.m. - Spaghetti Dinner

6:15-7:15 p.m. - Dancing with the Torah Celebration

7:15 p.m. - Ice Cream Dessert Party and Adult Bar

Enjoy a delicious spaghetti dinner, followed by music, dancing, and celebrations with the Torah!

RSVP for dinner (only) at templeisraelnc.org by Friday, October 18.

SAVE THE DATE: WINTER CONCERT

ONE NIGHT ONLY

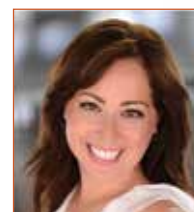
Kavanah: The Song & Soul of Barbra Streisand

featuring Cantors Shira Lissek & Magda Fishman

SUNDAY, DECEMBER 15 (5 P.M.)

Join us for an evening of extraordinary music as we celebrate our community.

Tickets and Sponsorship information available soon.



Youth Visions

A Weekend of Israel and Leadership for Teens

The Center for Israel Education (israeled.org) and the Emory Institute for the Study of Modern Israel (www.ismi.emory.edu)

invite Jewish 10th-, 11th- and 12th-graders to apply to attend the next Teen Israel Leadership Institute in Atlanta during the

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Teens (including our own Max Sawyer) work together to figure out what parts of Israel are represented in a series of photos during one of the educational games at the Israel leadership weekend in Atlanta.

weekend of December 6-8.

The institute features a series of engaging learning activities to expand students' knowledge and understanding of Israel and Zionism while they sample Jewish life on the Emory University campus and forge friendships with peers from across the country.

"I have a lot of Jewish friends. Every one of them supports Israel, but I don't think a lot of them know about Israel too much," said past institute attendee Eli Roberts of Marietta, GA. "I feel like I'm going to be able to teach them and also talk to my friends in Israel."

CIE and ISMI launched the teen institute with spring and fall sessions in Atlanta in 2018, then took the weekend experience on the road to Newark, NJ, in January 2019 and to Seattle in May 2019.

The roughly two dozen participants in each Atlanta institute learned about Israeli history, politics, innovation and culture, the

Israeli-Arab conflict, and Zionism. They participated in Shabbat services and had Friday dinner at Emory Hillel, a partner in the program along with the Jewish Teen Education and Engagement Network (JTEEN) and JumpSpark. They simulated a Knesset debate, competed at making "Chopped"-style hummus and discussed what Israel means to them.

Noa Libchaber of NY, who attended in October 2018, said she was amazed when the high-schoolers joined more than 100 Emory students at Hillel for Friday dinner and services. "It just made me feel really lucky to be a part of a religion that comes together with so much strength and power."

The institute shows students how to apply their knowledge to the benefit of their communities. Each participant creates an Israel learning program to present back home — anything from an event on Israel's Independence Day to an Israeli film series to a website

CIE Vice President Rich Walter, a former director of Hebrew high schools in New Haven, CT, and Providence, RI, who was the New England regional director of March of the Living for a decade, and Steve Kerbel, an educational consultant in the Washington area who spent 14 years as a synagogue education director. Other educators include CIE founder and President Ken Stein, teen educator and JumpSpark Director Kelly Cohen, and CIE Israel specialist and Emory instructor Eli Sperling.

"The really big thing that Jews have always done is make choices, and I never realized that," Libchaber said about what she learned. "I have a choice of what to do, what I believe in, what I want to do, and this choice will impact generations to come."

Gavi Kollin of Los Angeles, who attended the April and October 2018 seminars, said he took away a belief that "Israel is the embodiment of freedom and the embodiment of Judaism. ... When I talk to other people about Israel, I'm going to try to come from a much more collected point of view."

The cost of \$100 for the three-day program includes double-occupancy lodging and kosher food. Travel subsidies of up to \$200 are available.

Space is limited, so students are encouraged to apply online through israeled.org/teens as soon as possible. The application requires a description of a proposed Israel learning project and a letter of support from a rabbi, a cantor, an educator, or someone else who can explain why the student would be good for the program.

"Everyone should apply," said Aliza Reinstein of Potomac, MD,

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Teen institute leaders Steve Kerbel (left) and Rich Walter sample some of the student-made hummus during a "Chopped"-style competition that offers lessons in history and culture through food.

helping teens engage with Israel.

"We learned some very cool programming ideas that helped us brainstorm different ways to educate others about the history and culture of Israel," said Ilan Weiss of Huntington Woods, MI, who attended in October 2018. "There was a lot of excitement about Israel and learning real facts about the country that give you ideas to bring back to your school."

The institute is part of a CIE initiative to provide Jewish teens more impactful education on Israel. Leading the program are

an April 2018 participant. "I got so many awesome experiences out of it. It was amazing."

Find more comments from institute participants and their parents at israeled.org/educators/youth-and-teen-israel-enrichment-programs/youth-program-comments, or see teens describe their experiences at www.youtube.com/watch?v=Qj4JZ7pX1x4.

For more information, contact Walter at rich.walter@israeled.org or 404-727-2921. ✪

MARK YOUR CALENDAR!

Hebrew High ... Lights for October

Hebrew High has an exciting month planned for October. Check out the lineup for this month and make sure you are registered so you don't miss out on these amazing new programs and opportunities.

Wednesday, October 2 – Hebrew for Credit Classes only

Wednesday, October 9 – No School – Yom Kippur

Wishing all our Hebrew High and Shalom Park families an easy fast.

Wednesday, October 16 – Special Students Only Event – Scott Fried
An Evening to Explore Teen Mental Health and Wellness

Thursday, October 17 – Special Parents Only Event – Scott Fried
An Evening to Explore Teen Mental Health and Wellness

Wednesday, October 23 – Coffee House Night for 8th–10th grade

Gather with Clergy, enjoy some coffee, tea or snack (on us) while learning about the new and innovating programs offered for the 2019-2020 Hebrew High school year

Sunday, October 27 – Whitewater Center Experience – 8th–9th Grade

An afternoon of fun and adventure bonding with your peers

Wednesday, October 30 – Hebrew for Credit Classes only

For detailed information:
www.hebrewhigh.org.
Megan Harkavy at 704-944-6782 or mharkavy@hebrewhigh.org.



BBYO Events and Meetings for October

The first month back at BBYO has been nothing short of fun as our four chapters have been hosting events such as spike ball tournaments, escape rooms, sleepovers, and more. It has been incredible to watch our teens re-connect after a packed summer of swimming, learning, and fun during BBYO summer experiences, family vacations, and travel trips. A big welcome to our new advisors Eden Banarie, Kayla Berenson, and Nathaniel Lerner. We have a full schedule this fall filled with incredible events. First up, we have Junior/Senior Convention October 18-20 in Greensboro. This special convention is only for our upperclassmen and features our incredible speaker Scott Fried. It's a special weekend for our older



Ohavim BBG working hard with their new advisor Eden Banarie at Regional Execs Convention.

teens to learn about how to be themselves, get tips for college, and participate in fun thought-provoking programming. While Scott Fried is in town, BBYO will be co-sponsoring a parent event called "The ABCs of Gen-Z Parenting." This event is open to all parents of middle or high schoolers. Scott will be using his experience of working with teens for the past 30 years to help parents "communicate with the teenage brain." Please join us on October 17 at 7 PM in Gorelick Hall to hear from Scott.

Next up, we have one of our most anticipated conventions of the year, MIT/AIT Convention. MIT/AIT is our new member convention open to any new member of BBYO. This convention is led by 20 upperclassmen who will teach the new members all the ins and outs of BBYO. Special highlights of the weekend include meeting new friends from across Virginia, North Carolina, South Carolina, and Georgia, song sessions, services, a dance, and much more. With the Jewish holidays, we



Olivia Potier and Sam Schulman at Regional Execs Convention.

have moved some meeting dates during the month of October. Please note the following meeting dates: Sunday, October 6; Sunday, October 13; Sunday, October 20; and Tuesday, October 29. Eighth graders: Save the date for Fall Fest on November 23. We will be going to the Hornets vs. Bulls game – details to come soon. If you have any questions please reach out to Lauren Revenson, Associate Region Director, at lrevenson@bbyo.org.



CJP's 2019-2020 Annual Fund

HELP US GROW!

Your Annual Fund Contributions Elevate Our Ability To...

LEARN – Professional development for our staff & special programs for our children.

GROW – Infrastructure and technology improvements for our school.

CONNECT – Stronger relationships with our families, staff & community members.



Charlotte
Jewish Preschool
LEARN • GROW • CONNECT

CJP is a partnership of Temple Beth El, Temple Israel & LJCC

PLEDGE ONLINE AT:
charlottejewishpreschool.org
Questions? 704-944-6776

SCHOOL NEWS

Using The Responsive Classroom Approach at CJDS

In order to be successful in and out of school, students need to learn a set of social and emotional competencies – cooperation, assertiveness, responsibility, empathy, and self-control – and a set of academic competencies – academic mindset, perseverance, learning strategies, and academic behaviors.

Responsive Classroom is about: Making Learning Meaningful: It's All About the Why

Responsive Classroom is about: Setting Goals, Hopes and Dreams: Connecting Students to the Community

Responsive Classroom is about: Stopping Bullying Before It Starts

Responsive Classroom is about: Responding to Defiance in the Moment

Responsive Classroom is about: Taking Positive Language Schoolwide

Responsive Classroom is about: Teaching Self-Regulation ... and so much more

All CJDS teachers are fully trained in Responsive Classroom.

More than ten years ago, CJDS decided to abandon all typical discipline programs and systems in favor a child-centered approach, where reflection, discussion, and repair take center stage. Since then, The Responsive Classroom philosophy and practice has been

our overarching “bible,” but we had never been formally trained. The past two summers provided an opportunity for all our teachers to travel to cities along the east coast for a four-day intensive training and experience. Hands down, all returned energized and pumped with a bag full of strategies and tips on how to proactively create a community with a classroom that promotes respect, collaboration, and empathy for one another. It is heartwarming to listen to the teachers converse about the successes they are having with the activities and responses they are employing when challenging situations present themselves.

Morning meetings, similar to middle school-age Advisory Meetings, are held each morning to establish the day's intention, provide time for all to greet and notice each other, and to communicate what has happened and will happen during the day. Sometimes listening outside the classroom doors, you will hear giggles because the greetings that were chosen for that morning are silly. Sometimes you will hear serious discussion where students are sharing concerns about what happened on the playground the day before, or fears about what might happen. In these busy times, where too often, we are

easily distracted, establishing this ritual for our students each morning is vitally important to remind and teach them how effective these social and emotional connections are in their daily lives.

The First Six Weeks of School is a foundational component of the Responsive Classroom approach. Too often we believe that all we need to do is tell the children how we hope they will act, and they will do it. But we know, too often, they didn't hear us, or they didn't understand us, or they can't figure out how to do it. During the first six weeks of school, we teach routines, expectations, and procedures. We articulate, describe, model, and practice, practice, practice until it becomes second nature. Then during the rest of the year, we can focus on actual learning without spending valuable time redirecting disruptive behavior and reiterating simple rules.

Not surprisingly, there is data on the efficacy of the Responsive Classroom approach, and some is strikingly impressive. For example, at the Palmyra-Macedon Primary School, unconstructive or inappropriate student behavior was tracked over three years. They found a decrease from 225 incidents to 75 incidents and 75 student referrals to 40 referrals in two years.

Promoting, instilling, and modelling a positive, kind, and empathetic community is only one of the ways we will be shining a light on the world to ultimately bring the fulfillment of Am Yisrael Chai! ☆

CJDS
Charlotte Jewish
Day School

“If you see what needs to be repaired and how to repair it, then you have found a piece of the world that God has left for you to complete. But if you see only what is wrong and what is ugly in the world, then it is you yourself that needs repair.”

- Menachem Mendel Schneerson

Fall Flicks

Surviving Birkenau: The Dr. Susan Spatz Story

Saturday, Oct 26
7:15pm • Gorelick Hall

Documentary (2019) • 60 min

From humanity's darkest moments came survival. From survival came light and the blooming of a new life. Born in Vienna in 1922, Susan Spatz was an only child who lived a life of privilege until the Nazis invaded Austria. Deported to Theresienstadt and ultimately interned at the notorious Birkenau death camp, Susan Spatz survived an astonishing three years before a long and brutal death march led her instead to liberation.

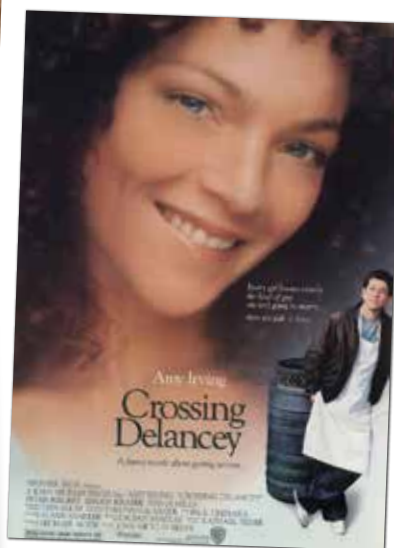
In “Surviving Birkenau”, Susan recounts her experiences with remarkable clarity; a story that began in her teens when a decision by her mother condemned her to death, and cost Susan 3 years in unbearable Nazi concentration camps.

With the assistance of the United States Holocaust Memorial Museum, acclaimed filmmaker Ron Small brings Susan Spatz's story to the forefront for generations to witness.

Nominated for Best Documentary, Festival of Cinema New York (2019).



LEVINE JCC Cultural Arts



Crossing Delancey

AN EVENING WITH PETER RIEGERT

Sunday, Oct 27
7:15pm
Gorelick Hall



Romantic Comedy (1988) • 97 min

Thirty-something Isabelle “Izzy” Grossman (Amy Irving) spends her time going from her tiny, solitary West Side apartment to that of her grandmother (Reizl Bozyk) on the Lower East Side.

In between, Izzy builds a glowing reputation at the swank bookstore where she works. While her grandmother plots to find her a romantic match, Izzy is courted by a married, worldly author, Anton (Jeroen Krabbé), yet can't seem to shake the down-to-earth appeal of Sam (Peter Riegert), a pickle vendor.

Actor Peter Riegert is scheduled to appear.



\$8 tickets On Sale Now
at charlottejewishfilm.com
Q? susan.gundersheim@charlottejcc.org

A Day in the Ms. Farah's CJP Class

Life as a preschooler at the Charlotte Jewish Preschool is exciting, happy, safe, and full of wonder. Our children's days are filled with morning hugs and high fives, inspiring provocations that promote wonder and discovery, adventurous special classes, all through a Jewish lens.

Every morning, before our students arrive at school, our teachers set up "provocations" or invitations to learn. This fall, children will find Back to School and Rosh Hashanah themed centers throughout their classrooms - some students might even find a center outside their classroom in the form of a fun way to sign in for the day or quiet "on theme" activity to participate in if a quiet spot is needed. In this article, we will feature Ms. Farah Lature, one of our fabulous full day four teachers. Farah is in her fourth year of teaching at the Charlotte Jewish Preschool and has been in early childhood education for a total of 14 years.

Upon entering Farah's classroom children are immediately greeted and asked to sign in for the day. Students find their name in the binder of names and use a developmentally appropriate pencil and dotted letter print to trace the letters of their names. As the year progresses the letters will change from dotted tracing letters to blank spots, this is a way of scaffolding or providing supports until children are independent in writing their names.



Farah helps her student, Paula, to find her name.

When all of the students are here for the day, Farah gathers the class on the rug. For the past three weeks, Farah's class has been focusing on themes surrounding the book *Stick and Stone* by Beth Ferry. The main theme of the book is the importance of friendship, which is a perfect theme for back to school, as well as a connection to the Judaic theme of *Chaverut*, which means friendship and the importance of relationships between people are with God. Farah asks big questions to the class such as "What is a friend? How can you be a good friend? Why is friendship important?" The class discusses these questions as they read the book aloud. As Farah is reading, students seem fixated

on the characters in the book- the Stick and the Stone. The children begin to ask questions like, "What happens when you roll a stone? What if you crushed the stone? How big is the stick?"

For the past three weeks, as Farah has been listening to the questions her students have been asking, she takes note of the themes that emerge as she reads and creates centers that reflect both what she wants the children to learn about friendship and properties of rocks and sticks as well as what the children are asking questions about. They ask lots of questions about what the rock feels like (soft or prickly?) as

well as different shapes that rocks and sticks can be. She uses these questions when planning the activities for her students. This idea of letting the children influence (but not dictate) her centers is consistent with the Reggio Emilia philosophy which respects students' interests and abilities. This week's centers are clearly in line with the questions and comments that the children are sharing.

When Farah has introduced all the centers, the children are invited to choose which they'd like to start with. Students are invited to make certain things like letters out of rocks for example,

(Continued on page 32)



Farah reads *Stick and Stone* by Beth Ferry to her class



Here are the many ways Farah incorporates the elements of the story with fun and learning.

Lighting the Way to peace

26% of Women and 17% of Men
in the Jewish Community are victims of Domestic Abuse

Join JFS in Lighting the Way to Peace

Tuesday, October 29, 2019

10:00 a.m. - 2:00 p.m.

Domestic violence and abuse affects millions every year. It includes physical, psychological, financial or emotional abuse and can include controlling behaviors, put-downs, dictating religious observance, withholding money, threatening to hurt or kill, stalking, threatening or belittling someone so they feel worthless.

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YOUR purple candle, and add your name to our Lighting the Way Mural.



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Join us for an evening with Scott Fried

October 17, 2019

Thursday 7:00 pm

Gorelick Hall at Shalom Park
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The ABC's of Gen-Z Parenting

If you're a parent trying to safeguard your children through the difficult teen years, this presentation is for you. Scott will guide you toward developing a healthy and secure teen. He will review: understanding the fragile beauty of adolescence; how to talk to the teenage brain; how to find out a teen's secrets; and how to talk to them about sex, STIs and consent. He will discuss methods for communicating with the post-millennial creature in the back seat of your car. But most of all, it will be a gentle reminder of what every teen wants more than anything else: the tender presence of loving parents and the permission to be whomever they are becoming.

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Scott Fried

Scott Fried is a popular health educator and motivational speaker who's touched over a million people through his lectures, humanitarian work and publications. The author of five must-read books (his most recent book was just released and is a culmination of his experiences working with teens for the past 30 years - this is a book parents have been asking for!) and one must-watch DVD, his message to young people and parents is a powerful one of responsibility, self-confidence, sacredness, love and self-respect.

Inside Ms. Farah's CJP Class

(Continued from page 31)



More way the students in Farah's class learn about letters.

however, they are also free to use the small rocks in any way that they choose. Some students made different shapes such as circles or squares and others used the letter cards to build the letters. One student tried to stack the rocks one on top of another and even though the child was "unsuccessful" at stacking the rocks, this led to a wonderful discussion about why the rocks wouldn't stack and the child discovered that you can only stack flat items. Perhaps this lesson will lead the class to explore the science behind construction or a study of multiple surfaces.

The students at CJP are engaged, interested, excited, and curious. This is in part due to teachers like Farah (and all of our amazing teachers) who take the

time to listen to their students and give them the respect to be part of their own learning process.☆



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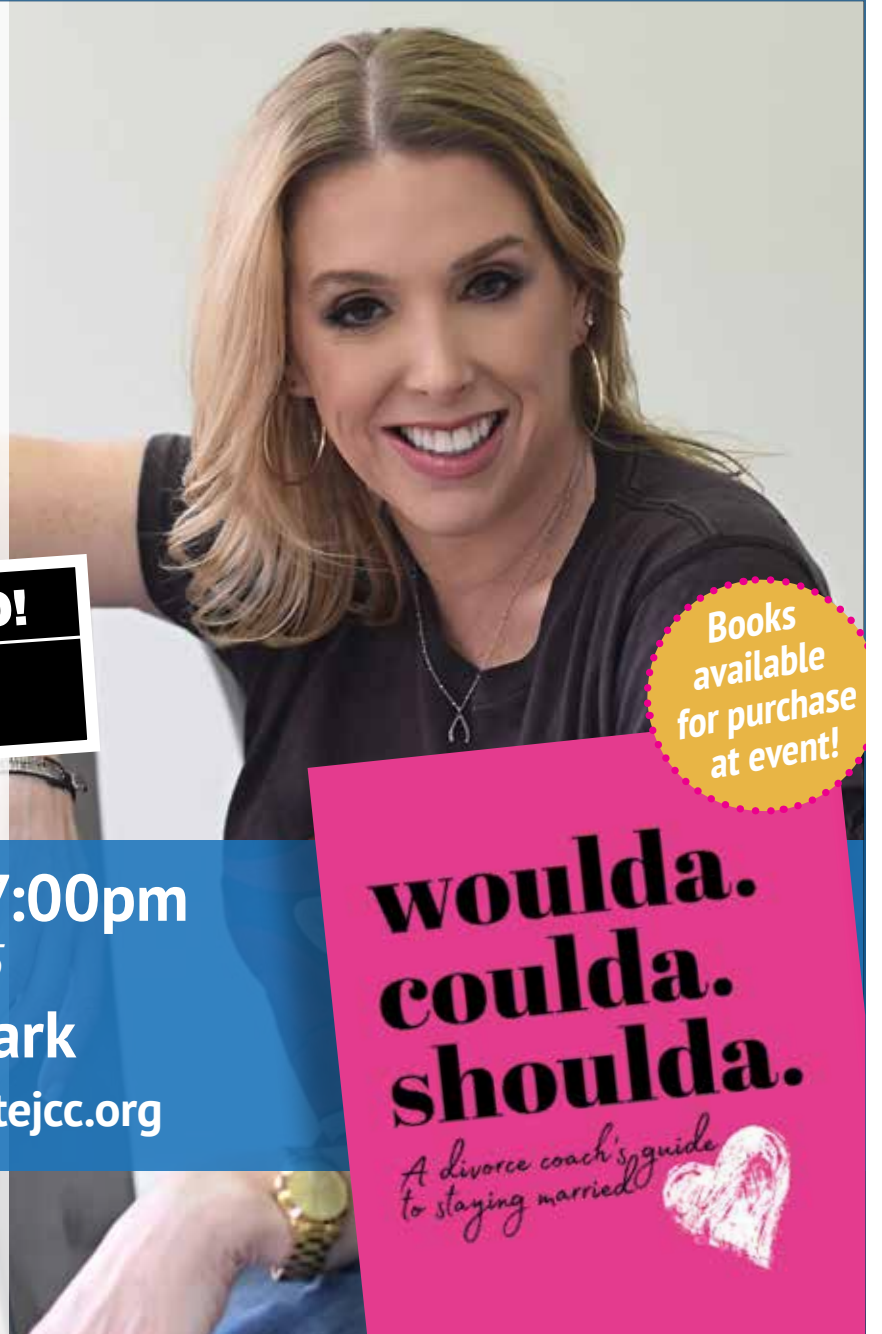
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Judaica in the Spotlight: A Peek into Morah Jayme's Judaica

At JPS we take much pride in our teachers and staff, and our Judaica program in particular. We want to give you a taste of how special Judaica is at JPS. Morah Jayme is our Judaica specialist and she is a celebrity in our classrooms. Read to find out why.

JPS: How many years have you been at JPS?

Morah Jayme: This December will mark my 18th year at JPS.

JPS: What is your favorite part about teaching Judaica?

MJ: I love to see the way that children light up when they realize they are part of something and realize that this is a Jewish school, that we are all Jewish, and that they belong.

JPS: What makes daily Judaica at JPS so special?

MJ: We are setting the foundation for Jewish learning at whatever level the students are on, so even our tiniest infants are surrounded by Jewish songs, plush Torahs, Jewish toys, and Jewish

books. We are told that the environment we surround children in deeply affects their souls, and as they continue to grow, we are building on what they know from infancy through five years old. In short, we are planting seeds. Many children may not further their Jewish education beyond preschool, so this is a very pivotal time to reach their Jewish soul. At our school, the children love Judaica; when they enter my classroom, each child gets a kippah, gives tzedakah, a special helper holds the siddur, and we all say tefillah together. We have circle time and then play in centers, but these centers have a Jewish twist, for example, we use our math skills to sort and count, but we are sorting apples for Rosh Hashana, challahs by color, etc. We want for our students to use all their senses to experience Judaism.

JPS: It sounds amazing. Tell us how Judaica integrated into the classrooms.

MJ: Each classroom has its

own tzedakah box, plush Torahs, Judaic books, Jewish posters, Jewish music, Alef-Bet charts, and the blessings are said over snacks and lunch. On Fridays the dramatic play area becomes a Shabbat table, and the holidays are celebrated in the classrooms through art and decoration.

JPS: How do you make Judaism relatable to children at this young age?

MJ: An important component of children's learning is consistency, and one of our goals is to bridge the gap between what we learn at school and what our families do at home so the children can truly internalize the message. We discuss with the children that they can say Shema at home before resting, that they can light candles at home on Friday night. We share as much as possible with the parents through newsletters and programming, so they have the opportunity to continue these special traditions at home. We take opportunities to teach

character development through doing good deeds daily like tzedakah, tefillah, and connecting to Israel on a daily basis. I want the Torah to be relatable to children, so we bring the Torah out to children on Simchat Torah and Shavuot so the children can see it and feel connected. This way, instead of it being mysterious, it becomes real and tangible. All these things help bring Judaism alive for our students.

JPS: Tell us who Avi is and how he joined JPS?

MJ: Avi is my sidekick. He joined JPS eight years ago and is a perpetual preschool student. He is a life-sized puppet who joins Judaica to teach us character development through puppet stories, he celebrates holidays with us, he says goodbye to each student at the end of Judaica, and they have the opportunity to hug him and say goodbye. He is an important member of the JPS family.

JPS: What is your mission in your role as Judaica teacher at

JPS?

MJ: My vision is for each child to feel good about who they are as a Jewish child and feel proud to be Jewish. I myself went to Jewish preschool and day school but I never felt a sense of pride in being Jewish, which was a missed opportunity. Here we do things that make Judaica fun and special, so our students feel lucky to be who they are.

JPS: How do families get involved in Jewish education?

MJ: We offer many programs throughout the year for families to help families get involved. Family Fun Day and Sukkot Brunch is a great opportunity for families to meet each other and spend time outside of school. They can do the mitzvot of Sukkot and be connected to what their children are learning at school. Dreidels with Dad, Grandparents Day, and Matzahs with Mom are all wonderful opportunities for parents to get a taste of the special time that is Judaica.☆



Students pose for a photo for our special Shabbat book.



Ava leads the class in Modeh Ani, thanking Hashem for a brand new day.



Maya celebrates her Jewish birthday during Judaica class.



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Sukkot Sukkot Sukkot

The Perfect Sukkot Meal

By Sam Marshall

Autumn ... growing up in South Africa that word meant very little to me. The leaves didn't change, fire pits were not lit, and large pots of meat and potatoes were not simmering on the stove. The season of comfort food, and what better way to celebrate the harvest than Sukkot. I have put together a three course meal that to me epitomizes this season; just the thought of it makes me yearn for cooler nights.

Our first course is a creamy (no cream) curried butternut soup. What yells fall better than a bowl of rich, orange, spiced soup? Roasting the ingredients adds a depth and flavor to this dish that cannot be duplicated. Fortunately, local grocery stores help with some of the labor in that you can buy already peeled and diced butternut.

Our main course stole my heart and won over my taste buds years ago. I remember it like it was yesterday. I was living on the army base in Israel and one of the soldiers invited me to have dinner with her family. I walked into the kitchen, and there it was, a large pot, sitting atop a mound of hot rocks, the smells, oh my ... one bite, and be still my heart, I was in love. What was this heartwarming goodness? This, my friends

brings us to one of the few truly Jewish dishes there are, Cholent.

Last but not least, is one of the most simple, yet delicious apple deserts you can make ... baked apples. The margarine (or butter, if you like) melting into the apples and the jam caramelizing all over gives you the tastes of apple pie without the calories of the crust. Top it with some ice cream (optional) and voila, five minutes of prep gives you a beautiful dessert.

Butternut Soup



Yield: 5 cups

- * 2 lbs. butternut (I like the cut, seeded, and peeled one from the grocery store)
- * 3 T. olive oil
- * 1 c. finely cut shallots
- * 6 lg. cloves of garlic, halved or pressed
- * ½ t. cumin
- * 4 c. chicken broth
- * Salt and pepper to taste

* 3 T. sherry

In a roasting pan add butternut, olive oil, garlic, shallots, and salt and pepper. Rub the oil and seasoning over the butternut so it is all coated. Roast on 350 for 20 min., or till butternut is soft and the shallots and garlic are turning golden brown. Boil the chicken stock. In a blender add, your butternut mixture and 2 c. of broth. Slowly add the remaining broth till you reach your desired thickness. Once you plate your soup, pour a t. of the sherry slowly over the top to add a little surprise sweetness. Remember that if you are eating it the following day the soup will thicken overnight so make sure you have a little broth on hand.

Cholent



Yield: 8-10 servings

- * 3 lbs. brisket cubed (or stewing beef)
- * 3 lbs. peeled and halved potatoes (I prefer red or gold as they

stand up better)

- * 1 lb. peeled and cut carrots
- * 2 diced white onions (lg.)
- * ¾ c. of barley
- * ½ c. kidney beans
- * ½ c. navy beans
- * 2 or 3 marrow bones
- * 3 T. molasses
- * 2 T. paprika
- * 1 t. salt
- * 1 t. pepper
- * 1 qt. chicken broth
- * 6 eggs

Lightly flour the beef that is cubed and put in a pan to sear the outside. In your crock pot, add your potatoes, onions, and carrots. Once beef is seared, place on top of the potatoes. In a separate bowl, add your beans and barley and wash them thoroughly. Add the garlic. Pour beans on top of the beef. Add seasoning, molasses, and broth together and stir up and pour into crock pot. If everything is not covered then add water till beans are covered. Place eggs, still in shell on top. Set your crock pot to 15 hours and allow to cook on low heat. You will want to check this periodically to make sure there is enough fluid and to turn the eggs. If not fully cooked at 15 hours then continue to cook. Crockpots cook at different temperatures so you want to adjust this to suit your own.

Baked Apples



- * Desired amount of apples
- * 2 T. of solid margarine (or butter, if you prefer) per apple
- * 2 T. of strawberry or apricot jam per apple
- * Ice cream (optional)

Core the apples so you remove all seeds. Place apples on a baking tray standing up, you want the thicker side on the bottom. Place butter and jam in the cored center. Place in oven and bake for 15-20 min. at 350 till jam is sizzling and apples are soft. Serve in a bowl with fresh cream or ice cream (dairy can be skipped or substituted to keep the meal kosher). ☆

Sam Marshall is a local restaurateur who has lived and cooked in Israel.

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How to Celebrate Sukkot without a Sukkah

By Sara Shapiro-Plevan

(My Jewish Learning via JTA)
— The central mitzvah of Sukkot is found in Leviticus 23:42, where Jews are commanded to dwell in a sukkah, a temporary hut, for seven days and nights. We do this in order to remember the experiences of our ancestors, both on the journey from Egypt to the Land of Israel and in a later era, when farmers brought offerings to the ancient Temple in Jerusalem at the time of the harvest.

But many people live in climates, neighborhoods, or buildings that preclude constructing and living in a sukkah. A local synagogue, campus Hillel, or even kosher restaurant will likely have one that you can use to fulfill the mitzvah of sitting in a sukkah. Yet everyone, with or without a personal sukkah, can turn to creative interpretations of “dwelling” and focus on the aspects of Sukkot that are oriented toward other rituals and customs to enrich the holiday experience.

At Home in a Hut

In the Torah, the children of Israel used sukkot (plural of sukkah) as their temporary homes while traveling through the desert. Instead of constructing your own temporary space — or in addition to it — you can help someone else acquire a permanent home. Habitat for Humanity runs building projects in many urban areas. There are also many Jewish organizations that address homelessness and poverty, such as the numerous groups that are part of the Jewish Social Justice Roundtable.

Other service programs in your community may help individuals transition from homeless shelters into homes by collecting housewares and other necessary items. The acknowledgement that there are those in our communities who have no shelter at all can bring a meaningful awareness to your celebration.

A Temporary Dwelling

A sukkah is a transitional shelter meant to provide only the basic structure of a building. In fact, Jewish law requires a minimum of 2-1/2 walls, and the ceiling, covered in tree branches and leaves, must be open enough so that the stars are visible.

One alternative is to build a sukkah-like structure indoors. For children, the act of building forts and tents is the creation of a personal play space. Adults can build a canopy over the dining room table using a tablecloth, or even over the bed — perhaps to look like a huppah, or wedding canopy — to enjoy the temporary shelter and reminder of transition that it evokes.

Harvest Holiday

In the Bible, Sukkot marked the time of the fruit and grape harvests. It is also harvest time in North America, and the produce of the season is readily available. You can visit a farmer’s market or even a farm to buy or help harvest seasonal fruits and vegetables. Go apple picking or just visit the park to collect fallen leaves and twigs to use as decorations. Create centerpieces for the home with fruits and vegetables, and plan meals

that incorporate a wide selection of local produce. Look for the variety of produce imported from Israel during this time of year, as well.

The Four Species

The lulav and etrog are made up of four kinds of plants (citron/etrog, palm/lulav, myrtle/hadas, and palm/arava) and are often called the four species, or “arba minim.” They function as one unit, and we say one blessing over them together: Their purpose is to gather and enjoy the plants of the land. Anyone can shake a lulav at home, in a synagogue, or wherever you find yourself, even out in the natural world. A lulav and etrog can be found online or in a local Judaica store.

The four are often referred to under the inclusive term lulav, since the lulav is the largest and most prominent of the species. Thus, while the mitzvah is to wave the lulav, this actually refers to waving all four species: palm, willow, myrtle, and etrog. Also, when people refer to the lulav and etrog, they are referring

to all four species, including the willow and myrtle.

Ushpizin

Welcoming guests is a Jewish value expressed all year by the mitzvah of “hachnasat orhim” (welcoming guests). Invite guests to your home for a sukkah party or a meal and serve harvest-themed treats. You might also host a picnic in a local park.

At Sukkot, we specifically welcome *ushpizin*, traditionally one of seven exalted men of Israel to take up residence in the sukkah with us: Abraham, Isaac, Jacob, Joseph, Moses, Aaron, and David. Be creative and encourage your guests to welcome their own *ushpizin* — famous personalities and heroes, ancient or modern, Jewish or not Jewish, who lived exemplary lives and continue to inspire.

The Time of Our Joy

In Jewish liturgy, Sukkot is referred to as the time of our joy, “*z’mán simchateinu*.” Take time off to spend with family or friends, or make lots of phone calls to wish a “*chag sameach*,” a



happy holiday, to loved ones who are too far to visit.

Make your home a joyful place with decorations in the spirit of the holiday: Decorate your front door with a harvest theme, hang paper chains from your ceilings or build a mini-sukkah out of graham crackers, pretzels, and icing to serve as a fun treat. Sukkahs (the Hebrew plural is sukkot) in Israel are often decorated with what Americans would refer to as “Christmas lights,” so grab a box

and string them around your windows and walls to transform your home into a sukkah.

The space and financial investment needed to build a sukkah can be very real, but finding ways to celebrate the holiday only takes some creative thinking. ☆

(Sara Shapiro-Plevan serves as the coordinator of congregational education for New York City for the Board of Jewish Education of Greater New York.)

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For more information about Women's Philanthropy, please contact Ilana Toch, Development Associate, at ilana.toch@jewishcharlotte.org or 704.944.6784.

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