

The Charlotte JEWISH NEWS

Celebrating Jewish Life

Vol. 44, No. 8

Elul-Tishri, 5782

September 2022

Charlotteans Bring Home More Than Medals From Maccabiah Games in Israel

By Carrie Rabinowitz

Enduring and deep friendships, great stories, a fiancée, and lots of medals were just a few of the things nine Charlotte-area competitors brought home from their three-week trip to Israel in July. They were part of the delegation of 1,300 athletes from the United States that competed in the 21st Maccabiah Games.

Evan Wisotsky, a rising sophomore at Providence High School, went with the hopes of winning a gold medal. He got that and more. “The greatest part of the experience was creating a brotherhood with my teammates and coaches,” he said, noting that it happened more quickly than he expected.

“Even though we were only there for three weeks, we got close quickly, and I would consider my teammates as close as family,” said Sophie Levine, a rising 11th grader at Providence Day School, who won gold on the U18 Women’s Basketball team. “The greatest aspect of my participation was how incredible it was to meet other Jewish people from all over the world and that knowing everyone on the court was Jewish.”

Arthur Lavitt, who received his gold medal from former President and Prime Minister Shimon Peres at the Maccabiah nearly 30 years ago when he competed in



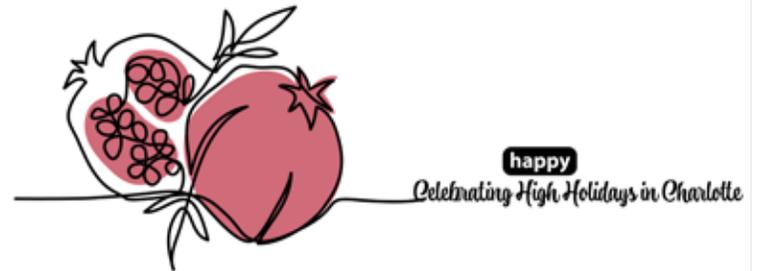
Evan Wisotsky and U16 Boys’ Junior Basketball win gold at Maccabiah Games

golf, traveled to Israel to watch his son, Brandon, compete in 3x3 basketball in July. Brandon, a rising freshman, who will be playing basketball at Susquehanna University in Pennsylvania, echoed the sentiments of Wisotsky and Levine. “The greatest aspect about my participation was the number of friends for life I made. I now have at least 20 friends around the country I will keep in touch with,” he said. Arthur, his dad, still keeps in touch with the friends he made decades ago.

The camaraderie and good will extended beyond the competitions. “Not only were my teammates fun guys whom I will keep in touch with for the rest of

my life, but the people of Israel were welcoming to all the participants of the games, regardless of where they were from,” said Seth Rabinowitz, a recent graduate of the University of South Carolina who won a bronze in the men’s 4x400 relay. “Now I want to go back again. I liked how I felt

Look inside for special insert, *Celebrating High Holidays in Charlotte*, including Community Calendar and From the Bimah: High Holiday Messages From Charlotte’s Senior Rabbis.



when I was there. I felt a sense of belonging.”

The first Maccabiah in 1932 had 390 Jewish athletes from 18 countries competing in 16 disciplines. The United States had the smallest delegation, with only 10 participants. This year, more than 10,000 Jewish athletes from 62 countries competed in 38 disciplines in the 21st Maccabiah Games. The United States had the largest visiting delegation with athletes ranging in age from 14 to 84.

Of the 2,299 medals awarded,

more than half — 1,468 — went to Israelis. Americans won the second most medals with 274 — 87 gold, 109 silver, and 78 bronze.

“Even though I won a gold medal, it still wasn’t the top thing that happened,” said Jordan Schilit, 31, who won the Open 10K road race, which was run at night through the streets of Jerusalem. “I thought it was the most amazing thing to be able to propose to someone who is passion-

(Continued on page 3)

Growth and Expansion of JFS Senior Engagement Services

Sheryl Gerrard, JFS Senior Engagement Manager

Rosh Hashanah is a time for looking forward — for reimagining ourselves and seeking ways to build upon what we have and who we are for the future. At Jewish Family Services (JFS), not only do we support our clients in making positive changes, but also we are always looking for ways to improve how we can support our community. In the Senior Engagement Department, this commitment to improvement is reflected by the recent growth in both the type and number of senior services available and an increase in staff to support those services.

Seniors are the largest growing population in Mecklenburg

County, and JFS is committed to responding to the growing numbers of seniors living longer and experiencing a need for higher levels of support. Thanks to increases in grants from both the Carolina Foundation for Jewish Seniors and Mecklenburg County, JFS is increasing staffing for senior case management services in both the Jewish community and the greater community throughout Mecklenburg County. This will allow us not only to continue providing existing vital support to seniors and their families, but also to address additional needs in new ways, such as through the unique wellness workshops we now offer.

After being extremely pleased with the work JFS accomplished through a grant to work with Ho-

locaust survivors, Jewish Federation of North America recently awarded JFS with a grant to support these workshops. These “Person-Centered Trauma-Informed” programs, offered at the Levine Jewish Community Center and at the Eastway Recreation Center, reach a diverse group of seniors. Using alternative therapeutic techniques such as mindful breathing, creative arts, and music and movement, our trained facilitators have been able to address grief, loss, and trauma while encouraging the development of various skills to cope with stress.

The additional staffing will also ensure JFS can continue to provide the broad support for se-

(Continued on page 8)

NONPROFIT ORG
U.S. POSTAGE PAID
CHARLOTTE NC
PERMIT # 1208
CHARLOTTE, NC

5007 Providence Road, Suite #112
Charlotte, NC 28226
Change Service Requested

From the Editor



Shira Firestone, Editor CJN

I am big on rituals, especially those rituals that support the transition from one state of being to the next. Judaism is filled with these rituals, which is a large part of what drew me to the religion. I love those practices that take my knee-jerk thoughts of past regrets and future fears and invite them to slow down and proceed with greater mindfulness.

If I'm honest, as frequently as I live in those dueling states of regret and fear, each competing for my attention, I need rituals on a regular basis, rituals that will meet me where I am, invite me to the present, and escort me

into a kinder future. Fortunately, the calendar offers no shortage of opportunities for these rituals.

We begin, of course, with the day of our birth, and we celebrate (or dread) every year thereafter with a variety of rituals, from blowing out candles to gift giving. We have opportunities with the new moons, when the sun and moon come into alignment — a time associated with positive change. We have Shabbat rituals and Havdalah rituals. And we have opportunities daily — morning rituals to transition into the day, and evening rituals to return us back to a time of rest.

One of the most obvious opportunities to reflect and set intentions as part of a transition is at the beginning of a new year. We have, of course, our secular new year on January 1, and then we have the Jewish new year — Rosh Hashanah. (Actually, The Mishnah speaks of four different new years throughout the year, but most modern Jews know Rosh Hashanah as, literally, the “head of the year.”)

It might at first appear as if

these moments of “out with the old, in with the new” are linear. After all, the calendar flips and a number is increased by one — the year, our age. From that linear perspective, we tend to only look in two directions — behind us and ahead of us. Too often in these moments we focus our attention on rejecting what was and romanticizing what will be.

I tend to see these moments of transition as an unfolding more than a moving forward — not a march with time, but a waltz with awakening.

It is not surprising, then, that I favor the spiritual depth offered by Rosh Hashanah over the frequently, though not always, superficial focus on the secular new year. I prefer the sound of a shofar blast that breaks open my heart to the clink of champagne glasses at midnight.

Rosh Hashanah has something else that the secular new year doesn't have. It has Elul, the month preceding the High Holidays. This year, Elul begins on August 28.

We often crash into January 1 after being hurled in that direction through a hectic month of busyness. Even if we're not directly taking part in the majority culture's holiday, it seems we can't avoid the frenzy. Crowds, music, lights, company parties, and vacations are everywhere. And if we're in a family of mixed faiths, we may be making gingerbread houses and latkes at the same time. Not necessarily the recipe for a month of taking personal inventory.

It's no wonder that the most we can muster on January 1 is a review of the year's top 40 hits, a list of resolutions, a dropping ball at midnight, and, if we're lucky, a kiss.



Elul, one of the four new years of Judaism, takes a different approach. It is an opportunity to search our hearts. “As we think about the promise of a new year, Elul is a time to take stock of the last year and our lives in general: Who am I? Where am I in my life? What were my greatest successes and failures during the last year? Am I pleased with the direction of my life? What are my regrets, and what do I wish to change? Am I facing difficult life challenges, and how am I coping with them? What have been meaningful experiences this past year, and what has brought me joy? What are my failings, and how do I wish to grow as a human being in the coming year? This process of self-exploration and soul-searching is called Heshbon HaNefesh “an accounting of the soul.” (Rabbi Aaron M. Lever)

To make this accounting, I incorporate rituals. Some have been prescribed for me from the Jewish tradition, others I've created for myself. One of the most important is the time I set aside in the mornings for prayer, meditation, and journaling. I sometimes look through my

Elul journal from the prior year hoping, I suppose, to discover how “far I've come” in the past year. More often, I am struck by how much seems to have remained the same! On the surface it seems I'm complaining about the same things, still afraid of the same things, and still trying to overcome the same failings.

Of course it isn't so. That's the linear perspective I reject. The beauty of Elul is that it encourages me to look deeper. With each prayer and each blast of the shofar, I see more clearly how I am changed from the year before. I see the path before me and I prepare myself for another season of “awe.”

I invite you to make the most out of this special time in the month of Elul. Though Rosh Hashanah doesn't begin until the last week of September, we decided that the September issue of The Charlotte Jewish News would be our special High Holiday edition. This is an issue not only to support you in celebrating the holidays, but also in preparation. The High Holiday insert provides information on the many ways in which you can engage with community during these holidays, and senior rabbis share their High Holiday messages with the “From the Bimah.” We hope you will pull it out and save it when you are done, and use it to find ways to create meaningful and joyful holidays for you and your loved ones.

L'Shanah Tovah U'Metukah — A sweet and happy new year!

Shira

Shabbat Candle Lighting Times

- September 2 — 7:30 p.m.
- September 9 — 7:20 p.m.
- September 16 — 7:10 p.m.
- September 23 — 7:00 p.m.
- September 30 — 6:50 p.m.



THE CHARLOTTE JEWISH NEWS

Shira Firestone, Editor

5007 Providence Road,
Suite 112
Charlotte, NC 28226
(704) 944-6765

www.charlottejewishnews.org
charlottejewishnews@shalomcharlotte.org

The CJN does not assume responsibility for the quality of kasruth of any product or service advertised. Publishing of a paid political advertisement does not constitute an endorsement of any candidate, political party or position by this newspaper, the Federation, or any of its employees.

Published monthly except July
An affiliate of Jewish Federation of Greater Charlotte



Are you looking for career opportunities with Jewish Federation of Greater Charlotte or with one of Charlotte's Jewish nonprofits? Visit our Jewish careers page at www.charlottejewishnews.org.

Help us improve your community paper. We welcome your feedback with this short survey.



Oren Jacobson
Co-Founder,
Executive Director of Project Shema

Understanding the American Progressive Movement & Israel

Wed. Sep. 21 at 7pm
(Sam Lerner Center for Cultural Arts)

Join us to gain a better, nuanced understanding of the ideas that shape the debate over Israel and Palestine, the potent political discourse and what they mean for engagement around Israel and/or antisemitism.

For more information visit:
jewishcharlotte.org



Together Against Antisemitism

Maccabiah Games



Sophie Levine and her Women's U18 Youth Basketball team bring home a gold medal.



Seth Rabinowitz wins a bronze medal in the 4x400 men's relay.



Evan, Sophie, Howard, and Julie Levine

(Continued from page 1)

ate about Judaism," he said of his on-stage proposal five minutes before his event. His now fiancée, Ericka Rahman, said yes.

The marriage of Jewish life and sports was central to the development of Marshall Einhorn, CEO of Maccabi USA. A self-described soccer player from birth, Einhorn knows firsthand the tough choices athletes have to make to accomplish their goals. "I think the beauty of the Maccabiah, in addition to the competition and the connection, is that it merges those identities," he said. "They don't have to choose between being a proud Jew and being a proud athlete. The backdrop of Israel, our

hometown, the context of sports and global Jewish people, it's an amazing recipe for connection."

The Maccabiah, which takes place every four years, is the world's largest Jewish athletic competition and the third largest

gathering of athletes in a multi-sport event in the world. The games were delayed in 2021 because of COVID; the 22nd games are scheduled for 2025. For more information, visit MaccabiUSA.com.

Participants from Charlotte included:

- Evan Wisotsky, U16 Boy's Juniors Basketball
- Jaclyn Feit, Women Open Basketball
- Cooper Fensterstock, Men's Open Ice Hockey
- Seth Rabinowitz, Men's Open Track and Field
- Jordan Schilit, Men's Open Track and Field
- Harris Helberg, Men's Open Track and Field
- Brandon Lavitt, U18 Men's 3x3 Basketball
- Sophie Levine, U18 Women's Youth Basketball
- Maya Gendzel, Women's Open Swimming (competed for Brazil)

COMPASS

Buying, Selling or Relocating?

Andrew is an award-winning agent ready to assist in your real estate journey. Named in the Top 1% of All Real Estate Agents in 2021 by Real Trends. In addition, Andrew is an involved member and leader in our Charlotte Jewish community.



Andrew Rosen
andrew.rosen@compass.com
M: 704.604.4756 | O: 704.234.7880

Andrew Rosen team of real estate agents affiliated with Compass, a licensed real estate broker under the name "Compass South Carolina, LLC" in South Carolina and under the name "Compass" in North Carolina and abides by Equal Housing Opportunity laws.

LET'S FINISH THIS!

\$5,000,000

2022 Annual Campaign to Date

Total Annual Giving	Total Donors	Percent of Goal
\$4,953,438	1521	99%

3 Ways to Give

Text "PLEDGE" to
704-327-0354

Visit
jewishcharlotte.org

Call
704-944-6757

Jewish Federation
OF GREATER CHARLOTTE

*as of 8/16/2022

Since 1974, we have assisted community families and businesses with:

- **Group Benefits**
- **Life, Disability & Long-Term Care Insurance**
- **Business Planning & Executive Benefits**
- **Medicare Plans & Annuities**

As part of the Windermere Insurance Group, Greenspon & Associates can now also help with:

- **Home & Auto**
- **Commercial Business Insurance**
- **Risk Management Services**

Keith Greenspon
Advisor

704.247.3033

kgreenspon@windinsgroup.com

Jewish Federation of Greater Charlotte - Center for Jewish Education

Sue's Bookshelf

Review of "The Latecomer"



By Sue Littauer

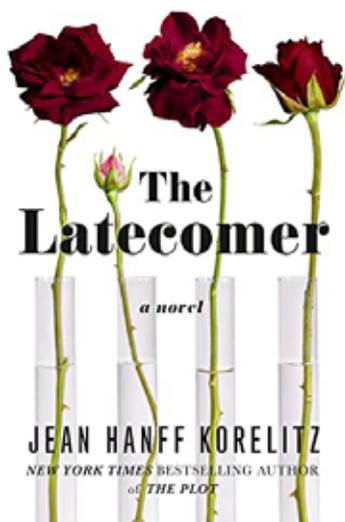
I've read several books this summer by Jewish authors, including "The Summer Place" by Jennifer Weiner, "Crazy to Leave You" and two others by Marilyn Simon Rothstein, and "Weather Girl" by Rachel Lynn Solomon. I recommend each of them, but the most outstanding book I've read this summer is "The Latecomer" by Jean Hanff Korelitz.

"The Latecomer," the story of a very dysfunctional family, raises a myriad of issues to contemplate and discuss and would be the perfect selection for a book club. What binds a family to-

gether? What tears it apart? How does a tragic event influence the entire life of an individual? How does one define the value of an education? What are the effects of religious exploration vs. tradition? What are the ramifications of scientific breakthroughs? How is art perceived differently by viewers and collectors? What are the psychological effects of the stalwart beliefs of the untruths of others? How do money and privilege influence the lives of individuals and families?

Harrison, Lewyn, and Sally are "test tube" triplets born in the early days of IVF. Their father, Salo Oppenheimer, is removed in mind and body from their household, while their mother Johanna wants nothing more than a happy home where siblings will form a lifelong bond to support each other in adulthood. The only shared desire of the three siblings is to get as far away as possible from each other and their parents.

While in college at Cornell, Salo Oppenheimer, the heir to a wealthy Jewish family, is the



driver of a car involved in an accident that killed two of his passengers. This tragic event stays with him throughout his lifetime. He psychologically removes himself from his family and later becomes obsessed with art. He is incredibly gifted at recognizing art that will later become astronomically valuable, and he spends an obsessive amount of time away from his family deriving pleasure from his paintings,

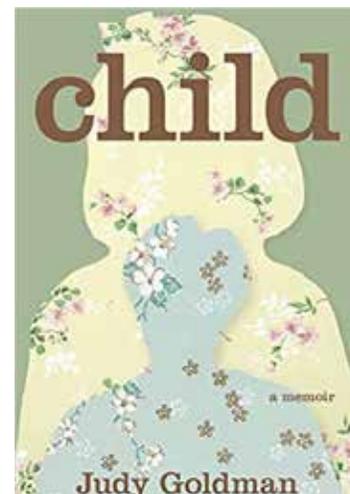
which are stored in a warehouse.

Johanna Oppenheimer thought bringing children into their household would bring happiness into their beautiful, remodeled Brooklyn home, which overlooks New York City. However, the triplets spend as much time hiding out in their rooms as possible, acquiescing only to a yearly family photo and birthday celebration in Martha's Vineyard. When the triplets go off to college, she is left alone and decides to unfreeze a fourth embryo from the earlier IVF process and hires a surrogate to carry her child, hence, "the latecomer."

At the triplets' 19th birthday celebration, a tragic set of circumstances sets in motion the basis for the remainder of the book. Eventually, mysteries are uncovered, truths are revealed, and family dynamics change. Many reviewers describe "The Latecomer" as satirical, witty, and profound. It is a multilayered, compulsively readable gift to unwrap.

CJE Book Club

Join us for our September Book Club meeting when Charlotte author Judy Goldman will discuss her best-selling book "Child: A Memoir." It is a fascinating read about the love between a child and her Black nanny during the Jim Crow era and growing up Jewish in Rock Hill, South Carolina during this time. All are welcome to join us for this event – Wednesday, September 14, 10:30 a.m. in the boardroom at Shalom Park.



Miss Debby's Best-Loved Children's Books

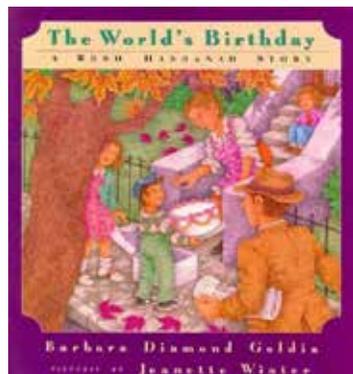
Best-Loved High Holiday Books



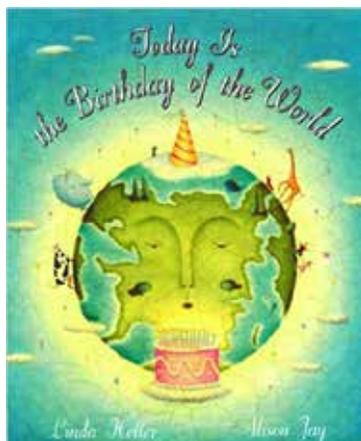
By Debby Block

In Jewish tradition, Rosh Hashanah is considered the birthday of the world! Two of my favorite Rosh Hashanah picture books illustrate this concept perfectly.

For years I have been reading "The World's Birthday: A Rosh Hashanah Story," by Barbara Diamond Goldin, to classes! In this best-loved tale, young Daniel wants to throw a party for the world's birthday. The best part is when the "world" blows out the candles on its birthday cake. Recommended for ages 3 to 7.



weapon - her amazing sense of smell, which she calls her super nose. I absolutely love the wit and humor of the illustrated, chapter book, "Once Upon an Apple Cake" by Elana Rubenstein. Saralee has to discover the secret ingredient in her Zandie's famous apple cake in time for Rosh Hashanah. Can Saralee save the day even when a rival restaurant threatens to steal the apple cake recipe? Of course, the book includes a recipe for apple cake to try this Rosh Hashanah. Recommended for ages 7 to 9 and for parents to read out loud to children ages 4 to 6.



A recent discovery, I have absolutely fallen in the love with the picture book "Today is the Birthday of the World" by Linda Heller. Beautifully illustrated by Alison Jay, this book encourages each animal and child to be the best that they can be, because there is no better birthday present to the world than to make it the best place that it can be. We all need that positive message, especially at the beginning of a Jewish new year! Recommended for ages 1 to 5.

Saralee Siegel has a secret

For babies and toddlers, I recommend "Rosh Hashanah is Coming" by Tracy Newman. Each page explains a different High Holiday tradition, from the round challah to the sound

of the shofar. The rhyming text is simple and joyful, while the repetition on each page of "Rosh Hashanah is coming" makes this book a winner. A new find, "Rosh Hashanah with Uncle Max" by Varda Livney, is a delightful board book that helps parents and kids learn High Holiday terminology in a fun, family-friendly format. Recommended for ages 1-4.

How about children's books for Yom Kippur? "The Hardest Word" by Jaqueline Jules tells the story of a mythical, gigantic bird called the Ziz that is sent by G-d to discover the most challenging word in the world, which, as you might guess correctly, is "sorry." Recommended for ages 3 to 7.

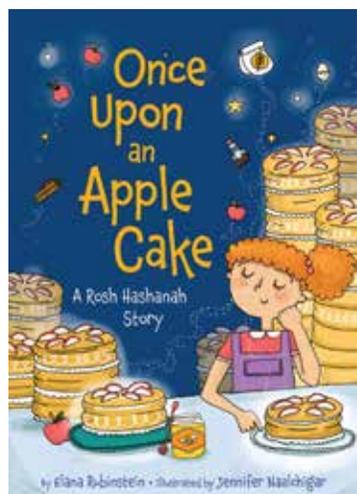
Another recommendation for Yom Kippur is one of my newer favorites, called "Talia and the Very Yum Kippur" by Linda Elovitz Marshall. With soft acrylic illustrations by Francesca Assirelli, this book tells the story of a young girl and her many misunderstandings about Yom Kippur. Talia thinks that Yom Kippur is all about a yummy breakfast. She does not understand that the kugel she makes with her grandma is for the breaking of the fast. Finally, Talia learns that Yom Kippur is the perfect time to ask for forgiveness. Yom Kippur is often a tricky holiday to explain to children, and this book does



a very good job. Recommended for ages 3 to 7.

Honorable mention goes to Charlotte's own Rochel Groner Vorst. Her book "Time to Start a Brand New Year" features rhyming text and laminated pages and provides a great way to learn about the High Holidays. Recommended for ages 2 – 6.

Debby's best-loved books and many more books for adults and children on the Jewish High Holidays may be found at the Levine-Sklut Judaic Library. Visit us today or call to reserve a copy (704) 944-6783. You may also visit our catalog at jewish-charlotte.org.



Melton School of Adult Learning Kicks Off Classes This Fall

By Tair Giudice, JFGC Chief Impact Officer

Jewish Federation of Greater Charlotte's Center for Jewish Education, in partnership with Temple Beth El and Temple Israel, is thrilled to bring back the Melton School of Adult Jewish Learning beginning this October with four six-week courses (two virtual and two in-person).

Melton is the largest pluralistic adult Jewish education network in the world, engaging adult learners in a life-enhancing study of Jewish texts and ideas that nurture and deepen the Jewish community worldwide.

"Center for Jewish Education is excited to offer this unique opportunity for continued Jewish learning to our community through the Melton School of Adult Jewish Learning," said Tair Giudice, chief impact officer at the Jewish Federation of Greater Charlotte. "As our Charlotte Jewish community continues to evolve and grow, we want to serve as a resource for those looking to better understand their Jewish identity and what it means to be Jewish in today's society."

The Melton Charlotte courses will kick off on October 26 with the in-person course "Pray it Forward: God, Gratitude, and Gathering Together." Led by Temple Beth El Cantor Mary Thomas, this six-week course will explore the evolution of prayer, the meaning behind prayers, and the power of meditation. The virtual course option, "Press Pause: Rest, Assured," begins October 27. Rabbi Helene Kornsgold, director of congregational education at Temple Israel, will guide participants through the study of the Jewish approach to mindfulness and self-care, tracing back to the roots of creation and the Jewish observance of Shabbat as the day of rest.

"We are thrilled to offer Melton as a part of Temple Beth El's welcoming, accessible, and meaningful lifelong Jewish learning opportunities," said Rabbi Asher Knight, senior rabbi at Temple Beth El. "We look forward to the ways Melton will help our community increase our Jewish literacy to provide us with intellectual challenge, moral guidance, spiritual enrichment, and the opportunity

to form deep and sustaining relationships across our community."

Melton Charlotte classes resume in 2023 with the in-person course "Soul's Cycles: A Ride Through the Chapters of Life," on January 18. During this course, Temple Israel's senior rabbi, Rabbi Michael Wolk, will guide participants through the Jewish perspective on some of life's important milestones, including birth, b'nei mitzvah, marriage, divorce, mikvah, and conversion. Learners will gain an understanding of the depth and complexity of Jewish values, concerns, expectations, and

hopes, preparing them for these moments.

The virtual course, "Between the Lines: From Text to Life," will kick off on January 19. Led by Temple Beth El associate rabbi, Rabbi Alexis Erdheim, this course will explore how we connect to ancient Jewish texts today and how they inspire action.

"Melton gives adults the chance to study some of Judaism's most important classical texts and modern ones in an open and pluralistic environment that encourages them to consider how these texts might

apply to them," said Rabbi Wolk. "I've taught Melton classes for seven years, and it is a pleasure to sit together with people of all denominations or no affiliation and to hear about their Jewish experiences."

To learn more about the courses offered, please visit melton-school.org/charlotte.



Jewish Federation OF GREATER CHARLOTTE



Best Selection, Quality, Value, and Customer Service Guaranteed.

Malak Jewelers
—SINCE 1980—
Charlotte, NC www.malakjewelers.com 704-341-1188

Pluralistic Adult Learning
FOR THOSE SEEKING A MORE MEANINGFUL JEWISH LIFE



Classes Starting October 26th

Melton Charlotte is a collaboration between the Jewish Federation of Greater Charlotte's Center for Jewish Education, Temple Israel, and Temple Beth El.

For more information go to www.meltonschool.org/charlotte

Foundation for the Charlotte Jewish Community Welcomes Abby Kleber, Assistant VP of Stewardships and Legacy Giving



Abby Kleber joins FCJC as new assistant vice president of stewardship and legacy giving.

By Phil Warshauer, FCJC Executive Director

The Foundation for the Charlotte Jewish Community (FCJC) is pleased to announce that Abby Kleber has joined the team as assistant vice president of stewardship and legacy giving. Abby will play a critical role in leading the next phase of our Create Your Jewish Legacy initiative (CJL), assisting with stewarding existing clients and helping to cultivate new fund relationships. Abby has recently served as development manager at Hospitality House of Charlotte and as annual giving manager at Loaves & Fishes.

“We’re extremely excited to welcome Abby to FCJC,” said Phil Warshauer, FCJC’s executive director. “Abby is very personable and brings a passion for nonprofit work and Judaism. She is a great addition to the FCJC team.”

A native of Greensboro, North Carolina, Abby attended UNC-Wilmington and received her Master of Public Administration, Nonprofit Management from the University of North Carolina at Charlotte. She is an active member of the Association of Fundraising Professionals (AFP).

“I am looking forward to

meeting the individuals and nonprofit leaders who are affiliated with FCJC,” said Kleber. “This opportunity combines my nonprofit experiences with the significant role that Judaism has played in my life. These are exciting times at FCJC, and I am eager to contribute.”

Abby Kleber can be reached at akleber@charlottejewish-foundation.org or (704) 973-4554.



J

THANKS to our Sponsors!

for another great tournament supporting the Oasis Senior Enrichment Program. See you in 2023!

Title Sponsors	TOURNAMENT	Eagle Sponsors
 Frank & Amy SCIBELLI	<p style="font-size: 1.2em; font-weight: bold;">LISA STRAUSE LEVINSON</p>	<p>MAIN STREET SWIMMER</p>
Birdie Sponsors	Hole Sponsors	In-Kind Sponsors
<p>Cadwalader, Wickersham & Taft, LLP</p> <p>Celebrity Greens</p> <p>Hendrick Motors of Charlotte – Mercedes Benz of NorthLake</p> <p>Jonathan Liles</p> <p>Unifirst Corporation</p> <p>Varda Partners</p>	<p>Centric Brands</p> <p>Bill & Melanie Hersch</p> <p>Howard & Julie Levine</p> <p>Little Caesars</p> <p>Moore & Van Allen, PLLC</p> <p>Phil's Deli</p> <p>David & Julie Sheffer</p> <p>Smile Charlotte</p> <p>Van Glish Group</p> <p>Wealth Management</p>	<p>Coca-Cola Consolidated</p> <p>Dick's Sporting Goods</p> <p>Hampton Inn and Suites</p> <p>Hendrick Lexus Charlotte</p>

Celebrating our Community's Legacy Donors

Foundation for the Charlotte Jewish Community thanks the individuals and families who have created 943 unique Jewish legacies to ensure the future of our Jewish community. These generous donors have collectively committed to more than \$38.6 million through bequests, individual retirement and life

insurance plans, without affecting current disposable income or lifestyles. Already, local Jewish organizations have received over \$2.5 million in realized legacy gifts. If you are interested in learning how to create your own Jewish legacy, please contact your favorite Jewish agency, Phil Warshauer or Abby Kleber.

Anonymous (23)
Ann and Bob Abel
Janet S. Abel
Bernie and Teri Ackerman
Susan and Benjamin Aizenman
Yvonne Amato
Bernard and Leah G. Amler
Anthony and Brooke Amo
Bette Andrews
Alan and Madeline Aron
Wilma and Gerson Asrael
Judy and Stan August
Amy Augustine
Jill and Craig Balick
Michele (OBM) and Harvey Barer
Gail and John Baron
Michael and Meredith Baumstein
Sanford and Lois Benjamin
Sharri and Peter Benjamin
Raymond Monty Bennett
Benjamin and Elizabeth Benson
Doug and Tara Benson
Philip M. Berman
Robert Berman
Brian and Glenda Bernhardt
Adam Bernstein and Tammy Seigel
Andrew Bernstein
Bobbi and Don Bernstein
Cary Bernstein and Alan Kronovet
Mark (OBM) and Louise (OBM) Bernstein
Nancy and Sam Bernstein
Susan P. Bessey
Lillian (OBM) and Irving Bienstock
Lee and Jeffrey Bierer
Roslyn Greenspon and Martin Birnbaum
Peter Martin Blair
Barry and Lisa Blau
Herman (OBM) and Anita (OBM) Blumenthal
Jill Blumenthal
Lee and Alan Blumenthal
Philip Blumenthal
Gary and Susan Bogarad
Edward Bograd
Michael and Lenora Borchardt
David and Bonnie Bornstein
Bunny Bramson
Marian (OBM) and Walter Brawer
Justin Bregman and Diana Warth Bregman
Teresa and Irving Brenner
Barry H. Brodsky
Tracy and Larry Brown
Chaim and Hanah Hawkins Burke
Doris Cagle (OBM)
Bobby Cain
Sera and Marvin Callif
David and Janice Cantor
Neil (OBM) and Caren Sacks
Susan E. Cernyak-Spatz (OBM)
Suly and Richard (OBM) Chenkin
Judith and Richard (OBM) Coates
Michael and Karen Coates-Traynor
Jena Coen
Aharon and Mintza Leah Cohen
Brian and Sonia Cohen
David Cohen
Paige and Mark Cohen
Rabbi Shlomo and Yiska Cohen
Steven and Olivia Cohen
Wendy Williams Cohen (OBM)
Jennifer and Jonathan Collman
Denise and Bob Cooper
Andrea and George Cronson
Michael and Beth Cupp

Irv and Deedee Gould Cygler
Gene and Deedee Daumit
Andrea and Jeremy Davids
Arlene and Gary (OBM) Davis
Jill and Michael Dinerman
Dana and Jeffrey Ditesheim
Ellen (OBM) and Dan (OBM) Dubin
Marcy and Fred Dumas
Paul and Lynn Edelstein
Steven and Ellen Block Englehardt
David and Aleen Epstein
Barry and Mary Ellen Ezarsky
Rabbi Murray and Barbara Ezring
Henry (OBM) and Margaret (OBM) Federlin
Alec and Nancy Felder
Roni and Glenn Fishkin
Dorlisa and Peter Flur
Robert and Beverly Friedman
Adam Foodman
Melvin W. and Caren N. Frank
Jacob M. and Hunter K. Fuerstman
Albert and Phyllis Garten
Loren Leah Gelber
Goodlyn Gelper
Y'honatan E. Gimbel
Stephanie and David Gitlin
Nancy Glass
Rhoda (OBM) and Aaron (OBM) Gleiberman
Alan (OBM) and Ruth Goldberg
Ken and Tammy Golder
Sandra Goldman
Mark and Linda Goldsmith
Margi L. Goldstein
Meg D. Goldstein and Matthew Luftglass
Milton and Arlene Goldstein
Shelton and Ellen Goldstein
Joy and Neal Golub
Jennifer Cohen Golyinsky and Leon Golyinsky
Barbara and David (OBM) Goodman
Brett H. Goodman
Michelle Goodman
Scott and Rebecca Goodman
Allen Gordon (OBM)
Bill and Patty (OBM) Gorelick
Jeff and Bari Gorelick
Marcelle Gorelick
Shelton (OBM) and Carol (OBM) Gorelick
Todd and Stacy Miller Gorelick
Alan and Merle Gottheim
Fay (OBM) and Dan (OBM) Green
Karen Greenblatt
Keith E. Greenspon
Stan Greenspon
Jodi and Josh Greenwald
Bill and Gloria Grifenhagen
Yossi and Mariashi Groner
Deidre and Clay Grubb
Elizabeth Ren and Michael Grunwald
Anna Gunsher
Bonnie Hart
Stephanie Haynes
Richard (OBM) and Barbara Herd
Ted and M.E. Hessberg
Steven and Sharon Hockfield
Vicki Hopkins
Joel Horwich
Christy and Andy Horwitz
Jake and Betsy House
Jonathan M. Howard
Jodie and Michael Iagnocco Family
Robert (OBM) and Linda Isser
Donald L. and Susan Sachs Jacobs

David Jacobson
Jake Jacobson
Robert and Leola (OBM) Jacobson
Florence Kaufman Jaffa
Sol (OBM) and Janet (OBM) Jaffa
Brian and Raizel Kahn
Alyson Kalik
Ronald and Mary-Margaret Kantor
Morton and Mary Kaplan
Dana and Andrew Kapustin
Andrew and Susan Karp
Barbara and Alan Katz
Kenneth and Kimberly Katz Family
Nancy and Robert Kipnis
Joan Kirschner
Paula and Richard Klein
Robert P. and Moira Quinn Klein
Dorlisa and Peter Flur
Lorrie and Barry Klemons and Family
Barry Bobrow and Karen Knoble
Elise and Jaime Kosofsky
Lee and Sheila (OBM) Kritzer
Sara and Jonathan Kulbersh
David A. Lash
Jack (OBM) and Carole Lash
Gladys Lavitan (OBM)
Judy and Eric Laxer
Dale Lederer
Janet and David Lefkowitz
Alison and Mark Lerner
Eric and Susan Lerner
Gary and Donna Lerner
Harry and Gloria Lerner
Barbara and Jerry Levin
Binyamin and Ilana Levin
David and Brenda Levin and Family
Donna (OBM) and Norman Levin and Family
Ross C. Levin
Alvin (OBM) and Helene Levine
Elissa and Joshua Levine
Howard and Julie Lerner Levine
Leon and Sandra Levine
Louis Sinkoe and H. Kevin Levine
Miles and Debra Levine
Sol Levine (OBM)
Ellis Levinson (OBM)
Eric Levinson
Gary and Janie Levinson
Holly and Hal Levinson
Jack and Alison Levinson
Lisa Strause Levinson
Sam and Linda Levy
Laura and Marc Lewin
Robert (OBM) and Inta Lidz
Andrew and Gwendolyn Lindner
Marshall (OBM) and Faylinda Lindner
Jill and Marc Lipson
Don and Ellice Liss
Ron and Frances Liss
Sue and Mike Littauer
Joshua and Adina Loewensteiner
Annie and Harrison Lord
Isaac (OBM) and Sonia (OBM) Luski
Rose (OBM) and Abe (OBM) Luski
Audrey Madans (OBM)
Karen and Gary Maniloff
Michael and Leslie Marsicano
Larry Farber and Sherri McGirt
Linda McLendon
Peggy McManus
Michael Meiselman (OBM)
The Meiselman Family
Elise Menaker
Polly and Steve Menaker
Scott and Pamela Menaker

Laura Milgrim
Risa and David Miller
Staci and Darren Mond
Jennifer Monroe
Yosef and Helen Moshfegh
Elsa and Martin Multer
Margaret Musa
Paula Sigal Musler
Bruce and Candace Naliboff
Leah M. Naliboff
Elizabeth and Jeremy Naman
Edwin and Jill Newman
Larry and Carole Nicholson
Michael and Judith Norman
Eva Nove
Gwen and Paul Orland
Andrew T. Osborne
Gale Osborne
Richard J. Osborne
Victor (OBM) and Evelyn (OBM) Osborne
Nadine and Arthur Oudmayer
Marcelle and Allan Oxman
Wendy and Lee Pake
Brenda and Floyd Patten
Cyndee Patterson
Harriet and Mark Perlin
Diggie and Lee Pesakoff
Wendy and Adam Petricoff
Stephen and Laura Philipson
Rachel and Darren Pierce
Debora and Ed Pizer
Milton and Gene Ruth Poler
Larry and Dale Polsky
William and Debra Porter
Baila and John (OBM) Pransky
Michael and Cheryl Rabinowitz
Dena and Michael Raffier
Karen and David Ransenberg
Steven and Melissa Raphael
Alan and Jan Raznick
Rick Glaser and Ellen Reich
Tonda and Mitchell Rifkin
Julie and Scott Rizzo
Albert Rogat
Wendy and Sandy Rose
Andrew and Jennifer Rosen
Eliot and Shirley Rosen
Estelle and Murray (OBM) Rosen
Liam G. Stokes and Betsy Rosen
Wendy and Frank Rosen
Bruce Bishop Cheen and Regina Rosenberg
Karen and David Rosenthal Family
Anita Rounds
Ilya and Chantal Rubin
Dan and Toby Ruda
Leon Rutman
Mark Sahn (OBM)
Fern T. Sanderson
Neil (OBM) and Carol Sandler
Susan and Bernie Sandler
Allen Sherman and Suzy Savod
Gerry and Barbara Schapiro
Michael Scharf
Marty and Elaine Schefflin
Mike (OBM) and Sara Schreibman
Renee and Philip Schreibman
Chris and Jon Schuller
Larry Schwartz
Albert (OBM) and Dorothy (OBM) Segal
Melvin Segal
Howard and Andrea Seidler
Linda C. Seigel
Amy Jill Seitlin
Bobby and Stacey Selkin

Daisy Shapiro-Rieke / Julie Irma Shapiro
Morey and Lynne Sheffer
Barry M. Sherbal
Lisa and Fred (OBM) Shporer
Raenea Siegel
Marc and Mattye Silverman
Ruth Silverman (OBM)
Gary and Maxine (OBM) Silverstein
Jonathan and Stephanie Simon
Marcia and Paul Simon
Anne and Mike Sinsheimer
Lori and Eric Sklut
Leonard (OBM) and Ann (OBM) Slesinger
Ira and Stacey Slomka
Ruth Ann and Tom Smith
Steve and Emily Snyder
Marcia Solomon
Phil Solomon
Harry and Laurie Sparks
Bob (OBM) and Carol (OBM) Speizman
Sheldon and Randy Sperling
Sophie Splender (OBM)
Philip and Lauren Stark
Gary and Stephanie Starr
Stephanie and Steven Starr
Robert and Maxine Stein
Norman Steinberger (OBM)
Joseph and Renee Steiner
Ken and Marcia Stern
Sam (OBM) and Alene (OBM) Strause
Anita Strauss-LaRowe and Bruce LaRowe
Irving and Sylvia Swartz
Marilyn (OBM) and Harry Swimmer
Emery and Jacqueline Szabo
Mike and Andie Taylor
Beverly Tirsun
Cheri and Marc Titlebaum
Patty Torcellini
Stephanie Townsend
Natalie and Mike (OBM) Tunney
Eleanor and Morton (OBM) Turk
Jeffrey and Karen Turk
Harold and Cynthia Turtletaub
Amy and Ross Udoff
Robert and Ellie Valenstein
Fred and Katie Valfer
David and Debra Van Glish
Judie and Michael Van Glish
Amy and Mark Vitner
Maor and Amy Waizman
Phil and Beth Warshauer
Janice and Ronald Weiner
Liz Wahls
Alexander Weinstein
Mark Weintraub
Anne and Michael Weiss
Evan and Debby Weiss
Susan and Robert Weiss
Elizabeth Star Winer
Mort Wise
Eric and Joanna Wisotsky
Marc and Kim Wojnowich
Mary (OBM) and Simon (OBM) Wojnowich
Nora Wolf
Robert and Sandra Wolf
Kim and Sue Worrel
Michael and Nancy Yaffe
Scott M. and Lisa Braverman Yarbrough
Brian Yesowitch Family
Robert (OBM) and Anne Yudell
Marisa and Joe Zeibert
Herman and Barbara Ziegler
Emily and Samuel Zimmern
William and Angela Zimmern
Mildred Zuckerman (OBM)



This list is not all inclusive. We know there are individuals and families who have created Jewish legacies but have not chosen to make their plans public. We thank them as well.

704.973.4544 • www.charlottejewishfoundation.org

Death by Suicide: A Preventable Health Crisis

Howard Olshansky, JFS Executive Director

- 45,979 Americans died by suicide, making it the 12th leading cause of death.

- It is the third leading cause of death for ages 10 to 19.

- It is the second leading cause of death for ages 20 to 34.

- It is the fourth leading cause of death for ages 35 to 44.

- More than one-third of people who died by suicide were 55 or older.

With statistics like these, it is no wonder leading health experts have identified suicide as a world health crisis, one that is preventable. September is National Suicide Prevention Month. Throughout the month, mental health advocates will be promoting strategies to reduce the number of deaths by suicide.

This year, one of the most important priorities will be promoting and educating about the new 988 Suicide and Crisis Lifeline. Implemented in July of this year, the 988 Suicide and Crisis Lifeline (formerly known as the National Suicide Prevention Lifeline) provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, seven days a week, across the United States. The Lifeline is composed of a national network of more than 200 local crisis centers, combining custom local care and resources with national

standards and best practices.

This year's Suicide Prevention Month campaign is #BeThe1To. The slogan represents the research that shows people who are having thoughts of suicide feel relief when someone asks them in a caring way. The campaign promotes #BeThe1To:

- Ask. It's OK to ask whether someone is hurting or thinking about suicide.

- Be There. Individuals are more likely to feel less depressed, less suicidal, less overwhelmed, and more hopeful after speaking to someone who listens.

- Keep Them Safe. A number of studies have indicated that when lethal means are made less available or less deadly, suicide rates by that method decline, and frequently suicide rates overall decline.

- Help Them Stay Connected. Helping someone at risk create a network of resources and individuals for support and safety can help them take positive action and reduce feelings of hopelessness.

- Follow Up. Brief, low-cost intervention and supportive ongoing contact may be an important part of suicide prevention.

- Learn More. Visit websites and participate in events that promote suicide prevention activities and diffuse the stigma of accessing mental health treatment.

It is important to understand that the act of taking one's own

life may not be an impulsive one. The reason suicide is a preventable death is that most people who die by suicide have had previous suicidal thoughts, demonstrated emotional challenges, and presented warning signs. The American Foundation for Suicide Prevention identifies the following:

Warning signs

Something to look out for when concerned that a person may be suicidal is a change in behavior or the presence of entirely new behaviors. This is of sharpest concern if the new or changed behavior is related to a painful event, loss, or change. Most people who take their lives exhibit one or more warning signs, either through what they say or what they do.

Talk

If a person talks about:

- Killing themselves
- Feeling hopeless
- Having no reason to live
- Being a burden to others
- Feeling trapped
- Unbearable pain

Behavior

Behaviors that may signal risk, especially if related to a painful event, loss or change:

- Increased use of alcohol or drugs
- Looking for a way to end their lives, such as searching online for methods



This year's theme for National Suicide Prevention Month: #BeThe1To

- Withdrawing from activities
- Isolating from family and friends
- Sleeping too much or too little
- Visiting or calling people to say goodbye
- Giving away prized possessions
- Aggression
- Fatigue

Mood

People who are considering suicide often display one or more of the following moods:

- Depression
- Anxiety
- Loss of interest
- Irritability
- Humiliation/Shame
- Agitation/Anger
- Relief/Sudden Improvement

If you see someone exhibiting these warning signs, don't be afraid to reach out. You can #BeThe1To: possibly save someone's life. If you or someone you know may be thinking about suicide call 988. For more information about mental health resources contact JFS at 704-364-6594 or go to www.jfscharlotte.org.



National Suicide Prevention Lifeline transitions to easy to remember three digit number: 988

JFS Continued

(Continued from page 1)

niors and their families through existing services that are at the heart of senior case management. In addition to connecting seniors to resources related to primary care issues such as housing, transportation, medical care, and nutrition, JFS case managers assist with socialization, long-term care planning, relocation support, life transitions, and other issues related to aging. Each day our staff assists family members who want to relocate their aging parents to Charlotte.

However, JFS also recognizes that, beyond basic needs, it is critical that our seniors' social and emotional needs are being met and that seniors have opportunities to stay engaged with the community and each other. Studies show that social isolation significantly increases health-related issues, dementia, and premature death. To address this serious need, JFS offers a variety of programs, activities, and what we call "touches" to ensure our senior community stays connected.

JFS offers the aforementioned wellness workshops, helping seniors address grief, loss, and trauma while devel-

oping skills to cope with stress.

JFS provides many opportunities for seniors to celebrate holidays. Whether these events are larger community celebrations, like the annual Hanukkah and Purim celebrations, or smaller holiday programs at individual senior living communities, these activities ensure that seniors can commemorate their culture and heritage.

JFS volunteers provide outreach visits and phone calls to senior adults who are feeling isolated. Our trained volunteers are paired with senior adults who could benefit from additional social interaction. Often these relationships grow into true friendships that last for years and provide much comfort to both the senior adult and the volunteer.

JFS works closely with our community's Holocaust survivors to ensure their needs are met and to recognize their contributions to our heritage and community. JFS support can include accessing German government funding for services such as in-home support, assisting in participation in community programs like the annual Yom HaShoah commemoration,

and providing opportunities to connect to each other.

In anticipation of Rosh Hashanah, JFS staff and volunteers are preparing more than 125 "Taste of the Holiday" gift bags. This is just one of five celebratory bags delivered by volunteers throughout the year, including for Rosh Hashanah, Purim, Hanukkah, Passover, and monthly birthday celebrations. What began as a way to engage with isolated seniors in assisted living communities has more than doubled in numbers as JFS provides outreach to senior adults throughout our community.

If you or someone you know is in need of senior services, is interested in participating in a program, including Wellness Workshops, or would like to volunteer, contact JFS at (704) 364-6594.

~Handpainted Needlepoint Coasters ~ Huge Selection of Yarns ~ Expert Finishing
Complimentary Lessons ~ Unique Gift Ideas
All proceeds go to local charities

Yours Truly
Needlepoint and Knitting

Knit ~ Crochet ~ Needlepoint

THANKS TO THE WORK OF VOLUNTEERS
14,500 blankets have been donated to the Levine Children's Hospital, Hemby Children's Hospital and the Shriners Hospital (Greenville, SC) and 10,000 chemo hats have been donated to facilities for cancer patients around Charlotte.

Join Us!
Wednesdays 8-11 AM at the Levine Jewish Community Center
Thursday 9 AM-5 PM in the home of Lynn Edelstein, 3802 Columbine Dr.
(704) 366-6765



Jewish Family Services July 2022 Tributes

For a speedy recovery of Barbara Karro

Paul and Lynn Edelstein

In appreciation of Keith Greenspon

Stanley Greenspon

In appreciation of Rabbi Judith Schindler

Stanley Greenspon

In appreciation of Rabbi Richard Rocklin

Stanley Greenspon

In appreciation of Rabbi Yossi Refson

Stanley Greenspon

In appreciation of Rachel Green

Rabbi Dusty Klass

In appreciation of Roz Greenspon

Stanley Greenspon

In appreciation of Susan Shallo

Stanley Greenspon

In Honor of Kevin Levine and Louis Sinkoe

Dan and Nancy Coblenz

Kim and Sue Worrel

In Honor of Madeline Aron

Teri Seidman

Happy Birthday to Diggie Pesakoff

Joe and Pam Ballato

Steven and Marsha Zaidman

Happy Birthday to Jim White

Abraham and Amalia Warshenbrot

Happy Birthday to Judy Marco

Paul and Lynn Edelstein

Happy Birthday to Leon & Sandra Levine

Helene Levine

Happy Birthday to Marvin Shapiro

Paul and Lynn Edelstein

Happy Birthday to Nancy Novell

Abraham and Amalia Warshenbrot

In Memory of Alan Goldberg

Cheryl Alley

Paul and Lynn Edelstein

Flo Lefkof and Amy Lefkof

Eric and Susan Lerner

Gale Osborne

Edwin and Leslie Rusgo

Abraham, Amalia, Ruthie, and Ory Warshenbrot

Howard Wollner

In Memory of Alan Swimmer

Stuart and Carolyn Hennes

In Memory of Denise Cooper

Abraham and Amalia Warshenbrot

In Memory of Ellen Kelso

Barry Bobrow and Karen Knobke

In Memory of Janet Chaitman

Michael and Cheryl Kahn

Ron and Nancy Kingsley

Harriet Tzinberg

In Memory of Norman Steinberger

Shirley Frank

In Memory of Robert Speizman

Leonard and Judi Strause

In Memory of Jill Newman's sister, Ruthie

Paul and Lynn Edelstein

Jack and Vera Mendel

Leonard and Judi Strause

In Memory of Silvia Kelman

The Binnick and Weinstein Families

Sam and Rose Bromberg, Jean Bromberg, Robin and Len Gross

The Heyder Family

Gitta, Bella Newmark, and Family

Leonard Rogoff

Molouk Saleh

In Memory of Steve Kaufmann

Paul and Lynn Edelstein

Shirley Frank

Mazel Tov to Scott and Dana Gorelick

Paul and Lynn Edelstein



**Jewish Family
SERVICES**

Engaging • Connecting • Healing

Jewish Family Services July 2022 Volunteers & Donors

- **Volunteers:** Marcia Arnholt, Mike Arnholt, Amy Baden, Andrew Bernstein, Suzy Catennazo, Dan Coblenz, Jonathan Collman, Andrea Cronson, Julie Dermack, Joni Deutsch, Terri Fishman, Delia Friderwitzer, Rachel Friedman, Meredith Gartner, Marty Goldfarb, Richard Goldsmith, Jennifer Golynsky, Gail Halverson, Rebecca Hockfield, Oren Hubara, Dawn Hubbs, Bob Jacobson, Jodie Joseph, Alyson Kalik, Michael Kaplan, Jennifer Koss, Rikki Kinitsky, Etti Krause, Elliot and Stephanie Krietman, Marcia Lampert, Adina Loewensteiner, Matt Luftglass, Gene Marx, Frada Mozenter, Wendy Petricoff, Barbara Rein, Steven Rogelberg, Nina Rose, Marilyn Schuster, Lynne Sheffer, Janice Shubin, Cindy Siesel, Louis Sinkoe, Mattye Silverman, Lorin Stiefel, Steve Teich, David and Beth Thrope, Nancy Wielunski, Amanda Zaidman
- **Hadassah Meal Preppies:** Sharon Cavanaugh, Sara Friedman, Talia Goldman, June Hirschmann, Karen Futersak, Yvette Jacobson, Judy Kaufmann, Penny Krieger, Andrea McCleary, Helene Schillian, Joyce Stoll, Amy Strasser, Elissa Vining
- **Shalom Green:** Thank you to your volunteers for harvesting fresh produce for the JFS pantry.
- **Food Pantry Donations:** Thank you to our generous community for continuing to donate to the food pantry. We continue to collect donations every other Wednesday at the portico entrance to the Blumenthal Center for Jewish Education Building on Shalom Park.

Wellness Workshops

Have you experienced trauma, loss, or grief and are age 60+?

Program provided at no cost due to a grant from JFNA.

Jewish Family Services is pleased to offer:

WELLNESS THROUGH MUSIC

Connect with mind, body, and spirit through music-assisted relaxation, singing, song discussions, and live music-making.

October on Thursdays from 12:30-2:00 (10/6, 10/13, 10/20 & 10/27)

WELLNESS THROUGH MOVEMENT

Participate in a personal journey of self-discovery using movement, meditation, breath work, discussion and experiential exercises.

November on Tuesdays from 12:30-2:00 (11/1, 11/8, 11/15 & 11/22)

Workshops will be led by experienced facilitators.

No experience necessary.

Location: LJCC Teen Meeting Room

For more information or to register, call 704.364.6594.



Center on Aging
and Trauma



**Jewish Family
SERVICES**

Engaging • Connecting • Healing



In Memory of Steve Kaufman

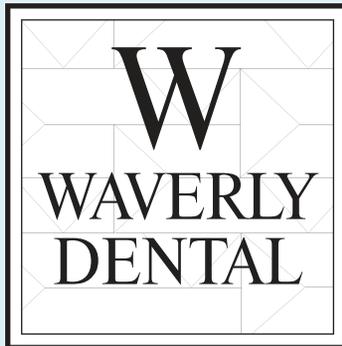
To our friends, thank you so much for your warm and comforting condolences. All the support, cards, calls, and the memories you continue to share, as well as the generous donations in Steve's memory, highlight what a special person he was. Your thoughtfulness holds a special place in our hearts.

Judy Kaufmann & Family



PJ Library: We Got the Beat

Let's make a joyous noise! On a beautiful Sunday in August, PJ Library families got together to enjoy a Jewish jam session in the park. After making drums, parents and children sang, danced and moved to the beat with rhythm sticks and drums.



Dr. Ron Cohen, DDS

Dr. Ryan Matthews, DMD
Prosthodontist/General Dentistry

Dr. George Soung, DDS, FAAOMS, FACOMS
Board Certified Oral Surgery

Dr. Mallery Forrest, DDS, MSC
Orthodontist

Offering General Dentistry, Orthodontics, and Oral Surgery



11840 Southmore Drive Suite 150 Charlotte, NC 28277
The dental office is located inside the Novant Health Building at Waverly

www.waverlydentalgroup.com
704 • 246 • 7677

Preparations Underway for JCRI's Third Annual Drive-Through Sukkah for Refugees

By Amy Lefkof

"Sukkot is a Jewish holiday that commemorates both the fragile 'booths' set up during biblical harvests and the temporary shelters used during the Jewish people's 40-year migration in the desert following their exodus from Egypt.

"During our celebration of Sukkot, October 9–October 16, the Jewish Community Refugee Initiative recognizes the plight of today's refugees and asylum seekers who often occupy temporary, precarious housing on their journey to a safe new destination.

"Because Sukkot is a harvest holiday during which we normally sit together in a Sukkah and eat vegetables and fruits that are harvested during this season, we are glad to fill these COVID relief totes with vegetables and fruits and other staples for our refugee neighbors.

"Our faith commands us to welcome the stranger and protect the refugee."

May we share the bounty of the harvest together."

The words above are on the note that will be attached to 100 totes that members of the



JCRI volunteers during Sukkot 2020 form an assembly line to help fill food bags for refugees.

Jewish Community Refugee Initiative (JCRI) will fill with fresh produce, dry goods, and cleaning supplies for refugees here in Charlotte. This is the third consecutive year that JCRI will partner with Refugee Support Services (RSS) to provide a Drive-Through Sukkah for Refugees. The idea originated at the beginning of the COVID pandemic, and given the most recent surge of both COVID and grocery food prices, there is a need once again for members of the Jewish community to celebrate the holiday of Sukkot in

this very special way.

Volunteers are needed to box food and kitchen items on Shalom Park under the Poliakoff Pavilion on Tuesday Oct. 11 from 1 to 2:45 p.m. It will be outside in assembly-line fashion, and we will be spaced apart.

Delivery of the totes will be early the following morning, Wednesday, October 12 at RSS's new location on the grounds of Aldersgate, 3925 Willard Farrow Drive.

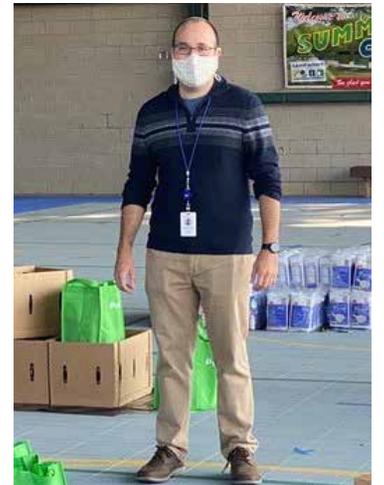
RSS executive director, Lindsay LaPlante, explains that the goals of the program "are not

only increased access to food and information for program participants but also increased community connection through partnerships and initiatives like this one with JCRI."

If you are interested in working the assembly line, serving as a food buyer, or helping with delivery of the filled totes to RSS, please contact Amy Lefkof at lefkofamy@gmail.com.

JCRI needs to raise between \$700 and \$1,000 to purchase the food and kitchen supplies. If you are interested in making a monetary donation, please send

a check payable to Temple Beth El (TBE) with JCRI in the memo line. Although JCRI is a Shalom Park-wide social justice initiative, TBE is JCRI's fiduciary agent.



Rabbi Wolk, a recent arrival to Charlotte back in 2020, explained how delivering Covid relief totes helps us fulfill the commandment to welcome the stranger and protect the refugee.

J

LEVINE JCC

#ReadySetGOals

charlottejcc.org

POWERED BY Jewish Federation of Greater Charlotte

FALL

COURSE
REGISTRATION
GOING ON
NOW!

Fall programs not to miss:

- Intro to Martial Arts
- Running for Everyone
- Youth Soccer
- JSTEPS Dance Classes
- Family *Nailed It* Baking Challenge
- Thanksgiving JTROT
- Feed the Hungry
- Fitness GLOW Dance Party
- Camp Mindy Fantasy Football League
- Tennis Classes for All Ages
- Swim Lessons for All Ages
- Join the Year-round Swim Team
- Teen Life Skills Course



Mona's JEWISH COUNCIL OF LAKE NORMAN **JEWISH DELI FEST**
BRINGING JEWISH DELI DELIGHTS TO DAVIDSON

SUNDAY • SEPTEMBER 18, 2022 • NOON-4:00
THE VILLAGE GREEN IN DAVIDSON • 119 S Main Street



3 MONTHS OF SAVINGS!
June **20%**
July **15%** August **10%**
Discounts apply online only
June 1-30, July 1-31, August 1-31
PREORDER ONLINE www.delifest.org

The Jewish Deli Fest is Back



Lake Norman's Jewish Deli Festival is back with a new name and an improved schedule! In honor of the passing of our beloved chairperson, Mona Lieberman, we are lovingly renaming the festival Mona's Jewish Deli Festival, and we're back to feed all our hungry friends!

Join us on Sunday, September 18, 2022 from 12 to 4 p.m. for an incredible celebration of Jewish culture, including entertainment such as a traditional Jewish dance master, balloon artist, Bubble Man and more. We'll also be selling an assortment of delicious Jewish deli food, such as corned beef, pastrami, hot dogs, knishes, falafel plates, matzo ball soup, and more! Pre-order your food on the Deli Festival website, delifest.org to ensure you secure your delicious sandwich.

Last year's festival was a huge success with a massive amount of attendees, so this year we're ensuring we are prepared with improved technology, organization and sponsorship opportunities available. If you would like more information on any of this, please visit delifest.org, where you can learn more about what to expect at this year's festival.

We can't wait to see you and the entire mishpachah on Sunday, September 18, 2022, from 12 to 4 pm at The Village Green. 119 S. Main Street in Davidson.

MAY YOUR YEAR BE
FULL OF PEACE,
PROSPERITY, AND
GOOD HEALTH
AND A BEAUTIFUL SMILE

**Smile
CHARLOTTE**

DRS. MENAKER, RODNEY AND BERMAN
NEW PATIENTS WELCOME

2711 Randolph Rd. Suite 205
Charlotte, NC 28278
704-377-2503



THE FINE ART OF LIVING WELL

Bridgewood Property Company is carrying on its tradition of building award-winning communities and offering luxury retirement living, now available for discerning Charlotteans.

The Village on Morehead, currently under construction, will offer an exceptional experience for those seeking epicurean inspired cuisine, engaging programs, rejuvenating health and wellness services in a sophisticated community where you will Live Life Well®.

THE VILLAGE
on Morehead
Luxury Retirement Living
(704) 831-8000

Join us for an informative luncheon
Dressler's Metropolitan
September 21 | 11:30 am - 1:00 pm

RSVP by September 19

Information Office
801 E. Morehead, Ste. 201B | Charlotte, NC 28202
www.villageonmorehead.com

BRIDGEWOOD
PROPERTY COMPANY



Our House. **Your Home.**

HIGH HOLIDAY SERVICE SCHEDULE 2022/5783

EREV ROSH HASHANAH SUNDAY, SEPTEMBER 25

Erev Rosh Hashanah Service, 6 p.m.

ROSH HASHANAH DAY 1 MONDAY, SEPTEMBER 26*

Morning Service, 9 a.m.
Family Service, 9:30 a.m.
Evening Service, 7 p.m.

ROSH HASHANAH DAY 2 TUESDAY, SEPTEMBER 27

Morning Service, 9 a.m.
Torah Tots Program, 9 a.m.
Evening Service, 7 p.m.

KOL NIDRE

TUESDAY, OCTOBER 4*

Kol Nidre Service, 6:30 p.m.
Please be seated by 6:15 p.m.

YOM KIPPUR

WEDNESDAY, OCTOBER 5*

Torah Tots Program, 8:45 a.m.
Morning Service, 9 a.m.
Family Service, 9:30 a.m.
Yizkor Service, 1 p.m. (approximately)
Mincha Service, 5 p.m.
Ne'ilah & Shofar Blast, 6 p.m.
Break Fast, 7:50 p.m.

For ticket information, please contact Kelly Wilson at 980-960-2380.

**Parking Pass required on Shalom Park*



HAVDALAH & SELICHOT CONCERT

featuring **NEFESH MOUNTAIN**

Saturday, September 17, 8 p.m.



temple israel

Register on the Upcoming Programs page at templeisraelinc.org



**FOR ADDITIONAL INFORMATION ABOUT FUTURE EVENTS,
VISIT OUR "UPCOMING PROGRAMS" PAGE AT TEMPLEISRAELNC.ORG**

Religious Life

Preparing Our Souls For the New Year With Nefesh Mountain: Temple Israel and Temple Beth El Join Together for Special Selichot Service

By Cantor Shira Lissek

Fall is almost here, and it's time to start the Jewish New Year. We are quickly approaching Rosh Hashanah and Yom Kippur, the Days of Awe, in Hebrew called the Yamim Noraim. The days leading up to Rosh Hashanah in the month of Elul are a time of soul-searching, cheshbon hanefesh, accounting of the soul, and reflection to prepare oneself for the magnitude of the Days of Awe. On the Saturday evening before Rosh Hashanah, we sing prayers and recite meditations, as we are encouraged to reflect on our past year and the changes we wish to make in the upcoming one. In the words of one of the poetic texts recited at this service, "At the conclusion of the day of rest, Shabbat, we come first to meet You. Incline Your ear from above, You who dwells amongst praise, To hear the song and the prayer."

The Selichot service can be



Temple Israel and Temple Beth El join together to bring Nefesh Mountain to Charlotte for Selichot.

quite moving as we gather together late on Saturday night singing and praying together. We sense the extraordinary nature of the sacred prayers and melodies and turn introspectively within ourselves. We hope and pray that our voices are heard.

"O Lord, hear our voice in the

morning; in the morning we set them before You with hopeful expectation. Hear our voice ..."

This year the clergy of Temple Beth El and Temple Israel are excited to join forces and begin the High Holiday season together. On Selichot evening, Saturday September 17, all are

welcome for a musically and spiritually uplifting Havdalah service, Selichot concert featuring Nefesh Mountain, and Selichot service. Cantor Mary Thomas and I have wanted to bring the soulful music of Nefesh Mountain to Shalom Park for a few years now, and we couldn't be more excited to have them with us to set the tone for the new year.

Nefesh Mountain, a critically acclaimed progressive string band, "ingeniously blends bluegrass/roots music with influences from their own Jewish culture. Nefesh Mountain is the place where American bluegrass and old-time music meet with Jewish heritage and tradition. Band leaders, genre-pioneers, and husband and wife Doni Zasloff and Eric Lindberg are the heart of this eclectic offering, and share their love for American music, their Jewish heritage, and each other with audiences

throughout the world. The result of this unexpected and beautiful mix is staggering, and while complete with the kind of adept string virtuosity and thoroughly composed arrangements one would hope for from a newgrass band with influences from bluegrass, old-time, Celtic, and jazz, they also play and sing songs of the heart creating music with a sense of diversity, oneness, and purpose for our world today."

Join us at 8 p.m. at Temple Israel on September 17 as we begin our year together in community. We are looking forward to this extraordinary opportunity to prepare our soul, our nefesh, featuring the inspirational and uplifting sounds of Nefesh Mountain.



SHANA TOVA

HAVE A SWEET YEAR

Now welcoming new residents into our community!

Our communities offer seniors a carefree lifestyle and peace-of-mind in this ever-changing world. Our care team is on-site 24/7, and with amenities and neighbors, there's always opportunities for engagement and socialization.

Call and schedule a tour today.

WALTONWOOD
COTSWOLD
Redefining Retirement Living
SINGH

Assisted Living & Memory Care
5215 Randolph Road
Charlotte, NC 28211
704-495-6031

WALTONWOOD
PROVIDENCE
Redefining Retirement Living
SINGH

Independent Living, Assisted Living & Memory Care
11945 Providence Road
Charlotte, NC 28277
704-246-3055

Judaism for Right Now

By Rabbi Beth Nichols

At the end of this month, just before Rosh Hashanah, we will read one of my favorite passages in the Torah from Parashat Nit-zavim:

Surely, this mitzvah which I enjoin upon you this day is not too baffling for you, nor is it beyond reach. It is not in the heavens, that you should say, "Who among us can go up to the heavens and get it for us and impart it to us, that we may observe it?" Neither is it beyond the sea... No, the thing is very close to you, in your mouth and in your heart, to observe it. — Deuteronomy 30:11-14

This passage serves as a kind of ancient mission statement for modern Jewish institutions. Just as God reassured the Israelites that "this mitzvah" is within their reach, our organizations strive to help people to create meaningful relationships with Judaism, God, and the Jewish people. We want Judaism to be accessible.

In my mind, however, it is the last line of this excerpt from Deuteronomy that specifically speaks to the goal of Jewish education. As a Jewish educator, I want people of all ages to feel

that Judaism is "in your heart" — that Judaism is a part of their core identity and that they feel deeply connected to the Jewish community. I also want people to have Judaism "in your mouth" — to feel comfortable and confident expressing their Judaism, and to feel they have a right to wrestle and engage with their tradition.

Part of what draws me to these words is their sense of immediacy — the idea that Judaism is relevant right now. Sometimes I worry that we, the Jewish community, can be overly focused on the past or the future and forget the importance of the present. For example, some people make the argument that we need to provide a strong Jewish education as a way of honoring and remembering the difficulties our ancestors endured. At the same time, other people argue that we need to provide a strong Jewish education to ensure that that we will have a Jewish community in the future. Both arguments, though, are missing the "why." Our ancestors were willing to experience hardship and persecution because they believed that Judaism gave value, purpose,

and meaning to their lives. Similarly, isn't the very reason we desire a Jewish community in the future is because we believe that Judaism will enrich the lives of our descendants and help make the world a better place?

If we apply this same thinking to our present time, it can energize and refocus our Jewish learning. We are not teaching our children so that they can be Jewish as adults. They are already Jewish! We should be teaching

our children that Judaism can enrich their lives right now, that Judaism can bring them joy and comfort, community and belonging.

When our children experience their Jewish community as a safe place to be themselves in the present, we will also accomplish the goals addressing our past and our future. We will be honoring the past because we will see its lessons woven into our children's beliefs and actions, and we will

be building toward the future by helping children experience their Judaism as an integral part of who they are as they develop into adults.



Havurat Tikvah Plans Lay-Led High Holiday Services

Havurat Tikvah, which has been limiting attendance to members only during the COVID-19 and variants epidemic, hopes to open its in-person High Holiday services to the Charlotte community beginning with Rosh Hashanah, Monday, Sept. 26, at 10 a.m. A brief kiddish will follow, with challah, apples and honey.

Because of the uncertainty of a viral surge this fall, how-

ever, the congregation won't be announcing its final plans until the first week in September. All options for observing the holidays, including in-person, virtual (Zoom), and hybrid, are being considered.

For the latest information on the havurah's High Holidays schedule, please email admin@havurattikvah.org after Sept. 8. Discover what protocols and

accommodations apply should you attend Havurat Tikvah for in-person services. All services, except tashlich, will be held in the MacLean Fellowship Hall on the campus of Avondale Presbyterian Church on Park Rd. Services for the second day of Rosh Hashanah are also under consideration.

(Continued on page 18)



Rejoice &
Renew
HIGH HOLY DAYS 5783

WWW.TEMPLEBETHEL.ORG/HIGHHOLYDAYS

Religious Life

Mega Challah Bake is Back

By Leah Levin

After a three-year break because of the pandemic, we are thrilled to announce the Mega Challah Bake is back. Join more than 200 Jewish women and bake challah together just in time for Rosh Hashanah.

The halachic definition of challah is a reference to a positive mitzvah. It entails separating a section of dough from your kneading and giving it to a Kohen. This piece of dough is called "challah." Any dough that is made of wheat, barley, spelt, oat, or rye is obligated in this mitzvah.

When the challah is separated, a blessing is recited. This is a special time to ask G-d for anything that you need, blessings for your family, friends, and community. Imagine what we can accomplish by joining together with more than 200 Jewish women to make challah and say the blessing.

Sunday, September 18

Doors open at 6 p.m.

Program begins at 6:30 p.m.

Chabad of Charlotte

6619 Sardis Rd.

\$36 per person

Visit www.cltmegachallah.com for more info.

The Mega Challah Bake is a joint project of Chabad of Charlotte and the Ballantyne Jewish Center.

High Holidays in Ballantyne

Once again, the Ballantyne Jewish Center will be hosting Rosh Hashanah and Yom Kippur services in the Ballantyne area. Join us this year and feel right at home. Whether your background in Jewish prayer and practices is extensive or limited, attending services at the Ballantyne Jewish Center — where the warmth and authenticity of the traditional are blended with the comfort and practicality of the contemporary — will leave you feeling enriched, connected, uplifted, and inspired.

Everyone is welcome free of charge, and reservations are not required.

Rosh Hashanah Services will be held at the South Charlotte Banquet Center, 9009 Bryant Farms Road:

Monday, September 26 Morning Service at 9:30 a.m., Rabbi's Sermon and Shofar Blowing at 11 a.m.

Services followed by a Kiddush lunch at 1:30 p.m.

Tuesday, September 27 Morn-



Penny Pells makes her dough at the 2019 Challah Bake.

ing Service at 9:30 a.m., Rabbi's Sermon and Shofar Blowing at 11 a.m.

Services followed by a Kiddush lunch at 1:30 p.m.

Yom Kippur Services will be held

at Courtyard Marriott Waverly 6319 Providence Farm Lane: Tuesday, October 4 Kol Nidre at 6:30 p.m.

Wednesday, October 5 Morning Services at 10 a.m. Neilah at 6:15 p.m.

Our Fantastic Children's Program

At the Ballantyne Jewish Center, we are committed to making the High Holidays a meaningful and enjoyable experience for the entire family. Therefore, we are very excited that once again we will have a fantastic, exciting, and interactive children's program during services for all ages. Parents can enjoy services while their children have a blast. Program highlights include games, songs, activities, food crafts, stories, refreshments, and prizes. Kids love this program and learn so much in the process. The children are divided into age-appropriate groups to ensure that

everyone will enjoy.

For more information, please contact Rabbi Yisrael and Leah Levin at (704) 408-1116 Leah@JewishBallantyne.com or visit our website www.JewishBallantyne.com

9th and largest summer at CGI Ballantyne

CGI Ballantyne completed four weeks of fabulous camp fun with our largest group yet! From ages 5 to 13, from field trips to art, from sports to games, from camper to counselor, each and every moment was fun-filled and meaningful. Looking forward to celebrating 10 years of CGI with Summer 2023.



Camp Gan Israel Ballantyne

High Holidays at Chabad

By Rabbi Yossi Groner

Rosh Hashanah literally translates as the head of the year. This is by design, as a head is more than just a beginning. A head encapsulates and leads the entire body. Similarly, the days of Rosh Hashanah incorporate and lead all the following days of the year. This is why this holy day is so significant to Jewish people, no matter the background or religious affiliation. This is also why we pray and ask for a good year — that the entire year should be healthy, happy, and prosperous.

At Chabad of Charlotte, we aim to lift Rosh Hashanah to be the best experience in a meaningful, introspective, and dynamic way. At Chabad, the energy of Rosh Hashanah is a fusion of joy and awe, which is expressed in the narrative as well as in the melodies of this special holiday.

We are fortunate at Chabad to have a team of dedicated staff that enthusiastically engages the community in a special way. The melodious voice of Rabbi Weiss, the insightful pieces by the rabbis, and the sense of companionship and friendship that envelopes the congregation combine to create an uplifting and heartfelt experience.

A festive community dinner

will be held on the first night of Rosh Hashanah at Chabad of Charlotte, which will help set the tone of community camaraderie and a spirit of togetherness. The dinner will feature gourmet holiday foods like brisket, tzimmes, and many holiday delicacies prepared by Kosher Charlotte.

Rosh Hashanah services at Chabad/Ohr HaTorah will be open to the entire Charlotte Jewish community. Evening services will be held on September 25 at 7 p.m., and morning services will be held on September 26 at 9 a.m. Shofar service will be held at 11 a.m.

In addition, Chabad will have a team of volunteers that will contact individuals in the neighborhood who are confined to their homes to perform the shofar service and bring with them the joy and spirit of the Holy Days.

Pre-Rosh Hashanah classes will be held at Chabad on Tuesdays in September 13.

Please contact our office at (704) 366-3984 or rabbicohen@chabadnc.org or visit our website at chabadnc.org.



We have **Eliminated Membership Dues**, but Contributions are Welcome. We are a warm and inclusive Reform congregation of individuals, couples and families. Check Us Out !

Connect at Temple Solel's *New Location*

Starting with Rosh Hashanah services, we'll be @ Grace Presbyterian Church - our new partner! 2955 W. Hwy 160, Fort Mill, SC 29708 (near Tega Cay)

Erev Rosh Hashanah: Sept 25, 7-9 PM

Rosh Hashanah: Sept 26, 10 AM - Noon

Kol Nidre: Oct 4, 7-9 PM

Yom Kippur: Oct 5, 10 AM thru our Break-Fast

Participation doesn't stop there!

We also meet 2nd & 4th Fridays, 7 PM.

We gather to embrace Judaism through supportive, participatory, and spiritual worship, learning, and social action. Please join our committees/havurim. For more information, email info@templesolelSC.org or call (803) 610-1707 (leave a message), or visit www.templesolelsc.org.



Religious Life

Temple Solel: New Year, New Home

By Mara S. Cobe

In 5783, Temple Solel will begin its 11th year as a Reform congregation serving the Fort Mill Jewish community. Solel (pathfinder in Hebrew) reminds us to blaze our own path forward. We enter this next decade at a new location. We'll gather closer to the center of Fort Mill, Tega Cay, Lake Wylie, and Southwest Charlotte. Starting with our Rosh Hashanah services in September, our home will be at Grace Presbyterian Church. Grace Presbyterian is located at 2955 W. Hwy 160, Fort Mill, SC 29708 just north of Gold Hill Rd/460. Please participate with our congregation at our new home.

Our Rosh Hashanah services will be:

- Rosh Hashanah evening on Sunday 9/25 at 7 p.m.
- Rosh Hashanah morning on Monday 9/26 at 10 a.m.

- Shabbat Shuvah services will be on Friday, 9/30 at 7 p.m.

Our Yom Kippur services will be:

- Kol Nidre on Tuesday 10/4 at 7 p.m.
- Yom Kippur morning on Wednesday 10/5 at 10 a.m.
- Yizkor Service on Wednesday 10/5 at 3 p.m.
- Neilah and concluding ser-



vices will be on Wednesday 10/5 at 4 p.m.

We will conclude with a community break-the-fast immediately following the concluding services on Wednesday, 10/5.

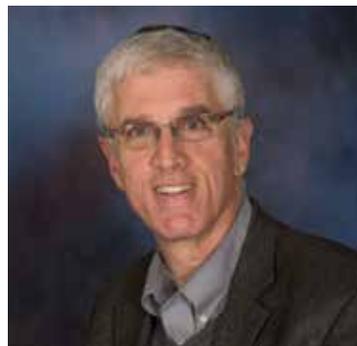
We hope that you will join us for High Holy Days, Friday night services, or other events in our new home. Temple Solel holds regular Shabbat services at 7 p.m. on the second and fourth Fridays of each month. To learn more about Temple Solel, please visit <https://templesolelsc.org/>, write to us at info@templesolelsc.org or call (803) 610-1707.



Join Temple Kol Ami for High Holidays

By Shari Baum

Temple Kol Ami (TKA) of Fort Mill, South Carolina, invites you to join us for the High Holidays. We are thankful to be returning to in-person services and are thrilled to be led by Rabbi Bruce Aft (after having led for two years on Zoom) and cantorial soloist Sara Sherman. Rabbi Aft is a wonderfully engaging clergy person who has spent many Shabbats with Temple Kol Ami. He retired from Congregation Adat Reyim of Springfield, Virginia, after 29 years of service. Rabbi Aft is currently a visiting scholar at George Mason University in the Jimmy and Rosalynn Carter School for Peace and Conflict Resolution. He is also the president of the community board for Operation Understanding DC. He's a huge baseball fan (and former college player), and he and his wife, Sue, volunteer for the Washington Nationals Youth Baseball Academy. Sara is a professional musician from New York City who has lent her beautiful voice to our High Holidays for many years. Her rendition of Kol Nidre is especially lovely. We are looking forward to very meaningful and spiritually uplifting High Holidays under the leadership of Rabbi Aft and Cantor Sara Sherman as we welcome 5783 together. Please contact us at yorksynagogue@gmail.com or (803) 701-0149 for more information, or check our



Rabbi Bruce Aft returns to lead High Holiday services at Temple Kol Ami

website www.templekolamisc.org.

The schedule for High Holiday services is as follows: Erev Rosh Hashanah, September 25, 7 p.m.; Rosh Hashanah, Sept 26, 10 a.m.; Kol Nidre, October 4, 7 p.m.; Yom Kippur, October 5, 10 a.m.; Neilah, October 5, 4 p.m.. Further information about junior congregation services, tashlich, yizkor, and break the fast can be found on our website. Tickets are included in TKA membership, but non-members are welcome to purchase tickets and join us as well. Military and college students are invited to worship with us for free. All services take place at Philadelphia United Methodist Church, 1691 SC-160, Fort Mill.

It is not too late to enroll your child at Temple Kol Ami Reli-

gious School, which starts September 11. The TKA Religious School teachers and administrators have been hard at work all summer getting ready to provide a meaningful Jewish education. For more information, please contact us at tka.religiousschool@gmail.com.

If you live in York County or the Ballantyne area, Temple Kol Ami might be the place for you! We are a warm and inclusive Reform congregation composed of Jews from diverse backgrounds. We wish you and your loved ones Shanah Tovah U'Metukah, a sweet, healthy, and prosperous New Year!



Cantorial soloist, Sara Sherman, joins TKA for High Holidays



Havurat Tikvah



(Continued from page 16)

Kol Nidre services will be held on Oct. 4. On Oct. 5, Yom Kippur services will continue at 10 a.m. Congregants will reconvene after an afternoon break for the remainder of the services, followed by a break-the-fast snack.

If in-person services are held, members and guests are encouraged to bring tallit and kippah if available. There is a limited quantity of both on hand. Attendees can bring their own shofar to participate in the shofar services on Rosh Hashanah and the concluding service on Yom Kippur.

All in-person participants are required to make a reservation, as seating will be spaced apart for each family unit to comply with social distancing protocols. Also, proof of vaccination status may also be requested at the door. Everyone will be required to wear a mask in the Fellowship Hall, in accordance with Avondale regulations.

Visit havurattikvah.org in early September for more details as they are firmed up, including costs, protocols, and other important information.

Havurat Tikvah is a warm, supportive and nurturing Jewish Reconstructionist congregation with Shabbat services and a full spectrum of holiday observances as well as religious educational options for both families and single adults. We are a diverse group of families, singles, and Jewish and interfaith couples who participate in projects that promote social justice.

We value and depend upon member participation and leadership for our religious services, spiritual growth, and governance.

Havurat Tikvah is an affiliate of Reconstructing Judaism.

For more information on upcoming services, programs, membership or other queries, call (980) 225-5330, write to Havurat Tikvah, P.O. Box 12684, Charlotte, NC 28220, email membership@havurattikvah.org or visit havurattikvah.org. Havurat Tikvah is also on Facebook at facebook.com/groups/havurattikvah.

TRUST YOU NEED. CHOICE YOU DESERVE.

Whether it is protecting your business, home or your family, Main Street/Swimmer Insurance Group makes it a priority to earn the trust of our customers.



1523 ELIZABETH AVENUE, SUITE 300
CHARLOTTE, NC 28204
704.333.6694 | MAINSTREETINS.COM

Serving families and businesses in the Charlotte Jewish Community since 1953.

Sweeten your new year.

We have the High Holiday essentials you need and the recipes you'll love. Find them at publix.com/highholidays.





The High Holy Days Experience

Modern Services Built on Jewish Tradition

Rosh Hashanah

Monday • September 26 • 10:00 am

Kol Nidre

Tuesday • October 4 • 7:00 pm

The High Holidays Experience happens in the theater in the brand-new Parr Center at Central Piedmont Community College Elizabeth Avenue, Charlotte, North Carolina

- **Is there a cost to attend the services?** There are no membership fees, ticket costs or financial commitments of any kind required.
- **What is the seating capacity of the New Theater at CPCC?** This state-of-the-art theater will accommodate 450. We welcome families to sit together and experience the High Holy Days.
- **Is the building accessible for those with disabilities?** Yes, and there is plenty of disability parking near the entrance. In addition, assistive listening devices are available free of charge to those who are hearing-impaired.
- **Will services be Livestreamed?** Services will be available online on The Ruach's YouTube channel (www.youtube.com/theruachband)
- **How is The Ruach Community supported?** The Ruach is a 501(c)(3) organization and is supported by voluntary donations and a grant by the Jewish Federation of Greater Charlotte. To donate, go to www.theruachband.org or email the.ruach.band@gmail.com for mailing information.
- **How can I get more information?** Follow us on Facebook ([/theruachband](https://www.facebook.com/theruachband)), Instagram ([@the.ruach.new.jewish.music](https://www.instagram.com/the.ruach.new.jewish.music)) or get on our distribution list by emailing us at the.ruach.band@gmail.com to receive updates.



The mission of The Ruach Community to spread the joy of Judaism through modern services filled with meaningful messages and new, uplifting music.



North Carolina Council on the Holocaust Sponsors NC Teachers on Transformative Trip

In mid-July, a group of North Carolina educators spent time together in Washington, D.C., inquiring, sharing, learning, and building community. When they arrived, though tired, they were ready to dive into the subject that united them: bringing meaningful Holocaust education to their students.

The big questions that guided this year's trip focused on memory and memorialization. Participants sought answers to the questions, "Why do we remember the events of the Holocaust?" and "How does the United States Holocaust Memorial Museum (USHMM) tell the story?" They investigated the art and architecture of the museum, evaluated the exhibits, and searched for stories and artifacts that had an effect on them as educators and individuals. Sometimes they found answers. Many more times, they discovered new questions.

Visiting the USHMM takes a toll on the body and soul. To bring balance to the journey, participants enjoyed an evening tour of the Washington, D.C., monuments. Our tour guide had a sense of humor, a love of history, and an endless wealth of knowledge. The group's favorite stops were the Martin Luther King, Jr. and Lincoln Memorials.

Here are reflections from two educators:

"Because of this experience, I am now better equipped to help my students understand that such inhumane injustice has happened and can happen again, but that it hasn't and won't announce itself as such. I want them to know that when it does happen, they will have a similar obligation to recognize and resist it. That decision will likely carry risk, but to paraphrase Hannah Senesh, whose heroism I learned about at the museum, we must all be willing to gamble on what matters

most." Albertia Burgess, Onslow Virtual Secondary School

"When teaching the Holocaust, 'fighting back' has been the perspective I've used to teach this historical tragedy for more than a decade. This past week, during our trip to Washington, D.C., my perspective shifted ... Though I have always relied on my own ability to retaliate in some capacity, the fourth floor of the USHMM [focused on the Nazi use of terror] refused me the opportunity. I could not fight; I could not stand up for me. All at once, I was nobody; I was voiceless ... This created a newfound awareness, level of compassion, and interest in activism for me. I will forever be grateful for this experience that I am certain has made me more empathetic and sincere in my efforts to understand how the histories of others, ultimately, impact me and the students I teach." Drew Daniels, Hickory High School

Generous funding from the North Carolina Holocaust Foundation, with support from the Jewish Federation of Greater Charlotte, made this trip possible. It was the Foundation's first trip outside of North Carolina since COVID-19 came to town. Donna Tarney (Stan Greenspon Center), Andrew Burton (English teacher, friend of the North Carolina Council on the Holocaust), and Cherie Page (ELA teacher, Piedmont Middle School) facil-



itated the trip.

For more information regarding programs and services of the North Carolina Council on the Holocaust, contact Mike Abramson at mabramson919@gmail.com. To donate in support of the Council, contact Mitch Rifkin at rif121@carolina.rr.com.

Correction: In the print version, this article, titled "The Greenspon Center Provides Transformative Education: On the Road and In Charlotte," was incorrectly titled and should have stated that: "The trip was made possible by generous funding from the North Carolina Holocaust Foundation with financial support from the Jewish Federation of Greater Charlotte, a valued partner. Donna Tarney, the Greenspon Center Education and Outreach Specialist supported the NC Council on the Holocaust as lead educator."



The Holocaust Foundation of North Carolina has sponsored 4 teacher trips to the USHMM in Washington, DC.



The North Carolina Council on the Holocaust

May the New Year Be a Good One
FOR ISRAEL AND THE JEWISH PEOPLE

L'Shana Tova
2022 - 5783

INVEST IN OUR SHARED HERITAGE
INVEST IN ISRAEL BONDS

DEVELOPMENT CORPORATION FOR ISRAEL

3525 Piedmont Rd., Bldg. 6, Ste. 250,
Atlanta, GA 30305
atlanta@israelbonds.com
404.817.3500

Development Corporation for Israel. This is not an offering which can be made only by prospectus. Read the prospectus carefully before investing to fully evaluate the risks associated with investing in Israel bonds. Member FINRA. Photo: iStock

YOUR BOND WITH A NATION OF LIMITLESS POTENTIAL
israelbonds.com

Hampton Inn & Suites
by HILTON

SouthPark at Phillips Place

Where Families Come Together

- ◆ Featuring 124 beautifully decorated guest rooms and suites conveniently located in Phillips Place
- ◆ Complimentary amenities include:
 - Hot breakfast, internet access, transportation to Shalom Park
 - ◆ Hospitality Suite
- ◆ Great Room: Special rates available for Friday night dinner

For more information, contact: Pamela.Haythe@hilton.com

Hampton Inn & Suites SouthPark at Phillips Place,
Charlotte, NC 28210 704-319-5700
www.hamptonsouthpark.com



www.LevineHearing.com | 704-540-3081



When you hear better, you FEEL better. Call today for a free hearing exam!

The Charlotte Black/Jewish Alliance Accepting Applications



honest conversations, deep reflection, and community engagement.

The 18-month experience, which includes monthly meetings, is designed to foster relationships and dialogue through participation in programming and travel, including a four-day Deep South Pilgrimage in the spring of 2023.

The program is generously supported by the Jewish Federation of Greater Charlotte, Johnson C. Smith University, the Stan Greenspon Holocaust and Social Justice Education Center at Queens University of Charlotte, and Temple Beth El. For additional information and to apply, please visit www.stan-greensponcenter.org.

The Charlotte Black/Jewish Alliance (BJA) is now accepting applications for our second cohort. The program, designed for young Black and Jewish leaders (ages 25-40), is dedicated to cultivating understanding and authentic relationships through

Stylish SENIOR LIVING

Find the perfect apartment home to fit your style and budget at Mecklenburg County's premier community!

Call **1-800-583-9680** for your free brochure, or visit **WindsorRunCommunity.com**.



Hebrew Cemetery Holds Its Second Death and Dying Stakeholder Meeting

By Sandra Goldman, Executive Director

Last month, the Hebrew Cemetery Association once again held a forum on the topic of "Death and Dying in the Jewish Community." The first gathering of this kind took place three years ago, and the board of directors thought that with the arrival of new stakeholders in the community, it was time for a repeat of such an important event.

Nearly 40 professionals from the Greater Charlotte area came together at Temple Israel to learn from each other and to build stronger bonds between the institutions in our region that participate in each stage of the death and dying process.

In attendance were clergy and chevra kaddisha of our various temples, funeral home directors, leadership of Jewish Family Services, Eldercare, the LJCC Oasis and others. After an overview about the cemetery's operations, a lively discussion was held about the process that will occur when a death is imminent or has not yet occurred. Each of the participating or-

ganizations sought to be more knowledgeable of each other's role and determine how each can complement and support each other. It is these kinds of open conversations that strengthen our collective efforts by diminishing redundancies and helping us become more efficient.

Rabbi Asher Knight, senior rabbi of Temple Beth El, attended the gathering. He commented, "The Charlotte Jewish community should be proud of our Hebrew Cemetery and the extraordinary community of clergy, staff, and lay leaders who fulfill the sacred act of caring for all Jews. The training was another example of something that makes Charlotte unique: a shared commitment, across lines of Jewish practice, to work together to care for families in the most difficult times and to maintaining a beautiful cemetery as a place that recognizes that every life is worth living and every life is worth remembering."

Rabbi Chaim Meir Greenberg, rabbi of Chabad of Lake Norman added, "I'm so thankful to the Hebrew Cemetery for putting to-



Kevin Levine, board member of Hebrew Cemetery Association, and Sandra Goldberg, executive director

gether a truly wonderful event. The Torah tells us that giving a Jew a proper Jewish burial with respect and dignity is so important that even when one is occupied with the greatest mitzvah of learning Torah, they must stop and get involved in the burial."

Brandon Cook, funeral director at McEwen Funeral Service Pineville Chapel, was honored to be included in the event: "It is a great concept to bring all the pieces of the puzzle together to foster an understanding of the Hebrew Cemetery. As a

funeral director who represents an integral part of the process when a death occurs, I found it most informative. It was great to meet most of the people involved - from the rabbis to the members of the different committees involved when a death occurs and to learn of their individual desires. I left feeling much more confident about how to handle things for each temple and would like to commend all those involved, especially Sandra Goldman and Kevin Levine, for their excellent work and their professionalism when a death occurs."

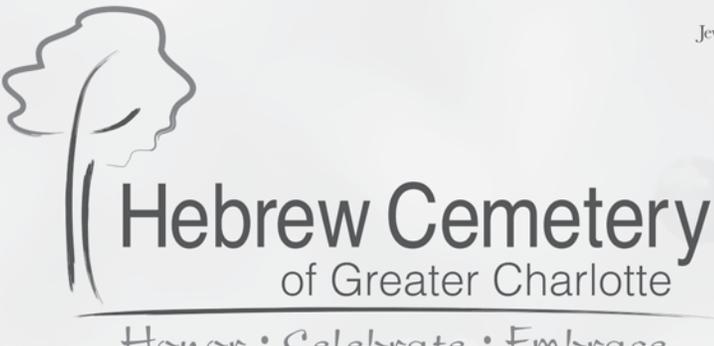
And Cantor Shira Lissek from

Temple Israel explained noted that the gathering exemplifies why our cemetery is dear to so many in our community, as it is intertwined in so many ways, and we all are able to accommodate the diversity of our Jewish community. She went on to say that these sacred grounds are not just convenient but also a beautiful and very well maintained space. These are reasons a gathering like this is so important.



The Hebrew Cemetery joins with the community in remembering the names of those who have been buried at the Hebrew Cemetery in the month of July.

Linda Lesack 9/4/1943 - 7/4/2022
 Alan Goldberg 7/11/1925 - 7/21/2022

Annual Memorial Service

OCTOBER 2, 2022, 10:30 AM

A COMMUNITY STAPLE AND TRADITION FOR OVER 150 YEARS

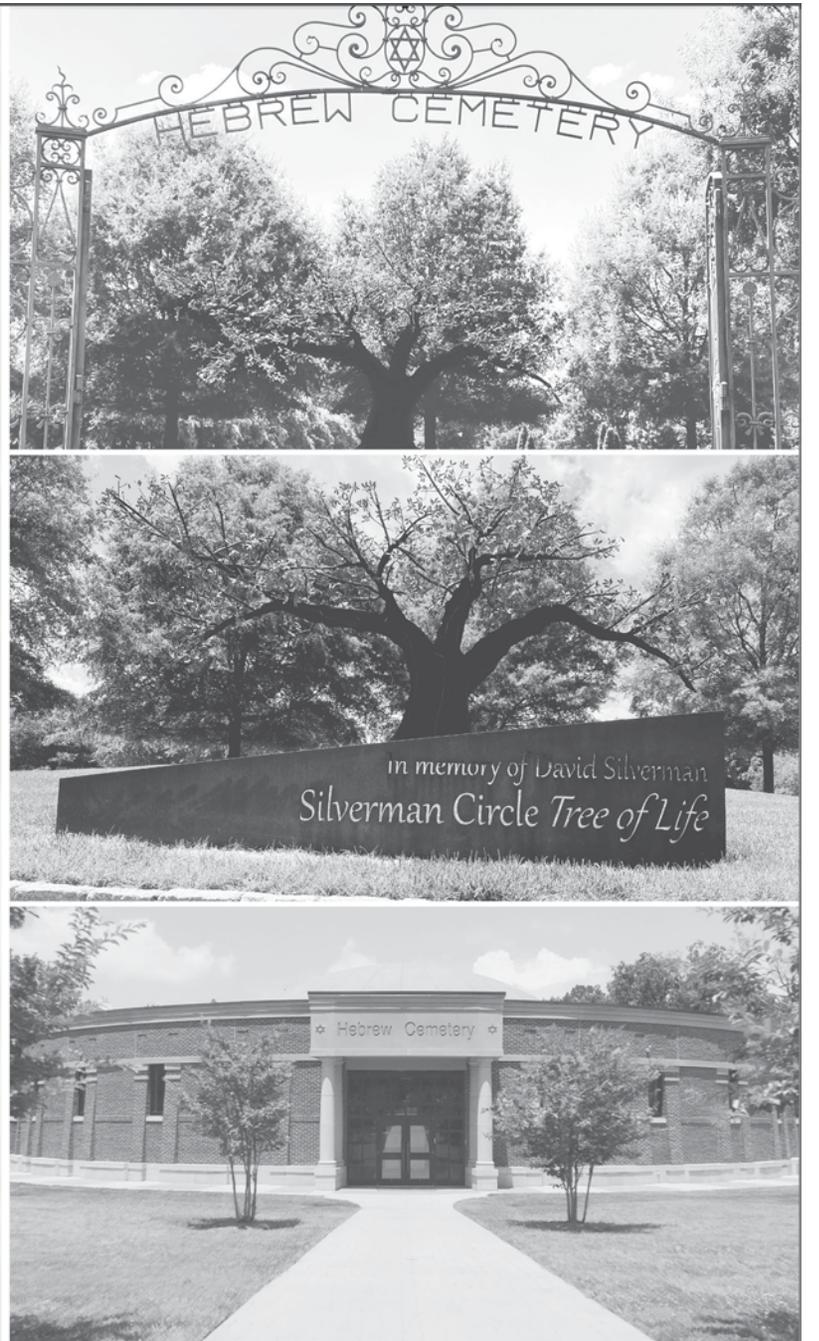
Join us as we gather together with the Greater Charlotte area clergy for our historic Annual Memorial Service.

This is an outdoor event, rain or shine with a virtual option for home viewers.

To Livestream:

<https://us02web.zoom.us/j/89996034813?pwd=S1dIc29ZMlRAN2ViQTg4CHJ3UjJHZZ09>

www.hebrewcemetery.org • 1801 Statesville Ave, Charlotte, NC 28206



Bal Tashchit and Beyond

Making a Case for Slow Fashion

By Lisa Shpritz

We hear a great deal about how we can make more sustainable choices when selecting energy sources, vehicles, and foods. However, we likely don't often think about the environmental and social impacts of the clothing we buy. The fashion industry represents an important part of our economy, with a value of more than \$2.5 trillion and employing more than 75 million people worldwide. The sector has seen spectacular growth in recent times, as clothing production doubled between 2000 and 2014. However, although people bought 60% more garments in 2014 than in 2000, they only kept the clothes for half as long

(McKinsey & Company, 2016).

In recent years, consumers have been buying more clothing, using clothes fewer times, and throwing them out rather than seeking to prolong their use through reuse, resale, or recycling. These behaviors have fueled the growth of "fast fashion" houses, whose business models are based on producing high volumes of clothes as cheaply as possible and selling as many as 52 mini-collections per year.

According to Rabbi Lawrence Troster, the Torah prohibits the wasteful consumption of anything. When we waste resources, we are violating the commandment of Bal Tashchit ("Do not destroy"). The underlying idea

of this mitzvah is the recognition that everything we own belongs to God. When we consume in a wasteful manner, we violate our mandate to use Creation only for our legitimate benefit; therefore, Jews are obligated to carefully consider our real needs whenever we purchase anything.

Here are some surprising statistics related to the environmental footprint of fast fashion:

- Fashion production makes up 10% of humanity's carbon emissions, more than all international flights and maritime shipping combined (UNECE, 2018).

- 85% of all textiles go to the landfill each year, and the equivalent of one garbage truck full of clothes is burned or dumped in a landfill every second (UNEP, 2018) and (UNECE, 2018).

- 60% of all materials used by the fashion industry are made from plastic (UNEP, 2019).

- 500,000 tons of microfibers are released into the ocean each year from washing clothes — the equivalent of 50 billion plastic bottles (Ellen MacArthur Foundation, 2017)

- 93 billion cubic meters of water — enough to meet the needs of five million people — is used by the fashion industry annually, contributing significantly to water scarcity in some regions (UNCTAD, 2020).

What Can You Do?

Though "fast fashion" describes clothing that is cheaply made and intended for short-term use, "sustainable" (or "ethical") fashion is the opposite and is sometimes even referred to as "slow fashion." It considers the full lifecycle of the product — from the design, sourcing, and production processes — and looks at everyone and every-



thing being affected by it, from the environment to the workers and communities where it's produced to the consumers who purchase it.

There are many ways you can be a more sustainable clothing consumer. When shopping for clothes and accessories, it's easy to reduce the environmental impact of your wardrobe by buying from second-hand, consignment, or rental stores and websites. There are many options to find gently used or never worn items at a fraction of the price of buying new, while treading more lightly on the planet. Online shoppers will love thredUP along with resale sites for Patagonia (Worn Wear), Allbirds (ReRun), and Levi's (Secondhand).

Those who like to browse in person will be impressed by local stores GW, JT Posh and Savvy Seconds, Uptown Cheapskate (<https://www.uptowncheapskate.com/>) Clothes Mentor, and Zabs Place (<https://zabsplace.org/>). Alternatively, if you're looking to rent or borrow rather than buy, you should try Rent the Runway, StyleLend, TheRealReal, and Le Tote.

Thriftig saves money, refreshes your wardrobe, and reroutes used clothing from landfills. Did you know that the

average American throws away up to 81 pounds of clothing per year? In addition to making environmentally responsible purchasing choices, it's important to donate (not just sell or consign) your clothes at the end of their useful lives to nonprofit organizations working to support underserved communities.

How About Buying New?

Buying second-hand or renting clothes may not be for everyone, so another way to reduce your closet's environmental footprint is to look for sustainable products made by apparel companies such as Levi's. From growing the cotton to dyeing and finishing, it takes more than 2,000 gallons of water just to make one pair of jeans. Levi's focuses on the finishing processes to remove water wherever possible with its WellThread collection. This assortment features pieces that took less water to produce and use more recycled materials.

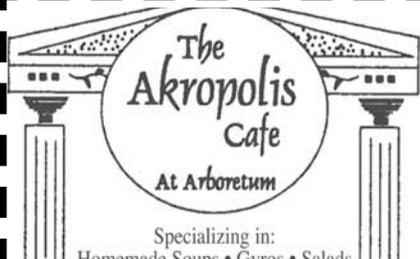
One local company that is a pioneer in sustainable clothing manufacturing is Recover Brands (<https://recoverbrands.com/>), based here in Charlotte. The company is focused on being environmentally friendly and socially responsible as possible in all aspects of its business - from design to manufacturing to fulfillment. Each Recover T-shirt is made from eight plastic bottles that are shredded into flake and knitted into a shirt. The products are stylish and incredibly comfortable, so we highly recommend purchasing from this outstanding company.

When trying to reduce your environmental footprint, keep these strategies in mind:

- Wear the clothes you already have (this is the most sustainable choice!).

- Buy or rent second-hand clothes from online or physical stores.

- When buying new, select those products that were manufactured using less water and less energy and that use recycled materials.



The Akropolis Cafe
At Arboretum

Specializing in:
Homemade Soups • Gyros • Salads

Mike Sadri
Arboretum Shopping Center
fax: (704) 541-5989

\$2 OFF
Any Purchase
of \$10 or more
with this ad

*Only 1 coupon per transaction.
Expires 9/30/2022*

**Take Out or Delivery
with Doordash
704-541-5099**





WanFu
Quality Chinese Cuisine

- Upstairs Banquet Room
- Proudly Serving the Jewish Community
- Private Dining
- SINCE 1989
- Full Bar & Wine

704-541-1688
10719 Kettering Dr. • Charlotte, NC 28226
www.mywanfu.com

**Dream Home Today.
Your Home Tomorrow.**



**Why Hire a
Salesman When
You Can Hire a
Sales Mensch?**

◆ Free Market Analysis ◆ Free MEGA Open House
◆ Fire Me Guarantee

ANDY GRIESINGER 443-299-8946
www.SalesMensch.com andy@andyre.com




**WORK WITH THE LEADERS IN
CHARLOTTE REAL ESTATE**

SARAH ROSE



SarahRose@remax.net
704 619-0422

STEVE LEPOW



SteveLepow@remax.net
704 975-8500





May all the
good things
come to be
in fifty-seven
eighty-three.



**Generations at Shalom Park joins you in celebrating
Rosh Hashanah and honoring Yom Kippur.**

We are proud to be a part of Charlotte's vibrant and spirited Jewish community and grateful for the warm welcome we have received from our soon-to-be new neighbors in Shalom Park.

To all of you and your families, we send our best wishes for hope, health, joy and prosperity in the year ahead and in all the years to come.



Women's News

A New Year With Women of Wisdom

By Andrea Erdheim Gamlin

This year, Rosh Hashanah, the start of the Days of Awe, begins at sundown the evening of September 25. What do these days signify to you? For many, they serve as a time during which we reflect on the past year, ask for forgiveness from those around us whom we may have inadvertently hurt, and pray for good things in the New Year. It may be a time when we visit with friends and family at synagogue, and wish that they are inscribed and sealed for a good year. We hear the call of the shofar, reminding us to ask for forgiveness. Finally, on Rosh Hashanah, there are many traditions relating to food: eating round challah with raisins, dipping apple in honey, and eating sweet foods. For me, it's my favorite time of the Jewish calendar, namely, gathering with family and friends, eating sweet foods, and being able to reflect and plan for ways to make the

coming year better always make me happy.

One of the things we do at W.O.W. this time of year is announce our plans for ways to make the coming year better for Charlotte-area Jewish women. We have a variety of events planned for 5783 that are sure to bring education, friendship and fun for participants. Our Kick-off Event is our Mind, Body and Soul Spa Evening on Tuesday, September 6 at 7:30 p.m. We will learn how to take better care of our whole selves: our emotional, physical, and spiritual selves.

Our 15th annual challah sale has already begun, but we have wonderful additions this year! Last year, we received many requests for chocolate chip challah, and this year, it's on the menu. But wait, there's more: we also had requests for mini challah and that, too, is on the menu! Sara's challah is known around the world, literally, and you can get it

locally! Pricing includes the usual "buy 2 get the 3rd free" deal. The order deadline is September 9 at noon.

Would you prefer to make it and bake challah yourself? We have you covered! Our Annual Women's Challah Bake is back on September 13 at 7 p.m. and will be led by baker Fran Dordick. Like last year, we are holding the Bake in person and through live streaming. We recognize that some women are happier baking surrounded by friends, whereas others are more comfortable joining in the fun from the comfort of their own kitchens – either way, we bake, chat, and have challah to show for our efforts!

On October 12 at 7:30 pm, join us at Sara's Sukkah for a mini-Sukkah building contest and for Soup in Sara's sukkah. We will repurpose leftover corks from our spring event as well as other construction items to see who can build the loveliest little sukkah. I'm certain Sara's delicious soup will give us all strength and creativity to win.

New for this year: Sara will host a monthly series called Sip & Schmooz beginning on November 14 at 12:30 pm. These gatherings will have no agenda and no planning; just bring your desire to get together and socialize as Jewish women. We'll rotate between evening and afternoon Schmoozes and meet at various locations around town. Remember to check our website (see below) for locations and dates.

Did someone ask about the W.O.W. Book Club — yes! It's back for 5783 with a wonderful line up. Meetings will be held every other month beginning with November on the third Tuesday of the month. First up on November 15 at 7 p.m. will be "Chasing Freedom" by Ella Miriam, who will be joining our discussion.

This book offers a riveting account of the author's escape from the Soviet Union, and having Ms. Miriam join us is sure to kick our discussion up a notch. The next Book Club meeting will be on January 17 with "What Would You Do if You Weren't Afraid" by Michal Oshman. The author shares her wisdom on personal growth, which she bases on Jewish teachings. She offers practical advice for common personal and business concerns. Join us on the journey of self-discovery and improvement!

Let's go back to December. It can be such a stressful month. Are you often at a loss for Chanukah gifts? We've got you covered! In December, W.O.W. is having a sale on Chanukah gift boxes filled with fun Chanukah items. These Chanukah-filled gift boxes will be easy to ship to family and friends in and out of town. Once we've helped you through the stress, it's party time! Dreidels Drinks and Donuts, W.O.W.'s Chanukah Party and Gift Exchange, will be on December 20 at 7 p.m. We'll light a Chanukah (the Chanukah menorah), eat, drink, play games, and exchange small gifts – no stress, all fun.

One of W.O.W.'s main purposes is to heavily subsidize wonderful, meaningful trips to Israel for moms. On January 10, we will have an evening event to learn more about the trip and W.O.W. I went on the trip three years ago and still keep in touch with my travel sisters, who all recall our trip as one of the best and most significant times in our lives. Sara has been leading the Charlotte tripees on the MOMentum trip for many years and always has her door open, figuratively and literally, to any and all questions Jewishly. If you know of a woman who would benefit from seeing Israel through Jewish eyes – or if you are such a woman –

please join us to get more information on January 10, 2023.

Finally, another way that W.O.W. has you covered in 5783 is through our Purim Shalach Manot Gift Box sale. The boxes will be filled with hamantaschen and Purim surprises. No more dealing with "what do I give for Purim this year?" because we'll have the boxes already made and ready to gift! Speaking of Hamantaschen, do you bake your own? Would you like to get some ideas for fillings? Join W.O.W. at our Purim Poetry Slam and Hamantaschen Tasting. You will sample Sara's gourmet sweet and savory hamantaschen and come away with recipes to create your own at home. You'll also take part in a Purim Poetry slam – we'll provide pencil and paper; you provide your creativity!

This is just a taste; there's much more planned for 5783. For more information about W.O.W. or to sign up for events or sales listed above, please see our website at www.CharlotteWomenOfWisdom.com and follow W.O.W. Inspiring, Empowering and Connecting Jewish Women on Facebook. We are a non-denominational group for Jewish women to engage, learn, and connect. No synagogue affiliation is necessary, just an interest to learn more about our beautiful heritage!

W.O.W.sa!

Check out these events!

- September 6 at 7:30 p.m.** *Mind, Body and Soul Spa Evening*
- September 9th at noon** *Challah order deadline*
- September 13 at 7 p.m.** *Women's Challah Bake (online and in person)*
- October 12 at 7:30 p.m.** *Sukkah contest/Soup in Sara's Sukkah Event*
- November 14 at 12:30pm** *Sip & Schmooz with W.O.W.*
- November 15 at 7:00pm** *Book Club with the author: "Chasing Freedom" by Ella Miriam*
- December** *Chanukah gift box sale*
- December 20 at 7 p.m.** *Dreidels Drinks and Donuts Chanukah Party and Gift Exchange*
- January 10 at 7 p.m.** *Israel Trip Information Evening*
- January 17 at 7 p.m.** *Book Club: "What Would You Do if You Weren't Afraid" by Michal Oshman*

Women's News

High Holidays Hope, Health, and Honey with Hadassah

HADASSAH



By Aileen Greenberg-Kriner

The High Holidays make me feel nostalgic. They also make me feel hopeful. Sweet nostalgia of the past - loving hope about the future. Nostalgic about the past as I remember my great-grandmother cooking brisket in my bubbe's (grandmother's) kitchen, and when, decades later, I learned to make round challah with honey and raisins at in the synagogue kitchen in Cincinnati. Hopeful for the future when my oldest son asked for "my" recipes for brisket and challah for his Rosh Hashanah dinner in Boston. Nostalgic as I remember my zayde's (grandfather's) beautiful baritone voice singing the blessings, and hopeful when I see my middle son and his friends saying the blessings on a Friday night at a music festival. Nostalgic when I think about holiday dinners with my grandparents, aunts, uncles, and lots of cousins. Hopeful about the future when my youngest joins my extended family in Philadelphia and creates new memories with his aunts, uncles, and cousins. Past meets future, and life happens in between.

On behalf of the Hadassah Charlotte Metro chapter, I wish everyone a happy, sweet, and healthy New Year 5783! L'shanah tovah tikateivu v'tchateimu. May you have a good year, and may you be inscribed and sealed for blessing in the Book of Life.

Get Ready for Rosh Hashanah

Don't miss your chance to wish friends and family a sweet New Year. Send them honey for Rosh Hashanah. Each 8 oz. jar of kosher honey is \$14 plus shipping. Order by September 1 for guaranteed delivery by Rosh Hashanah. The personalized card tells recipients that a donation was made in their honor to the Hadassah Charlotte Metro Chapter. Order at www.orthoney.com/HCM.

Send your Rosh Hashanah card to the correct address. Make sure your friends are listed in the Hadassah Charlotte Metro Jewish Community Online Directory. It's free! Go to the Hadassah website, Hadassah Directory tab, and follow the instructions in one of the green boxes to either sign up or update your listing in the online directory.

This year, make a resolution to take care of your health. The Mammovan (aka Novant Health Breast Center mobile unit) will be onsite at the JCC on Nov. 30, 2022. Call Novant to make an appointment. (704) 384-7226

Social Time

Join us on September 6, at 7 p.m. for *Wine & Schmoose*

at Vintner Wine Market in the Arboretum Shopping Center. Whether you are a longtime, new, or potential member, stop by for a casual evening. No October meet-up (conflict with Kol Nidre), but we'll resume our first Tuesday of the month event on November 1.

Post-High Holiday blues? Come play! What's your game - Mahjongg? Canasta? Rummikub? Dominoes? Get your friends together and come to *Hadassah's Game Day* on Sunday, October 23. Fun, lunch, and door prize ticket can be yours for \$36. Check our website for venue and time.

Stay tuned for a *Jewish Heritage Tour in November*. Check our website for details/sign-ups.

Book Time

Hadassah BookTalk is off for the High Holidays in September. See you on October 25 at 7 p.m. for our fall kickoff.

Beverly's Book Nook will meet on Friday, September 16 at 1:30 p.m. via Zoom. The September book selection is "We Stand Divided" by Daniel Gordis. The book examines the history of the troubled relationship between American Jews and Israel.

We will discuss "The Matzah Ball" by Jean Meltzer on October 14 and "Saving the Music" by Vincent B. "Chip" LoCoco on November 18.

Special for short story lovers! Author Sharon Hart-Green will be the guest speaker (via Zoom) at the *Short Story Discussion Group* on Friday, September 16 at 11:45 a.m. Dr. Hart-Green holds a PhD in Jewish Studies from Brandeis University, where

her dissertation was a study on the Israeli Nobel prize winner S. Y. Agnon.

Beginning October 21, monthly discussions will be about stories from Israeli author Amos Oz's collection "Scenes from a Village Life." The Short Story Discussion Group meets monthly on the third Friday at 11:45 a.m.

Hadassah Happenings

The next Hadassah Charlotte Metro Board is on Monday, September 19 at 7 p.m. Check website for location.

Interested in joining Hadassah or learning more? Contact Anik Harrison at the phone or email below or come to one of our events.

Our website, www.hadassahcltevents.org, has details about

our events. If you have questions, email HadassahCLT@gmail.com or call our general phone number, (980) 553-1880. Your message will be forwarded to the correct person.

Follow us on social media: Facebook (Hadassah CLT Metro), Instagram (Hadassah Charlotte Metro) and Twitter (@HadassahCLT).

PLASTIC SURGERY | DERMATOLOGY | SKIN CANCER CARE
SERVING THE CHARLOTTE AREA

 **PIEDMONT PLASTIC SURGERY & DERMATOLOGY**
www.ppsd.com

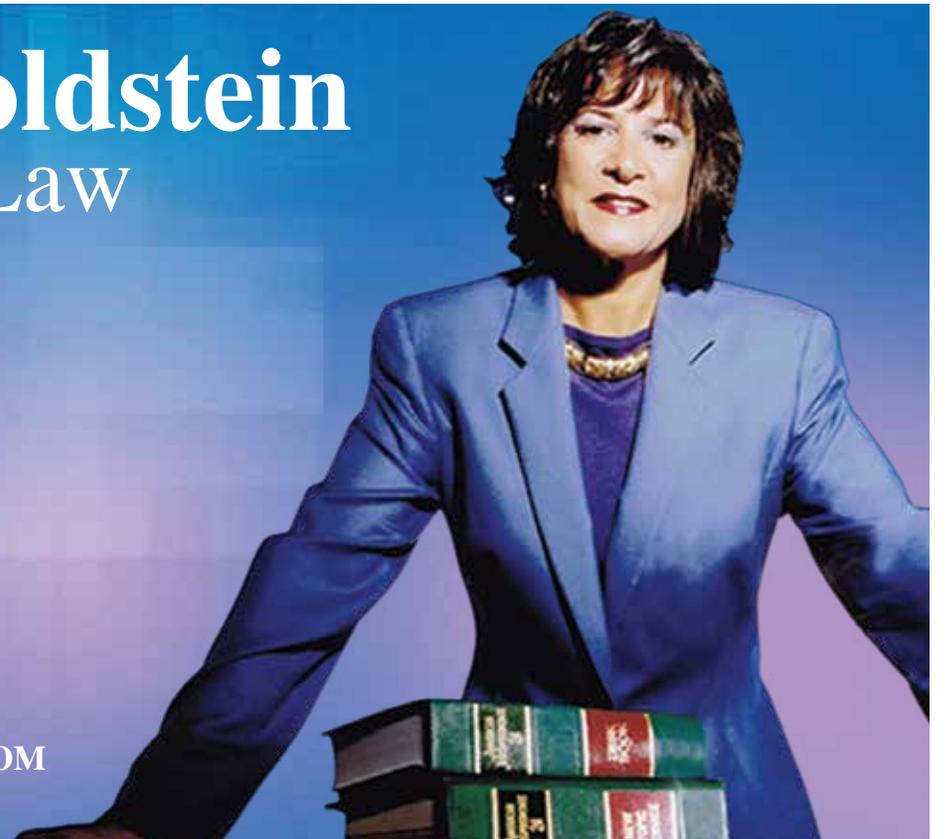
Blakeney: 704.542.2220 | Cotswold: 704.344.8846

Meg D. Goldstein Attorney-At-Law

Estate Planning
Estate and Trust Administration
Pre-Marital Agreements
Charitable Planning and Entities
General Corporate and Tax Law
Business Succession Planning

5401 Lancelot Drive
Charlotte, NC 28270

704.846.3607 office
704.756.3626 cell
MGOLDSTEIN@MGOLDLAW.COM
WWW.MGOLDLAW.COM



Around the Table

Charlotte Residents Support Ukraine



By Charlotte Rouchouze

As we wrap up 5782 and look toward the new year, we naturally think back about what this past year has brought, both good and bad. One of the most defining events of this year has been Putin's war on Ukraine, which has now been dragging on for half a year. As Jews, some of us have looked on with a set of feelings that we may not have expected. This might be both because Jews are familiar with oppression and because many of us can actually trace our lineage to the Ukraine, parts of which were included in the "Pale of Settlement" that defined where in the Russian Empire Jews were allowed to live. When I saw the bombing of the airport at Vinnytsia, I saw images of the very city my grandmother left when she fled as a child in 1928.

All my life, however, my grandmother Gita Rabin referred to herself as Russian, not Ukrainian, and this speaks to an important distinction when considering how Jews remember their Ukrainian past. Jews originally had their own language and culture (Yiddish/Ashkenazi) and only learned Russian as a way of making their way through business and education in the Russian empire and later in the USSR. Thus while ethnic Ukrainians always spoke Ukrainian

and retained a Ukrainian identity, this was generally less true for the Jews. In addition, many Jews who stayed in Russia through the later Soviet years often moved out of the Pale once residence there was no longer required, thus bringing them culturally closer to Russia.

But Ukraine remains an important site of Jewish history. Many Chassidic communities originated in Ukrainian towns, the most well-known of which is probably the town of Uman, where tens of thousands of Chassidim arrive every year on Rosh Hashanah to visit the burial site of the Breslov Rabbi Nachman.

How are Jewish families of Ukrainian heritage digesting Russia's war on Ukraine? Do we feel personally connected to Ukraine? Early in the war, I personally participated in a beautiful initiative called Hamenstaschen for Ukraine, in which Jewish bakers across the country raised money by selling hamantaschen. I raised almost \$500 over a few days and was so happy to share this act of tzedakah with my non-Jewish neighbors, who generously purchased many dozens of cookies. At the same time, I've heard of some Jews of Ukrainian heritage who feel more conflicted about their Ukrainian past. Given the turbulent times in which many Jews left, this is understandable as well.

For the two people I've invited to our table today, there is no doubt that we should be connecting more and doing all we can to support Ukraine. Marina Alexandra, a native of Ukraine, has watched in horror as the people and places of her past have been crushed under the Russian army, and she has gone to great lengths to spread awareness of



Marina Alexandra

the Ukraine war here in Charlotte. Robert Adler, whose plans you may have read about in the June issue, is a local chef who spent time in Poland cooking for refugees through chef José Andrés' organization, World Central Kitchen. I heard from both about their experiences in the last few months.

Marina Alexandra

Let's begin with Marina Alexandra. When I asked Marina about her connection to Ukraine, she told me that she was born to a Jewish mother and a non-Jewish Russian father in Astrahan city in the USSR, where her mother had gotten a job after graduating with an engineering degree. When Marina was three, her mother decided to move back to Ukraine. She recalls that her hometown of Kharkiv had gorgeous streets and that the downtown had an old European-style architecture. At the age of 14, Marina was accepted to the mu-

sic state college. The buildings where she studied were very old, and she remembers a kind of magic about them. "I felt the presence of a creative spirit and muse every time I was inside. I remember we never had enough practice rooms, and most of the students would practice in the hallways. When you entered the music college or conservatory, the music noise was in your face right away. These were careless, beautiful times." When Marina and her family immigrated to the United States as Jewish refugees, she assumed her Ukrainian life was over.

When I asked Marina how it felt to watch the events in Ukraine, she had one word: painful. She says, "Just imagine going back to your childhood memories for a second ... remember your first kindergarten ... remember the school backyard where you used to play with your friends. Now imagine tomorrow you turn on the TV and the news tells you that all that is destroyed!" She told me that events became very real when her childhood friend lost his wife two weeks after the war started. She was killed while donating blood to the Ukrainian Army in the neighborhood hospital. She was only 35 and the mother of a 7-year-old boy. "On February 24, I felt Ukrainian, more Ukrainian than ever before."

Next, I asked Marina whether she had found that Ashkenazi Jews from Ukraine were connecting to their heritage during this war. While she is still relatively new to Charlotte, she admitted she had been somewhat disappointed by the general lack of support among American Ashkenazi Jews. In her view, Jews as a nation have always stood for justice and liberation; we

need only think of the Passover seder, the annual reminder of the importance of personal and national liberation. "It seems to me that showing your support for Ukraine should be a given. We all have to support Ukraine in its fight for independence and liberation from the Russian Army. Every Jew knows all too well the meaning of the word genocide. We all remember how our grandparents were forced to forget who they were; they were not allowed to speak their language or preserve their culture. The last people who spoke the Yiddish language in my family were my great-grandparents on my mother's side."

Marina compared the Russian attack on Yiddish culture and identity to the current one on Ukraine. She explained that when the Russian army occupies the Ukrainian territories, the first thing it does is establish a Russian language-only policy everywhere; the army distributes Russian passports, forces Russian citizenship on Ukrainians, and brings in schoolteachers from Russia to force a Russian propaganda-filled curriculum on Ukrainian children. There is also rampant rape and kidnapping occurring across the newly Russian-occupied areas.

In response, Marina and several others founded the non-profit organization Charlotte for Ukraine that currently has eight active committee members and dozens of volunteers. Marina says that Charlotte for Ukraine was formed to create awareness about the war in Ukraine and has been focused on planning rallies in uptown Charlotte. They work hard on educating people about the war and create displays at the rallies explaining Ukrainian history and the bloody war happening now. More than a thousand people showed up to the first rally. "We felt united; we felt supported by our American friends. People from the Latino community, the Indian community, and other communities showed up to be with us, to cry with us, to protest the war with us." Thanks to the continuing generosity and compassion of the Indian community (and its project Rise to Raise), refugees have free access to kindergarten, summer camps, food assistance, and a few medical specialists. But she says that the war is becoming "old" for so many and that they are losing the support they desperately need, especially now.

Charlotte for Ukraine organization has also expanded its original mission into two main directions:

1) helping Ukrainians in crisis in Ukraine by working directly with volunteers in Ukraine and sponsoring the purchase of food and medications, and

(Continued on page 29)

Call Julie
Find Your Place

CRS – Certified Residential Specialist (3% of all Realtors)
SRES – Senior Real Estate Specialist
Five Star Professional Winner (7% of agents in Charlotte)
ABR, e-PRO, SPS, QSC

THE REALTOR WITH EXPERIENCE & KNOWLEDGE TRUSTED BY

• BUYERS
• SELLERS
• RELOCATION

Julie Taché

704.236.7536

Julie@JulieTache.com

HomesWithCachet.com

DOWNLOAD OUR APP AT THE APP STORE

Around the Table

(Continued from page 28)

2) creating programs and resources that are highly effective and sophisticated time-wise for newly arriving Ukrainian refugees.

When I asked Marina which dish most reminded her of Ukraine, she told me that it would have to be borscht. She says, "I grew up very poor, but as long as we didn't add meat chunks into the borscht (which some people did) we were OK. We could always afford this recipe." Marina did not give precise quantities because this is the kind of dish in which you improvise based on what you have.

Basically, to make her version of borscht, you chop some cabbage and boil in plenty of water or broth along with a couple of bay leaves and peppercorns. Meanwhile, peel and chop some beets and potatoes and add those to the pot. Next, sauté some onion and carrots in a bit of olive oil (in a separate pan) until translucent and then add it to the pot along with tomato paste. Marina says this infuses onion flavor in the soup, making entire borscht recipe more delicious. Season the borscht with vinegar, garlic, sugar, and pepper. Stir, turn off heat, and let borscht soup stand for 10 minutes covered to allow flavors to "marry" each other. Last, add chopped dill, which will give it a distinctly Eastern European flavor, and your borscht recipe is ready to serve.

If people would like to help Ukrainians in crisis overseas and here in Charlotte, they can donate at our website <http://www.CharlotteForUkraine.org>.

Robert Adler

Next, we will catch up with Robert Adler, who went to Poland in June and spent time on the Poland/Ukraine border cooking and serving refugees arriving by train from their war-torn homes. Before he had even left, he had a lesson on how the humanitarian response was structured (which is to say not very) when a volunteer in Charlotte asked him to deliver a suitcase to volunteers in Poland. When he opened the suitcase to verify the contents, he found tourniquets, ibuprofen, and summer uniforms, all necessary supplies for the Ukrainian military. He was struck by the informality and small scale of the efforts, which he said was typical of the response he saw. "This was just people helping people the best they could."

He first arrived in Warsaw and then made his way to Przemysl where the home base of World Central Kitchen is located. As an experienced chef, he arrived ready to help prepare food for the thousands of people moving through the area. The population they served consisted mostly of women, children,



Robert Adler in Poland with World Central Kitchen helping to feed Ukrainian refugees

and elderly people, all trying their best to keep it together after leaving their husbands and fathers behind (men are required to stay in the country). Every morning, he and the 30 or so other volunteers would make 5,000 panini, a convenient, portable meal for those who need something to carry with them. In addition, they made giant vats of stewed meats along with vegetables, kasha, potatoes, rice, and sheet cakes for dessert. After preparing the food, they took a break and then in the evening headed to the train station to serve. It was there he met, face-to-face, the fraying and frazzled people leaving Ukraine. The work was exhausting but re-

warding, as he had the chance to really feel the gratitude of those he was helping.

When I asked Robert how being Jewish affected this experience, he admitted that some Jews gave him a side glance when he said he was going to Ukraine to help. "When my grandparents left, the Ukrainians did not treat them well," they would tell him. To that he said, "If we only went to countries that had never treated their Jews poorly, we would not travel very far!" His focus, and that of his fellow volunteers, was to do something

(Continued on page 30)



The Local Lender You Can Trust

As a Charlotte native, I grew up attending the JCC and I had my Bar Mitzvah at Temple Beth El.

Today, I'm the local lender who'll guide you through a Home Purchase, Refinance, Construction-to-Permanent Loan, and every lending solution in between.



Paul Mattos

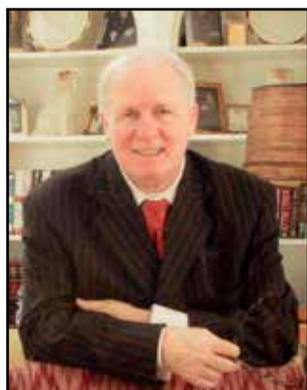
Mortgage Banker
NMLS #2339069,
Licensed in NC, SC

980-221-4959
PaulMattos@atlanticbay.com
CarolinaHomeFinancing.com
PaulMattos.com

Loan programs may change at any time with or without notice. Information deemed reliable but not guaranteed. All loans subject to income verification, credit approval and property appraisal. Not a commitment to lend. Atlantic Bay Mortgage Group, L.L.C. NMLS #72043 (nmlsconsumeraccess.org) is an Equal Opportunity Lender. Located at 600 Lynnhaven Parkway Suite 100 Virginia Beach, VA 23452.



Brokerage Residential & Commercial



Richard Roskind

Realtor®/Broker

LICENSED IN NC & SC

704.905.6175
rcroskind@aol.com

www.roskindhomes.com

Lease Evaluations, Inc.

Premier Concierge Property Management

Hunter Roskind

Realtor®/Broker

If you or anyone you know have a property in need of a property manager, please call me at:

980.288.5616
hroskind@gmail.com



Around the Table

(Continued from page 29)

positive to help the people in this land, which is, after all, that of his ancestors. And it is clear that for Robert Adler, his identity as a Jew fit perfectly with his service to these struggling refugees.

Although the Jewish community is now virtually extinct in Eastern Europe, Adler found Jewish traces all around, starting with the center of Warsaw where he came across a stone monument with small pebbles placed on top. It turned out to be the last remains of a wall of the Warsaw Ghetto, on which visitors placed stones in keeping with the Jewish tradition upon visiting a grave. Adler also visited Auschwitz, just in time for the 82nd anniversary, and took a Jewish Heritage tour of Krakow. He was heartened to see the many groups of schoolchildren from across Europe that were there for the anniversary event.

I also asked Robert whether he had managed to taste the local Polish cuisine while there, and he enthusiastically affirmed that he had. He told me about delightful, fluffy pierogis he had tried, stuffed with everything from potatoes to fruit. His most memorable meal, he said, was a unique Polish soup called Zurek. Zurek is considered to be "white borscht" that is made from fermented rye, broth, vegetables,

and various meats and topped with a boiled egg. He and his wife are eager to try to recreate that dish at home.

When he thinks back on the experience as a whole, Robert tells me that this experience has helped him put into perspective some of the petty political fights that occupy us here in the United States. While in Poland, he saw people in the midst of personal catastrophes that are hard for us to imagine and in fact would have been hard for them to imagine just a few short months ago. He also saw people from various parts of the world who had left their lives voluntarily to join in Ukraine's struggle. Amid the chaos, he was inspired by these people who were willing to put themselves at risk to help a cause larger than themselves.

I'd like to leave you with a Ukrainian apple cake that is perfect for your Rosh Hashanah table. This is a kind of light sponge cake with a delicate crumb, and it's called a Sharlotka. The ingredients couldn't be simpler.



Ukrainian Apple Cake (Serves 6-8, pareve)

- 3 eggs
- 1 cup sugar
- 1 cup flour
- 3-4 apples, chopped
- 1 tsp vanilla, rum, or any flavoring of your choice (optional)
- Powdered sugar for dusting

Grease and flour a springform pan. Preheat the oven to 350. Beat the eggs with sugar using an electric beater, until fluffy. Gently fold in the flour, apples, and any flavorings you might be using. Pour into the prepared pan and tap gently. Bake for about 1 hour. Be sure to test with a toothpick to check doneness. Dust with powdered sugar before serving.

Charlotte Rouchouze, PhD is a local French teacher, food blogger, and beaded jewelry designer. Her blog about food traditions from around the world can be found at www.thechildrendstable.com. Contact her at charlotte.rouchouze@yahoo.com.



September Crossword "The Sweetest Thing" Sponsored by Cookies & More



cookiesnmoreclt.com

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20				21				22		23				
			24				25			26				
27	28	29					30	31	32					
33						34					35	36	37	
38					39						40			
41				42						43				
			44						45					
46	47	48					49	50						
51					52	53		54				55	56	57
58					59		60				61			
62					63						64			
65					66						67			

Across

1. Fine-toothed item
5. *Like a late autumn day
10. *See 10-Down
14. Banned apple spray
15. ___-Loompa (Wonka employee)
16. "It's either you ___!"
17. Big name in contact lens
18. Discover alternatives
19. Bonanza finds
20. *Honored with insults
22. Lake vessel
24. Have a feeling
26. Shofars, e.g.
27. Get to
30. Something we can take at pretty much any time nowadays
33. Icahn and Sagan
34. Rot
35. *Meshuggenah
38. Alter and super
39. It connects with the starred clues in this puzzle
40. Golfer's cry
41. *Manna came with it
42. What a picture is called today

Down

1. The Raiders' QB
2. Bread spread
3. "Every ___ king"
4. Home of the Great Synagogue of Europe
5. They may be more active at the end of October
6. Issue for MLB in the lat 90's
7. Talks over Gmail, say
8. Joust verbally
9. "El" follower, in Texas
10. *Animated 10-Across from Jellystone
11. It may get you to first base
12. "Not ___ bone in his body"
13. Observes the Sabbath
21. Hardy's D'Urbervilles girl
23. Protein source
25. When Jewish holiday's start
27. Breezed through
28. Pen
29. Scout in Genesis
31. Slush Puppie maker
32. Yom
34. Sacrificial bird
35. Name often yelled on "Cheers"
36. Craving
37. Many a character on "13 Reasons Why"
39. Lane that's not for loners, briefly
40. Made like Jeremiah
42. Get together
43. Hodges and Bellows
44. *Gives a big, wet kiss
45. Mishandles
46. Disney title dog
47. Indy champ Castroneves
48. Be democratic
50. Capital of Jordan
52. Mild, Dutch cheese
53. Grain storage site
55. Voting "no"
56. Baseball team that "won" the 1919 World Series
57. Fast kid in "The Incredibles"
60. It causes the downfall of many leaders

(Solution on page 38)

**CHARLOTTE
LATIN
SCHOOL**

Inquire today at
CharlotteLatin.org/admissions

704.846.7207

Reach
Higher.
Shine
Brighter.

BUSINESS BROKERS
MERGERS & ACQUISITIONS

Selling a Business?
*VR has sold more businesses
in the world than anyone.®*

Adam Petricoff
VR Charlotte

9301 Monroe Road, Suite L
Charlotte, NC 28270
704-360-8898 office
704-905-8658 cell
apetricoff@vrcharlotte.com

www.vrbcharlotte.com

CKids: Hands on Jewish Experiences That Rock

Now more than ever, we need to ensure that our children remain connected to their Jewish heritage in a meaningful (and of course fun) way.

Every experience children have plays an important role in their development and success.

At Chabad of Charlotte, we have an exciting program that does just that.

We call it CKids Jewish Adventure for children in grades K-6. Imagine sending your children to a program carnival every Sunday?

That's exactly what CKids is.

To learn more or sign up for the 2022/2023 School Year visit www.ChabadNC.org/CKids



www.alyssalevineforjudge.com

Alyssa ★
LEVINE
FOR DISTRICT COURT JUDGE
MECKLENBURG COUNTY

EARLY VOTING

October 20, 2022 - November 5, 2022

GENERAL ELECTION

November 8, 2022

- Third-generation Charlotte trial attorney
- Experienced and dedicated advocate
- Compassionate community leader

Paid For By Levine For Judge

Education and Youth

Jewish Preschool on Sardis Welcomes New Advisory Board President and PTO Presidents

By Devorah Gorkin

I always warn parents when they volunteer for a project that if they do a great job, I will remember and ask them to do it again when the opportunity arises. A new school year brings excitement, fresh energy, and new parents filling important roles in our school community. This year's board president and PTO presidents are parents who have always been willing to help by serving on the PTO, as room parent, or volunteering as needed. Their contributions are appreciated by all of us at Jewish Preschool on Sardis (JPS), and it is my honor to work alongside them this year.

It is my pleasure to introduce Morgan Martyn as our new advisory board president! Morgan has been a parent at JPS since 2018 and has watched the school grow in many ways. She served as PTO president last year and brought many new events and initiatives to our school family. She is passionate about what JPS provides

to the Charlotte Jewish community, contributes valuable insight to every conversation, and devotes her time and energy to make sure her vision is brought to reality. Her transition will be seamless thanks to Sara Kulbersh, previous board president. We would like to take this opportunity to thank Sara for her invaluable support and leadership these past four years — thank you for all you do to strengthen Charlotte's Jewish community.

Our new PTO presidents, Amy Schapiro and Erin Schackman, have been busy this summer planning social events and organizing volunteer opportunities for families. With a strong focus on building community for parents, they have come up with many ideas and programs to meet the needs of both full-time and part-time families. It is sure to be a fabulous year ahead with our JPS families!



Sara Kulbersh served as JPS advisory board president for the past four years. Thank you for all your hard work!



Morgan Martyn with previous PTO president, Rebecca Dranove, at Coffee & Connect



Morgan, her husband Jonathan, and daughter Sloane



Schapiro family: Hayworth is a recent graduate and Hudson will join this year



wishes you
A Happy and Sweet
New Year

שנה טובה ומתוקה

Education and Youth

Count Your Blessings, Not Your Problems

By Mariashi Groner

As we look for our motto for the upcoming school year, it does not take long to identify the goals we would like to set for our students. Our children are a reflection of who we are, how we behave, and the “loudest” messages from society. Regretfully, we, as a society, have not found a way out of a sense of entitlement, the determination to have all that is available, and the inability to be satisfied with what we’ve been blessed.

The more headway we make with our children, the sooner the changes will take place in our communities. Therefore, we have taken an excerpt from our sacred text of Ethics of our Fathers. “Eizehu Ashir Hasameach Bechelko, Who is rich? One who is happy with his lot.” While it is true that the Torah has very high expectations of us, we believe that if our sages have taught this

lesson, we must be able to fulfill this expectation. To make this lesson accessible to our students, our message is “Count your blessings, not your problems!” You will see it on our banners and in our social media; you will hear it in our songs and, hopefully, you will see it in the actions and reactions of our students.

Each year, we set very high goals for our students. When we start the year, we are not always sure how easily these can be taught, practiced, and achieved. After all, they are children. If adults have difficulty with this perspective, what can we expect from the kids? However, once we incorporate these lessons and messages throughout the year using song, art, drama, games, and stories, it is amazing to see our students internalize them. We are reminded that we should not underestimate the capacity our kids have to understand and grasp the goodness and tranquility that they can achieve by reaching for improvement step by step, little by little.

Counting blessings could be as simple as appreciating the treat that has been given out for their birthday, instead of wishing it were something else, or being

able to manage disappointment when finding out that the class above them is going on a coveted field trip. We don’t have to look far for the opportunity to count blessings when we consider what we have all experienced over the last two years. No matter how difficult these years have been, most of the time we had much

for which to be grateful. Even so, we are all human, and choosing to see blessings rather than problems is a constant battle for children and adults. Yet we know that if we achieve this approach and attitude, the peace we will find in our lives is unimaginable.

Unfortunately, the world is giving us many opportunities to

practice being aware of how fortunate we are and, no matter how difficult the challenges may be, to be grateful. We would like to help our kids tap into that ability because if they do, their future will be brighter.

We are excited to start the new year, rejuvenated and invigorated to help raise the next generation.



Friendship Circle’s Junior Teen Friend for Bar/Bat Mitzvah Aged Kids

Our Junior Teen Friend program is designed for preteens entering adulthood. The purpose is to provide the teens with a meaningful way to empower themselves as they give to others. Boys and girls ages 12 to 13 will meet once a week for a three-week series. Each session will build on the previous lessons, helping the students reach a point of confidence in spending time with a special friend.

Week 1: Monday, October 24, 6:30-7:30 p.m. “Intro. to Special Needs; Understanding the Chal-

lenges”

Week 2: Monday, October 31, 6:30-7:30 p.m. “Engaging People With Special Needs and Making Friends”

Week 3: Monday, November 7, 6:30-7:30 p.m. “Bridging the Gap — What We Can Do About It”

Graduation: Monday, November 14 at 6:30

Friendship Circle’s “Junior Teen Friend” program qualifies for three hours of community service. After completing the semester, participants may

schedule a meeting to register as a Friendship Circle Teen Friend.

For more information or to RSVP, please contact Shevy at (704) 366-5983 or shevy@friendshipcircelenc.org.

Friendship Circle is a beneficiary of the Jewish Federation of Greater Charlotte. To learn more, visit FriendshipCircleNC.



OUR PARENTS GAVE US A NET PROMOTER SCORE OF

92

3 STRAIGHT YEARS OF INCREASED PARENT SATISFACTION

WHAT IS THE NET PROMOTER SCORE?

The **Net Promoter Score** is a tool used to measure overall customer satisfaction. It is an index ranging from -100 to 100 that measures the willingness of customers to recommend a company’s products or services to others.

Our score was calculated using a recent survey that asked the question: *On a scale of 1-10, how likely are you to recommend the CJDS to someone else?*

Apple has an NPS of 72
Nike has an NPS of 32
Honda has an NPS of 82

Now enrolling TK-6!

CJDS Charlotte Jewish Day School

704.366.4558 | CJDSSchool.org

Funded by Jewish Federation OF GREATER CHARLOTTE

Education and Youth

Still Time to Register for Hebrew High Classes

By Megan Harkavy

Hebrew High registration has been open for a month, and there is still time to register. Do you know any 8 to 12th graders looking to spend time with their friends in an exciting, safe, and educational environment? Hebrew High is the place to be.

We are officially kicking off our calendar year on Wednesday, September 14 with an evening of games and fun to welcome those who are new to our community and welcome back those who have attended Hebrew High in the past. Our second week, we are partnering with B'nai B'rith Youth Organization, United Synagogue Youth, North American Federation for Temple Youth, and Jewish Family Services to screen "The Upstanders," a film that breaks down all aspects of cyber-bullying and builds empathy and resilience to stand up to it. Finally, on October 12 we will start our first trimester class. Below are a couple of classes offered each trimester.

First Trimester

Jewish Soul Has a Voice
Join your voice with Cantor

Shira Lissek to sing your favorite Jewish songs and learn new ones. Each week we'll explore and connect with meaningful texts that inspire us to live our best lives and grow spiritually. The songs may be your favorites from camp, youth group, or synagogue, or they may be new to you. No previous musical experience is necessary. The musical settings we choose will be fun and accessible.

Beyond Koufax: Jews in Sports

Sports have an innate ability to connect people from across the world around a single team, game, or athlete. For many, being a part of a sports fan base is almost like belonging to a religion. What happens when Judaism interacts with the world of athletics? Why is it that Jews have historically been seen as unathletic? What can sports teach us about Jewish values and priorities? In this class, we will study how Jewish perspectives on sports have transformed over time and examine how sports can help us strengthen our understanding of and relationship to Jewish values, history, and tradition.

Second Trimester

Doc Samson to Doja Cat: Jewish Representation in Pop Culture

From The Chanukah Song to Mrs. Maisel, Judaism has a heavy presence in contemporary TV, music, and movies. Jewish performers and characters pop up on our screens and in our ears every day, sometimes, without our even knowing it. Who are these people and personalities? How are they represented? In this class, we will talk about some of our favorite Jewish celebrities, music, and on-screen moments and explore what Jewish representation in media means to us.

Jews at the Zoo

Do Jews believe in unicorns? Did animals really talk in the Torah? Are we responsible for the welfare of animals? Is my dog Jewish? In this class, we will explore what Judaism has to say about animals. Our sources will range from ancient to modern and from legends to laws. Our discussions will range from the mythical Leviathan to modern Jewish views on animal rights and ethical eating.

Third Trimester

So You Want To Be a Rabbi?

We all know rabbis, but have you ever thought you might want to be a rabbi one day? Learn with Rabbi Wolk about how you become a rabbi and, most importantly, what a rabbi does. This incredible profession has been around for 2,000 years and constantly changes to meet the needs of Jews wherever we have lived. This class is open to all, regardless of synagogue affiliation. The denominations among clergy may be different, but the job description remains the same!



Modern Israel: Ideas and Values of our Spiritual Homeland

Ever wonder about what exactly Zionism is, where modern Hebrew came from, or how exactly Jews from all over the Diaspora can live in Israel? Join us as we explore these ideas and more to understand what the modern

state of Israel is to us as Jews through videos, discussions, and interactive activities.

Antisemitism: Historical Origins and Impacts Today

Although Judaism brings so much joy and light into our lives, sometimes it is not easy to be Jewish. Sadly, antisemitism is a reality of the world we live in today. In this course, we will examine the history of antisemitism, how it has presented itself over the past few centuries, how it presents today, and what we can do to respond to it.

Hebrew High is a joint venture between Temple Beth El and Temple Israel and powered by the Jewish Federation of Greater Charlotte. It is open to all Jewish teens in grades 8-12 in the greater Charlotte area. To learn more or to register, please visit www.hebrewhigh.org or contact Megan Harkavy at mharkavy@hebrewhigh.org.



L'SHANANAH TOVA!

Wishing you a Happy & Healthy New Year



www.charlottejewishpreschool.org





I am a Ukrainian Jew. I Have Lost My Mother to Russian Disinformation

One of our cornerstone mind-sets at Moishe House is to value people. This article by our Ukraine-based, Russian-speaking Jewish (RSJ) community manager, Michael Rozhkov, highlights the personal impact of the war in Ukraine on a member of our team. This column originally appeared in the Forward on March 29, 2022

By Michael Rozhkov

My mother has been brainwashed by Russian propaganda.

Aside from a brief phone call during the first week of the war, I haven't been communicating with her. It's too painful to expend energy on reasoning with her while my people are getting killed at the front lines. I choose to spend that time and energy caring for people who need it, like the three elderly families in my building. I am at peace with my decision, but losing my mother to Russian propaganda breaks my heart.

I'm a Ukrainian Jew who was born and raised in Kyiv, and at 30 years old, I'm just slightly younger than the free nation of Ukraine. I have lived abroad in China, Germany, and Israel, and have worked in the corporate world and in Jewish education. I have had opportunities to develop myself and see what the world has to offer. My mother, in contrast, grew up in the Soviet Union. She was able to be brainwashed into thinking that the Ukrainian military is exterminating its own citizens. I was born in freedom, and I am able to see the truth.

I am always critical of everything I see and experience. I understand that when I watch television, for example, I am being invited to share in a reality that was created by someone else. But my mom, who grew up in the Soviet Union, was forced to experience the reality that the Soviet Union created.

I regularly commiserate with my older siblings, but it's very hard for us to grapple with the truth that my mother is lost to Russian disinformation. This war and the Russian propaganda is dividing countless families just like ours.

My mother liked the Soviet Union, and the utopian ideals it convinced her were a reality. It was a world in which everything was straightforward, and there was no room for any criticism.

She worked at a shoe factory, where she earned a pretty high salary, and her life was pretty good. She had nothing to complain about.

When the Soviet Union fell, everybody was forced to think for themselves for the first time, and my mother was not ready. She was not equipped with the

proper skills to survive in this new world Ukraine was creating. She was lost, and I understand how she became an easy target for Russian propaganda extolling Soviet values, Soviet culture, the myth of how it was cool and great during the Soviet times.

But even if Russia recreates the Soviet Union, the "Russian World" that Putin talks about, it won't be the same. The Soviet Union is a thing of the past. Yet my mother still believes in that fiction, that fairy-tale.

There is a saying in Russian: "It's not difficult to trick me because I want to be tricked."

We all want to believe in miracles. A sort of magic was promised to my mom by the Soviet

Union, and for her and other people her age, no matter the facts, no matter the arguments I have, it is so hard for her to question anything. No matter what I say, it only makes her belief stronger.

Incredibly, my mother's faith in Russian propaganda does not waver even when her life is threatened. She lives close to a plant that produces electro-energy that was being bombed by the Russians.

During our only phone call during the war, I said to her explicitly, "Russia was bombing this plant right next to your apartment, shells are falling 10 km from your home, and you still don't believe that it's Russia attacking us?"

"No, that is Ukrainians bombing their own citizens, their own power plants."

"Mom, why would they do something like that?"

"Because they're trying to make a genocide against Ukrainians."

I tried a different tactic.

"Mom, the rockets that they're firing are really expensive new technology, and the Ukrainian military doesn't have them. How can Ukraine be firing them if they're too poor to have them?"

"They stole those rockets from Russia and then they fired them."

I spent 20 minutes on the phone trying to convince her, but all our conversation did was

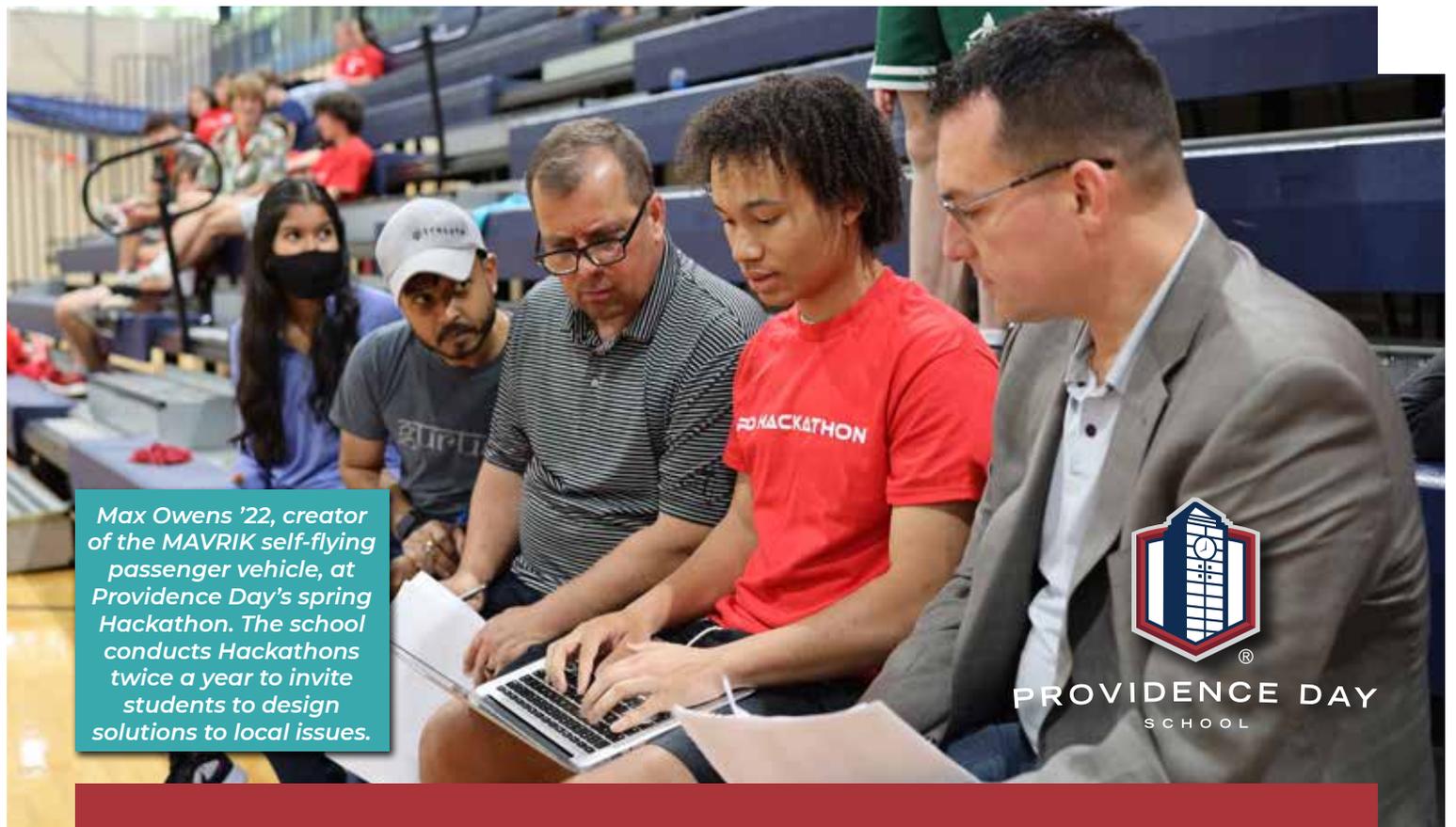
convince me of how deeply the propaganda is rooted in her head.

There is no liberal tradition within Russia. Nobody who isn't dreaming of a Soviet Union restored to its "glory days" wants to be associated with this totally isolated country that is going to experience economic collapse.

Step by step, Vladimir Putin united this country against him. He doesn't even understand how much he helped this country come together.

Ukrainian is more than a nationality — a Ukrainian is a person who cherishes the democratic values and this country.

Ukraine will never again be a part of Russia, even if people like my mother long for it to be.



Max Owens '22, creator of the MAVRIK self-flying passenger vehicle, at Providence Day's spring Hackathon. The school conducts Hackathons twice a year to invite students to design solutions to local issues.



PROVIDENCE DAY SCHOOL

The place for big IDEAS

IDEAS@PD is a reimagining of the computer science department that offers students the chance to explore and expand their passions around innovation, design, entrepreneurship, analytics, and sustainability. Using resources such as computer programming with Alice, EV3 robotics, and broadcast media to name a few, students have the opportunity to identify challenges they care about and want to pursue while also working across disciplinary boundaries.

We exist to inspire!

Providence Day School will conduct Open Houses this fall for all rising grades. Please visit www.ProvidenceDay.org/Admissions for more information or to schedule a tour.

For more information, visit ProvidenceDay.org/IDEASPD

Cash it in!

Perry's will pay you same day for your:



Jewelry



Diamonds



Antique & Vintage



Watches & Pocket Watches



Coins



Designer Handbags

Same great location, new street name.
6525 Morrison Blvd. is now
6525 Carnegie Blvd.
Charlotte, NC 28211

PERRY'S
DIAMONDS & ESTATE JEWELRY
PerrysJewelry.com

No appointment necessary or
book your private appointment at
PerrysBuyingOffice.com
704.364.1391

PerrysSouthPark PerrysJewelry

Crockpot Sweet and Sour Brisket

By Meredith Keltz

Growing up, Rosh Hashanah always meant a trip to grandma's house. Ten kids running around, 8 adults, games, music, naps on the living room floor after temple and of course a whole lot of food.

Grandma always had a spread. Matzah ball soup, brisket, chicken, kasha, roasted vegetables, salads, potatoes. Every year grandma out did herself. Her meals evolved and as the ten of us got older, there seemed to be more and more food (and no leftovers the following day).

As we all got older, got married, moved, had lots of kids, joined different temples, our traditions changed. Grandma now comes to our houses. For a change, we finally get to feed her and she gets to sit back and enjoy as we did when we were children.

Figuring out how grandma made her brisket was always a challenge. If you have ever seen the show "Everyone Loves Raymond" you kind of get the idea of where this is going. She might have given you the recipe but it never tastes the same. I tried for years. Maybe it was the love she put into it, maybe she left out an



ingredient, I will never know, but now it was up to me to figure it out.

One of my favorite things about cooking now for the holidays is I get to take all these traditional foods that grandma once made and put a nice modern twist on it. Her chicken liver that made all the kids cringe, now we make it vegetarian and it's gone within seconds, the potatoes that were smothered in mushrooms and onions, now are plain and simple. The brisket that she made, you know the one that sat in the oven all day, now is made in a crock pot. I still cook with the love, but with a modern twist, easy, simple, throw together in the morning and come home from temple and serve.

(Continued on page 37)

Retire Your Perception

of a Senior Living Community.




THE BARCLAY
AT SOUTHPARK

CALL TODAY
to schedule a tour.

Imagine a cross between your favorite home and your all-time favorite resort. Now...imagine living there!

ENJOY:

- Our INSPIRE wellness program
- An active lifestyle
- Rental model with no large entrance fees
- Multiple dining options
- Continuing care in place should you need it
- Peace of mind for you and your family

Call **980.825.4132** to schedule a visit and discover all that The Barclay at SouthPark has to offer.



SCAN HERE

4801 BARCLAY DOWNS DRIVE, CHARLOTTE, NC 28210
BARCLAYATSOUTHPARK.COM

Brisket

(Continued from page 36)

Ingredients:

- 3 pounds of brisket
- 2 large onions
- 6 carrots cut into matchsticks
- 5 stalks of celery chopped (plus leaves if you have some)
- 6 cloves garlic chopped
- 1/4 cup of dried cranberries
- 6 Tbsp of cider vinegar
- 1/4 cup brown sugar
- 1/2 cup ketchup
- 3/4 cup stock (I used chicken)
- 3/4 cup red wine
- A handful of fresh cut herbs (I used parsley and tarragon)

Directions:

1. Heat up a large skillet and add 1 tablespoon of oil. Sprinkle all sides of your brisket with a couple pinches of salt and pepper. Add brisket to the sauté pan and brown on both sides (about 5 minutes per side). When brisket is browned, add to crock pot.
2. In same skillet, add a touch more oil and sauté onions, celery, carrots and garlic for about 5-10 minutes, cooking the vegetables just a touch.
3. Meanwhile in measuring cup add wine, stock, brown sugar, ketchup and vinegar. Whisk and

set aside.

4. When vegetables are done add cranberries and cook for another minute. Pour in the wine mixture and add herbs, bring to a boil.

5. Carefully pour vegetables and sauce over brisket, cook high 4-6 hours or on low 8-10 hours.

6. When done, take out meat, let cool for 5 minutes or until easy to handle, cut, plate and spoon some vegetables over with a touch of gravy.

I like to serve the brisket on a large plate with a little gravy and all the vegetables surrounding the cut up brisket. I put the rest of the gravy in a serving bowl or serving container so my guests can enjoy some extra gravy on the side.

Note on brisket: this dish can also be frozen if you wanted to prepare ahead. I would recommend using one of those throw away tins (which makes for easy clean up). Place meat into tin, pour over sauce and when cool freeze. The morning of your dinner, take out to thaw and heat up in the oven till warm.

Reprinted with permission from MyJewishLearning.com/TheNosh.

Live More, Worry Less

At Briar Creek Health Center

Offering:

- Assisted Living
- Memory Support
- Long Term and Short Term Rehabilitation
- Skilled Nursing

Our community fosters an environment where residents aren't just neighbors...they're friends and they can live more and worry less.

YALE HAYMOND LAW PLLC

Personal Injury Law Firm

704-800-HELP

“WHEN IT REALLY COUNTS”



WWW.YALEHAYMONDLAW.COM
LICENSED IN NC & SC



BRIAR CREEK
HEALTH CENTER
AT THE BARCLAY



6041 PIEDMONT ROW DRIVE SOUTH CHARLOTTE, NC 28210
980.443.6760 | THEBARCLAYATSOUTHPARK.COM

A Life Plan Community offered by Liberty Senior Living

© 2022 The Barclay at SouthPark

Newspaper archives are a treasure trove of collective memories, providing a snapshot of our history. The following excerpts are from articles printed in The Charlotte Jewish News in September, 1992. To read the full articles or other issues of The CJN, visit the archives at <https://www.digitalnc.org/newspapers/charlotte-jewish-news-charlotte-nc/>.

Looking Back: September, 1992

Temples To Celebrate the New Year in New Buildings

Temple Israel to Hold Dedication and Gala Prior to Holidays

Would our ancestors from Eastern Europe believe it? After the mass immigration to America, after the Shoah, Jewish community thrives in Southern American in Charlotte, North Carolina. The dream of Shalom Park reaches a new level of achievement this fall with the opening of both new synagogue buildings.

The entire community is invited to the dedication of Temple Israel's new edifice scheduled for September 13 at 2:30 p.m. It is an event that Temple Israel's congregation has been looking toward with great excitement.

Temple Israel has long been part of Jewish life in Charlotte. It officially began when the Hebrew Benevolent Society was chartered by the General Assembly of North Carolina, on December 24, 1870. In September, 1895, it was formed as Congregation Agudath Achim,

Hebrew United Brotherhood. The decades since have brought many changes to the Jewish community and the larger Charlotte-Mecklenburg area. The Temple was first on Seventh Street and then on Dilworth Road. Moving the schul to Shalom Park has already infused Temple Israel with new vitality.

We invite you to share our excitement, both at the dedication and in the years to come. Temple Israel has many programs to meet many needs. Whether you are young or old, new to Charlotte or a longtime resident, now is the time to discover (or rediscover) what Temple Israel has to offer. We welcome you to join us.

About the building Lee Nichols Associates were the architects for the new building, and the D.C. Turner Construction Company built the building. Featured are stained

glass windows in the main sanctuary which depict Biblical themes and events from Creation to the Ten Commandments. Using motifs such as a dove, Jacob's coat, a pyramid, and other graphic depictions, the windows provide a splendid spiritual link between the building, Jewish heritage, and history. The new building is

large and very functional in its use of space and design. It will be totally accessible to people with disabilities, including a wheelchair ramp up to the bimah. There is ample seating capacity in the main sanctuary as well as a beautiful chapel. Religious service areas are well designed as are the areas for meal preparation and staff

offices. The new Temple Israel is indeed a blessing to the community and a superb materialization of the congregation's collective dream. As Sol Jaffa wrote, "Five years of dreaming, planning and working have finally come to fruition. The results have exceeded our most optimistic expectations."

What is Temple Beth El?

What is Temple Beth El? It is a synagogue, a meeting place for Jewish worship, religious study and social interaction based in the Charlotte community but extending its interest nationally and worldwide.

In reality, it is a magnificent new structure atop a hill in Shalom Park. The building

was inspired by historical synagogues evoking ancient and traditional Judaic elements and was designed by Kehert, Shatken, Sharon Architects of Princeton, New Jersey.

It is also much more than that! It is a group of approximately five hundred families of all ages, sizes, with diverse interests and various objec-

tives for belonging to this almost fifty year old Reform congregation.

It is also much more than that! The varying interests and foresight are what brought about the new Temple Beth El, and going further back in history, Shalom Park. It will be these varying interests of vibrant creative people which

Daniel A. Lewis

Family Law Attorney
DRC - Certified Family Financial Mediator
Collaborative Divorce Professional

Assisting clients in resolving family law disputes since 2005

- Divorce
- Child Custody & Support
- Alimony
- Distribution of Assets & Debts
- Pre-marital Agreements

Named to *The Best Lawyers in America*® for Family Law
(2019 – 2023)

Proud Member of the
Charlotte Jewish Community Since 2010

Tin Fulton Walker & Owen, PLLC
Tel (704) 338-1220 | dlewis@tinfulton.com | www.tinfulton.com

September Crossword Sponsored by Cookies & More



cookiesnmoreclt.com

(Puzzle on page 30)

1	C	2	O	3	M	4	B	5	C	6	R	7	I	8	S	9	P	10	B	11	E	12	A	13	R																							
14	A	L	A	R	15	O	O	M	P	A	16	O	R	M	E	17	R	E	N	U	18	V	I	S	A	S	19	O	R	E	S																	
20	R	O	A	S	21	T	E	D	22	R	O	23	W	B	O	A	T	24	S	E	N	S	25	E	26	H	O	R	N	S																		
27	A	28	C	29	C	E	S	S	30	V	I	D	E	O	31	32	33	C	A	R	L	S	34	D	E	C	A	Y	35	N	36	U	37	T														
38	E	G	O	S	39	H	O	N	E	Y	40	F	O	R	E	41	D	E	W	42	M	O	V	I	E	43	G	O	R	G	E																	
44	S	E	V	E	N	45	A	I	R	M	E	N	46	T	47	H	E	M	E	48	49	G	50	A	B	L	E	51	R	E	L	A	T	52	E	S	53	54	M	U	S	T	55	A	56	R	57	D
58	A	L	E	C	59	D	I	E	M	S	60	61	O	N	E	A	62	M	I	C	K	63	A	L	G	A	E	64	L	T	D	S	65	P	O	T	S	66	M	O	O	N	S	67	D	I	S	H

Looking Back: September, 1992

What is Temple Beth El? (Continued)

will continue the momentum of what was begun more than 20 years ago when 24 acres were purchased on what is now the site of the new Temple Beth El as we see it today. Shalom Park evolved from this original purchase.

It is also much more than that! It is a place where in our sanctuary congregants welcome the Sabbath facing an antique marble ark from a Passaic, New Jersey temple now disbanded. It is a sanctuary filled with prayers, songs and magnificent organ music, filled with B'nai mitzvah, betrothal prayers, baby namings, Tot Shabbats, conversations and sermons. It is a sanctuary that seats 380 with expansion to 1,093. A nursery featuring Jewish activities is provided for children of those attending services.

Temple Beth El is still more than that! It is a Chapel/Library with the focus being the Ark and Ner Tamid (Eternal Light) from our previous Temple, so familiar to our congregants whose history dates

from 1949. This area will be used for more intimate services.

It is also much more than that! Our Fellowship Hall with its barrel vaulted ceiling and large mullioned window overlooking a soon to be in place garden and permanent Sukkah will seat 325 for dinner.

It is still more! It's our youth and adult choirs, soloist and organ accompanist which highlight the services. It is a gift shop filled with Judaica.

Temple Beth El is a place of education for children and adults.

Temple Beth El is more than the splendid cut stone and stucco edifice on the hill. It is its congregants, praying, sharing life cycles, enriching themselves, the community and the world, valuing the traditions of Judaism. Temple Beth El is a fellowship. Temple Beth El is passing all this down through the generations.



Your Brand Is Our Purpose



Why choose Action Plus Ideas?

- 30+ Years' Experience
- On-Time Delivery
- Top Brands
- Creative Ideas
- Consistent and Reliable
- 10% of Our Profits Go to Local Charities
- On-site Fulfillment & Warehousing
- Custom Online Stores
- Both USA & Overseas Sourcing



Eric Lerner, CEO & Founder - eric@actionplusideas.com - 704.536.8337 - actionplusideas.com

YOU WANT A LAW FIRM WITH NATIONAL RESOURCES AND A LOCAL PRESENCE.

WE HEAR YOU.

With 29 offices coast to coast – including three in North Carolina – Fox Rothschild offers mid-market businesses the best of both worlds.

Clients get the robust services of a national law firm with more than 70 practice areas, delivered by accessible attorneys who know the local courts and understand their market.

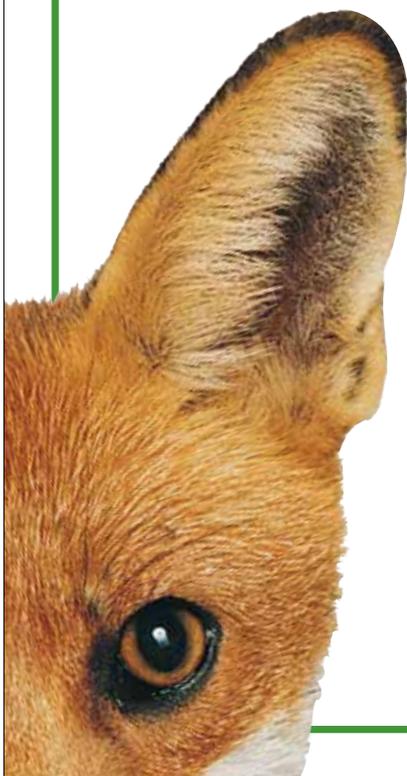
Sophisticated legal advice, right around the corner.



Fox Rothschild LLP
ATTORNEYS AT LAW

101 N. Tryon Street | Suite 1300 | 704.384.2600

CHARLOTTE | RALEIGH | GREENSBORO





webb
goldsmith
ORTHODONTICS

webb 
ORTHODONTICS

ARBORETUM AREA
704-364-4143

SOUTHPARK AREA
704-364-7343

AWARD-WINNING SPECIALISTS IN
INVISALIGN AND BRACES FOR AGES 6-86!



DIAMOND+
TOP 1%

INVISALIGN
PROVIDER

2017-2022

South Charlotte
LIFESTYLE

READERS' CHOICE

2018-2022



DR. COLIN WEBB, DDS, MS

DR. JEFF GOLDSMITH DDS, MS